

England Athletics Masters Inter Area Outdoor Challenge  
 Pingles Athletic Track, Avenue Road, Nuneaton, CV11 4LX on Sunday 18th July 2021

Men		
Pos	Region	Points
1	MMAC	387
2	EMAC	314
3	NMAC	304
4	SCVAC	249
5	WMAL	232.5
6	VAC	221.5
7	SVHC	146
8	SWVAC	127.5
9	NEMAA	63.5

Overall		
Pos	Region	Points
1	MMAC	733
2	EMAC	543.5
3	NMAC	539
4	WMAL	458.5
5	SCVAC	447
6	SVHC	384.5
7	VAC	363.5
8	SWVAC	195.5
9	NEMAA	139.5

After 52 events scored

After 99 total events scored

M35 100m					w/s	
Pos	Bib	Name	Club	Perf		
1	23	Dominic Bradley (M40)	MMAC	11.3	0.1	R2
2	13	George Gavriel	EMAC	11.8	0.1	R2
3	33	Joshua Wood (M45)	SCVAC	11.9	0.7	R1
4	43	Matthew Muggeridge (M40)	SWVAC	12.0	0.7	R1
4	73	Michael Dickens	WMAL	12.0	0.1	R2
6	63	Carson Graham (M45)	SVHC	12.3	0.7	R1
7	93	Richard Higson-Blythe (M45)	NMAC	12.3	0.7	R1
8	53	Alex Guest (M45)	VAC	12.8	0.1	R2
8	83	Andrew Harrison	NEMAA	12.8	0.7	R1

M50 100m					w/s	0.5
Pos	Bib	Name	Club	Perf		
1	25	Patrick Corcoran	MMAC	11.9		
2	15	Gary Smith	EMAC	12.5		
3	75	Paul Williams	WMAL	13.1		
4	45	Jerry Kevern	SWVAC	13.3		
5	95	Leeroy Golding	NMAC	13.4		
6	55	Richard Weekes (M55)	VAC	14.3		

M60 100m					w/s	0.5
Pos	Bib	Name	Club	Perf		
1	96	John Wright	NMAC	12.4		CBP
2	46	Paul Guest	SWVAC	12.8		
3	26	Peter Ilo	MMAC	12.9		
4	56	John Browne (M65)	VAC	13.1		
5	16	Tennyson James	EMAC	13.2		
6	76	Ian Broadhurst	WMAL	13.5		

M70 100m					w/s	0.0
Pos	Bib	Name	Club	Perf		
1	67	John McGarry	SVHC	14.2		
2	37	Victor Novell (M75)	SCVAC	14.5		
3	57	Allan Long (M75)	VAC	15.1		
4	27	Lawrie Dunn	MMAC	15.3		
5	97	Geoffrey Bobb (M80)	NMAC	17.3		
6	47	Raymond Lewis	SWVAC	19.1		
7	77	John Evans	WMAL	20.3		
	17	Christopher Keech	EMAC	dnf		

<b>M35 200m</b>					w/s	
Pos	Bib	Name	Club	Perf		
1	23	Dominic Bradley (M40)	MMAC	22.9	1.3	R2
2	33	Adam Bellis (M40)	SCVAC	23.9	0.7	R1
3	13	George Gavriel	EMAC	24.2	1.3	R2
4	43	Matthew Muggeridge (M40)	SWVAC	24.3	1.3	R2
5	73	Michael Dickens	WMAL	24.5	0.7	R1
6	83	Andrew Harrison	NEMAA	25.4	0.7	R1
7	93	Richard Higson-Blythe (M45)	NMAC	25.9	1.3	R2
8	53	Israel Nworgu	VAC	26.5	0.7	R1
9	63	Graeme Gemmell (M55)	SVHC	28.1	0.7	R1

<b>M50 200m</b>					w/s	2.2
Pos	Bib	Name	Club	Perf		
1	25	Patrick Corcoran	MMAC	24.8		
2	55	Christopher Taplin	VAC	24.9		
3	75	Paul Williams	WMAL	27.4		
4	95	Leeroy Golding	NMAC	27.7		
5	45	Jerry Kevern	SWVAC	28.0		
6	65	Paul McMonagle	SVHC	29.3		

<b>M60 200m</b>					w/s	0.8
Pos	Bib	Name	Club	Perf		
1	96	John Wright	NMAC	25.2		
2	26	Peter Ilo	MMAC	26.3		
3	16	Tennyson James	EMAC	26.8		
4	76	Ian Broadhurst	WMAL	26.9		
5	56	John Browne (M65)	VAC	29.9		
6	46	Trevor Downward (M65)	SWVAC	31.2		

<b>M70 200m</b>					w/s	-0.7
Pos	Bib	Name	Club	Perf		
1	67	John McGarry	SVHC	29.7		
2	57	David Hinds	VAC	29.9		
3	27	Lawrie Dunn	MMAC	32.0		
4	37	Terry Bissett (M75)	SCVAC	32.1		
5	17	Tony Wells	EMAC	32.1		
6	47	Raymond Lewis	SWVAC	41.4		
7	97	Nicholas Marler	NMAC	45.1		
8	77	John Evans	WMAL	48.3		

<b>M35 400m</b>				
Pos	Bib	Name	Club	Perf
1	33	Adam Bellis (M40)	SCVAC	52.7
2	13	George Gavriel	EMAC	53.5
3	23	Phillip Gould (M40)	MMAC	53.9
4	53	Wayne Lashley (M40)	VAC	57.1
5	73	Lee Richards	WMAL	60.1
6	63	Graeme Gemmell (M55)	SVHC	61.1
7	83	Steven Bond (M45)	NEMAA	72.6
8	93	Jason Newell (M45)	NMAC	77.7

<b>M50 400m</b>				
Pos	Bib	Name	Club	Perf
1	55	Christopher Taplin	VAC	55.2
2	95	Anthony O'Brien	NMAC	56.5
3	15	Peter Benedickter	EMAC	57.3
4	45	Neil Tunstall (M55)	SWVAC	61.3
5	25	Darrell Wilde	MMAC	61.4
6	85	Stephen Dent (M55)	NEMAA	66.3
7	75	Brett Davis (M55)	WMAL	69.6

**M60 400m**

Pos	Bib	Name	Club	Perf
1	26	Richard White	MMAC	59.0
2	66	Paul Forbes	SVHC	60.9
3	16	Tennyson James	EMAC	61.4
4	96	Jed Turner	NMAC	62.2
5	76	Kieran McDonnell (M65)	WMAL	62.8
6	36	David Wilcock (M65)	SCVAC	65.7
7	56	Adrian Day	VAC	66.2
8	46	Stephen Blackford	SWVAC	71.6

**M70 400m**

Pos	Bib	Name	Club	Perf
1	57	David Hinds	VAC	69.0
2	27	Bruce Hendrie	MMAC	74.1
3	17	Tony Wells	EMAC	76.9
4	97	Rod Scholes (M75)	NMAC	80.4
5	47	Raymond Lewis	SWVAC	94.8
6	77	Barrie Roberts (M75)	WMAL	99.9

**M35 800m**

Pos	Bib	Name	Club	Perf
1	23	James Marshall (M40)	MMAC	1:59.2
2	33	Bartosz Poirzuczek	SCVAC	2:03.6
3	13	Rob Elmore (M40)	EMAC	2:04.7
4	53	Wayne Lashley (M40)	VAC	2:07.3
5	73	Peter Watkeys	WMAL	2:11.1
6	83	Glen Hilton (M45)	NEMAA	2:23.9
7	93	Richard Cordwell (M40)	NMAC	2:32.6

**M50 800m**

Pos	Bib	Name	Club	Perf
1	25	Alex Haines	MMAC	2:09.4
2	35	Robert Mcharg (M55)	SCVAC	2:10.3
3	55	William Pitt	VAC	2:16.0
4	95	Phil Ryan	NMAC	2:18.1
5	65	Paul McMonagle	SVHC	2:21.8
6	85	Stephen Dent (M55)	NEMAA	2:28.5
7	45	Philip York (M55)	SWVAC	2:38.2

**M60 800m**

Pos	Bib	Name	Club	Perf
1	66	Paul Forbes	SVHC	2:19.8
2	96	Jed Turner	NMAC	2:22.3
3	26	Malcolm Down	MMAC	2:27.1
4	36	David Wilcock (M65)	SCVAC	2:31.2
5	16	Charles Arnold (M65)	EMAC	2:40.3
6	56	Peter Hall	VAC	2:43.3
7	46	Stephen Blackford	SWVAC	3:11.8

**M70 800m**

Pos	Bib	Name	Club	Perf
1	27	David Oxland	MMAC	2:37.9
2	77	Richard Marks	WMAL	2:48.9
3	37	John Exley	SCVAC	3:00.9
4	17	John Skelton	EMAC	3:16.1
5	57	Mike Mann	VAC	3:20.1
6	97	Rod Scholes (M75)	NMAC	3:34.3

CBP

**M35 1500m**

Pos	Bib	Name	Club	Perf
1	23	Tom Holden	MMAC	4:12.0
2	93	Jonathan Stewart (M40)	NMAC	4:13.5
3	73	Robert Prady (M40)	WMAL	4:43.7
4	83	Glen Hilton (M45)	NEMAA	4:51.4
5	13	Stephen Herring (M50)	EMAC	4:57.4
6	53	Andrew Cornish (M55)	VAC	5:09.0
7	33	Neil Barton (M40)	SCVAC	5:49.0

**M50 1500m**

Pos	Bib	Name	Club	Perf
1	95	Anthony O'Brien	NMAC	4:29.7
2	55	Neil Danby (M55)	VAC	4:31.6
3	15	Mark Russell	EMAC	4:32.1
4	35	Robert Mcharg (M55)	SCVAC	4:36.2
5	25	Calvin Scoltock	MMAC	4:41.7
6	65	Paul McMonagle	SVHC	4:49.8
7	75	Jeremy Mower (M55)	WMAL	4:55.7
8	85	Colin Hodgson (M55)	NEMAA	5:16.8
9	45	Philip York (M55)	SWVAC	5:27.9

**M60 1500m**

Pos	Bib	Name	Club	Perf
1	96	Chris Ireland	NMAC	4:54.2
2	26	David Bedwell (M65)	MMAC	5:09.2
3	16	Charles Arnold (M65)	EMAC	5:20.3
4	76	Rob Sheen	WMAL	5:24.9
5	56	Peter Hall	VAC	5:26.0
6	46	Kevin Archer (M65)	SWVAC	5:28.1
7	36	Stewart Thorp (M65)	SCVAC	5:28.8
8	66	Ray Aiken (M65)	SVHC	6:37.5

**M70 1500m**

Pos	Bib	Name	Club	Perf
1	27	Derek Jackson	MMAC	5:13.6
2	77	Richard Marks	WMAL	5:35.1
3	17	John Skelton	EMAC	5:43.0
4	97	Alan Appleby	NMAC	6:27.6
5	37	Adrian Essex	SCVAC	6:39.7
6	57	Mike Mann	VAC	6:43.4
7	47	Peter Hamilton	SWVAC	6:47.3

CBP

**M35 3000m**

Pos	Bib	Name	Club	Perf
1	23	Matt Blunden (M40)	MMAC	9:05.5
2	13	Rob Elmore (M40)	EMAC	9:14.1
3	73	Andrew Reynolds	WMAL	9:53.0
4	83	Michael Barker (M40)	NEMAA	10:07.8
5	53	Matthew Preston (M45)	VAC	10:33.5
6	93	Steve Hallas (M45)	NMAC	10:48.8
7	63	Graeme Gemill (M55)	SVHC	11:41.4

**M50 3000m**

Pos	Bib	Name	Club	Perf
1	95	Anthony O'Brien	NMAC	9:22.5
2	25	Gordon Lee	MMAC	9:39.4
3	35	Steven Barnes	SCVAC	9:41.1
4	65	Mark Gallacher	SVHC	9:53.3
5	55	William Pitt	VAC	9:55.2
6	75	Paul Flynn	WMAL	10:20.9
7	45	Anthony Roper (M55)	SWVAC	11:05.7
8	85	Colin Hodgson (M55)	NEMAA	11:31.3
9	15	Steve Hall	EMAC	11:35.8

**M35 2000m Walk**

Pos	Bib	Name	Club	Perf
1	23	Mark Williams (M55)	MMAC	10:23.2
2	13	Adam Hills (M40)	EMAC	10:41.6
3	93	Paul Barlow (M45)	NMAC	16:32.1
	73	Brian Dias	WMAL	disq

**M50 2000m Walk**

Pos	Bib	Name	Club	Perf
1	15	Colin Harle (M60)	EMAC	12:18.2
2	35	Christopher Hobbs (M65)	SCVAC	12:28.7
3	25	Roger Mitchell (M70)	MMAC	12:41.5
4	55	Christopher Flint (M75)	VAC	15:15.5
5	45	Edmund Shillabeer (M80)	SWVAC	18:28.0
	95	Craig Turner (M55)	NMAC	disq

**M35 110m Hurdles**

Pos	Bib	Name	Club	w/s	Perf
1	23	Stefan Wilcockson	MMAC	-	16.0
2	33	Darren Dods (M45)	SCVAC		16.3
3	63	Carson Graham (M45)	SVHC		17.5
4	93	Richard Cordwell (M40)	NMAC		20.9
5	13	George Gavriel	EMAC		26.2

**M50 100m Hurdles**

Pos	Bib	Name	Club	w/s	Perf
1	15	Gary Smith	EMAC	-	14.4
2	45	Neil Tunstall (M55)	SWVAC		16.0
3	95	Neal Petley	NMAC		16.9
4	25	Adam Young	MMAC		18.0
	35	Barrie Marsden (M55)	SCVAC		dnf

**M35 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	33	Joshua Wood (M45), Darren Dods (M45), Bartosz Porzuczek, Adam Bellis (M40)	SCVAC	46.0
2	93	Richard Higson-Blythe (M45), Stephen Thorpe (M45), Jonathan Rutter, Richard Cordwell (M40)	NMAC	48.9
3	73	Peter Watkeys, Lee Richards, Chris Shepherd (M40), Michael Dickens	WMAL	49.7
4	23	James Robinson (M40), Stefan Wilcockson, Patrick McBride, Phillip Gould (M40)	MMAC	50.8
5	53	Vaughan Ramsay (M45), Wayne Lashley (M40), Israel Nworgu, Alex Guest (M45)	VAC	51.0
6	13	Richard Phelan, Chris Kent, Aaron Bollu, George Gavriel	EMAC	51.9
7	63	Carson Graham (M45), Colin Welsh, Graeme Gemmell (M55), Paul Waddell	SVHC	53.5

**M50 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	25	Patrick Corcoran, Darrell Wilde, Alex Haines, David Wilson	MMAC	49.5
2	45	Jerry Kevern, Trevor Downward (M65), Joth Pigott (M55), Paul Guest (M60)	SWVAC	53.1
3	95	Leeroy Golding, Phil Ryan, Anthony O'Brien, Craig Turner (M55)	NMAC	56.9
4	55	William Pitt, John Browne (M65), Richard Weekes (M55), Adrian Day (M60)	VAC	58.1
5	65	Craig Johnston, Paul McMonagle, Mark Gallacher, James MacGregor (M55)	SVHC	61.1

CBP

**M60 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	76	Keith Powell, Roderick Davies, Kieran McDonnell (M65), Ian Broadhurst (M65)	WMAL	54.2
2	26	Richard White, Peter Ilo, Robert Fox, Malcolm Down	MMAC	54.7
3	96	John Wright, Jed Turner, Chris Ireland, Gary Podmore	NMAC	56.2
4	56	David Hinds (M70), Edward Skinner (M65), Allan Long (M75), Peter Hall	VAC	64.5

**M70 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	37	Victor Novell (M75), Terry Bissett (M75), Adrian Essex, Ronald Davies (M75)	SCVAC	58.9
2	27	Bruce Hendrie, Anthony Edwards, David Cowley, Lawrie Dunn	MMAC	62.7
3	97	Nicholas Marler, Rod Scholes (M75), Alan Appleby, Geoffrey Bobb (M80)	NMAC	73.6
4	77	Barrie Roberts (M75), John Evans (M85), David Jones, Richard Marks	WMAL	84.3

**M35 High Jump**

Pos	Name	Club	Perf	
1	33 Darren Dods (M45)	SCVAC	1.75	1.60o,1.65o,1.70o,1.75xo,1.80xxx
2	73 Owen Chesher	WMAL	1.70	1.60o,1.65o,1.70o,1.75xxx
3	93 Jonathan Rutter	NMAC	1.60	1.40o,1.45o,1.50o,1.55xxo,1.60xo,1.65xxx
3	23 Donovan Davenport (M45)	MMAC	1.60	1.50xxo,1.55o,1.60xo,1.65xxx
5	63 Carson Graham (M45)	SVHC	1.50	1.45o,1.50o,1.55xxx
6	53 Vaughan Ramsay (M45)	VAC	1.50	1.35o,1.40o,1.45xo,1.50xo,1.55xxx
7	13 Chris Kent (M45)	EMAC	1.40	1.20o,1.25-,1.30o,1.35o,1.40xo,1.45xxx

**M50 High Jump**

Pos	Bib	Name	Club	Perf	
1	25	Adam Young	MMAC	1.60	1.50xo,1.55o,1.60o,1.65xxr
2	15	Philip Bowers	EMAC	1.50	1.20o,1.25-,1.30o,1.35-,1.40xo,1.45-,1.50xxo,1.55r
3	95	Mark Crompton (M55)	NMAC	1.30	1.25o,1.30o,1.35xxx
3	35	Allan Leiper (M60)	SCVAC	1.30	1.20o,1.25-,1.30o,1.35xxx
5	75	Keith Powell (M60)	WMAL	1.25	1.15o,1.20o,1.25xo,1.30xxx

**M60 High Jump**

Pos	Bib	Name	Club	Perf	
1	16	Ian Slack	EMAC	1.35	1.20o,1.25o,1.30o,1.35xxo,1.40xxx
2	46	Steven Harger (M65)	SWVAC	1.30	1.20o,1.25o,1.30xo,1.35xxx
3	36	Trevor Wade (M65)	SCVAC	1.25	1.20o,1.25o,1.30xr
3	26	Quentin McQuillan	MMAC	1.25	1.25o,1.30xxx
5	66	Kenneth Moncrieff	SVHC	1.25	1.25xxo,1.30x,1.35xx
6	96	Chris Ireland	NMAC	1.20	1.10o,1.15o,1.20xxo,1.25xxx

**M70 High Jump**

Pos	Bib	Name	Club	Perf	
1	37	Adrian Essex	SCVAC	1.25	1.10o,1.15o,1.20o,1.25o,1.30xxx
2	27	David Cowley	MMAC	1.20	1.10o,1.15o,1.20o,1.25xxx
3	17	Tony Wells	EMAC	1.00	1.00o,1.10r
	97	Rod Scholes (M75)	NMAC	nm	1.00xxx

**M35 Pole Vault**

Pos	Bib	Name	Club	Perf	
1	23	James Robinson (M40)	MMAC	3.70	3.70xo,3.80-,3.90xxx
2	13	Robert Kingman (M45)	EMAC	3.40	3.00o,3.40o,3.60xxx
3	83	Steven Bond (M45)	NEMAA	2.00	1.80o,1.90o,2.00xo,2.10xxx

**M50 Pole Vault**

Pos	Bib	Name	Club	Perf	
1	95	Mark Johnson (M55)	NMAC	4.00	3.80o,3.90-,4.00xo,4.20xxx
2	15	Richard Phelan (M55)	EMAC	2.80	2.60o,2.80o,3.00xxx
3	25	Derek Hateley	MMAC	2.80	2.60xo,2.80o,3.00xxx
4	75	Keith Powell (M60)	WMAL	2.40	2.00o,2.10xxx
5	35	Allan Leiper (M60)	SCVAC	1.70	1.70o,1.80-,1.90-,2.00-,2.10-,2.40-,2.50-,2.60-,2.80xxx

**M35 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	33	Neil Barton (M40)	SCVAC	6.32	- 6.31,-; 6.28,-; x; 6.32,-
2	63	Carson Graham (M45)	SVHC	5.83	- 5.54,-; 5.63,-; 5.83,-; -,
3	23	Jack Poxon	MMAC	5.77	- 5.77,-; 5.40,-; 5.60,-; x,-
4	93	Jonathan Rutter	NMAC	5.42	- x; 5.28,-; 5.39,-; 5.42,-
5	53	Franck Triolaire (M45)	VAC	5.38	- 5.38,-; 5.06,-; 5.23,-; x,-
6	73	Chris Shepherd	WMAL	5.30	- 5.30,-; x; 5.09,-; 5.04,-
7	13	Aaron Bolu (M40)	EMAC	5.10	- 5.10,-; 5.08,-; x; 4.91,-
8	83	Andrew Harrison	NEMAA	5.00	- 4.61,-; 4.86,-; 5.00,-; 4.73,-

**M50 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	15	Gary Smith	EMAC	5.40	- 5.37,-; x; 5.40,-
2	25	David Wilson	MMAC	4.69	- 4.27,-; 4.58,-; 4.49,-; 4.69,-
3	95	Neal Petley	NMAC	4.48	- 4.40,-; 4.47,-; 4.48,-
4	55	Richard Weekes (M55)	VAC	4.23	- 4.23,-; 3.98,-
5	65	James MacGregor (M55)	SVHC	3.72	- 3.72,-; r
6	75	Keith Powell	WMAL	3.28	- 3.28,-; x; x; x,-
7	35	Allan Leiper (M60)	SCVAC	2.90	- 2.90,-; r

**M60 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	46	Paul Guest	SWVAC	4.70	-2.5 4.08,2.1; x; x; 4.70,-2.5
2	36	Trevor Wade (M65)	SCVAC	4.40	-0.3 3.77,0.0; x; 4.40,-0.3; -,-
3	16	Ian Slack	EMAC	4.21	0.3 4.21,0.3; r
4	76	Roderick Davies	WMAL	4.00	1.0 3.97,0.0; 3.82,-1.9; 4.00,1.0; 3.90,-0.3
5	26	Christopher Carden	MMAC	3.89	-1.5 3.64,2.4; 3.89,-1.5; 3.84,0.0; 3.84,0.0
6	66	Kenneth Moncrieff	SVHC	3.69	0.0 3.69,0.0; 3.06,-0.2; -; 2.63,-1.9
7	56	Edward Skinner (M65)	VAC	3.64	0.0 x; x; 3.64,0.0; 3.51,-3.0
8	96	Gary Podmore	NMAC	3.54	0.0 2.23,1.0; 2.73,2.1; 2.96,1.4; 3.54,0.0

**M70 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	27	David Cowley	MMAC	3.83	-0.5 3.54,-1.5; 3.70,2.5; 3.71,-0.4; 3.83,-0.5
2	57	Allan Long (M75)	VAC	3.74	-0.7 3.69,0.6; 3.67,1.1; 3.56,-1.4; 3.74,-0.7
3	37	Ronald Davies (M75)	SCVAC	3.20	0.0 2.85,2.0; x; 3.20,0.0; 3.03,0.2
4	97	Geoffrey Bobb (M80)	NMAC	3.10	-1.7 2.76,-1.9; 2.39,1.5; 3.10,-1.7; 2.91,-2.0
5	17	Tony Wells	EMAC	2.98	-2.4 2.98,-2.4; r
6	77	John Evans	WMAL	2.49	0.3 x; 2.29,0.2; 2.49,0.3; 1.70,0.0
7	87	George Routledge	NEMAA	1.92	1.2 1.92,1.2; r

**M35 Triple Jump**

Pos	Bib	Name	Club	Perf	w/s
1	33	Darren Dods (M45)	SCVAC	12.42	- 12.02,-; 12.12,-; 12.27,-; 12.42,-
2	23	Donovan Davenport (M45)	MMAC	11.92	- 11.92,-; 10.51,-; 11.75,-; 11.87,-
3	93	Jonathan Rutter	NMAC	11.42	- 11.41,-; x; 11.25,-; 11.42,-
4	13	Aaron Bollu (M40)	EMAC	10.96	- 10.96,-; 10.63,-; 10.13,-; x,-
5	53	Vaughan Ramsay (M45)	VAC	10.56	- x; x; x; 10.56,-
6	83	Andrew Harrison	NEMAA	10.12	- 10.02,-; -; 10.11,-; 10.12,-
7	63	Paul Waddell	SVHC	9.97	- x; 9.97,-; 9.84,-; 9.64,-
8	73	Brian Dias	WMAL	6.72	- 6.01,-; 6.72,-; 6.14,-; 6.33,-

**M50 Triple Jump**

Pos	Bib	Name	Club	Perf	w/s
1	15	Philip Bowers	EMAC	10.08	- 10.08,-; 10.07,-; x; 9.81,-
2	95	Neal Petley	NMAC	9.75	- 9.49,-; 9.75,-; x; 9.75,-
3	25	David Wilson	MMAC	9.31	- 9.31,-; 9.10,-; 9.21,-; -,-
4	55	Richard Weekes (M55)	VAC	9.17	- 9.17,-; 9.05,-; 9.10,-; x,-
5	75	David Shields	WMAL	8.51	- 8.51,-; 8.38,-; 8.29,-; 8.45,-
	65	James MacGregor (M55)	SVHC	nm	- x; r

**M35 Shot**

Pos	Bib	Name	Club	Perf	w/s
1	13	Chris Kent (M45)	EMAC	10.82	10.44; 10.46; 9.71; 10.82
2	93	Craig Pounder (M45)	NMAC	10.39	10.30; 10.30; 10.27; 10.39
3	73	Graham Holder (M45)	WMAL	9.56	8.94; 9.54; 9.56; 9.26
4	53	Franck Triolaire (M45)	VAC	9.52	9.52; 9.08; 9.26; 9.13
5	23	Sam Cater	MMAC	9.16	9.16; 8.96; 8.94; 8.56
6	83	Steven Bond (M45)	NEMAA	7.35	7.35; 5.52; r
7	63	Carson Graham (M45)	SVHC	6.44	x; 6.44; -; -
8	33	Adam Bellis (M40)	SCVAC	6.31	6.31; r

**M50 Shot**

Pos		Name	Club	Perf	
1	95	John Nicholls (M55)	NMAC	13.66	13.55; 13.43; 13.66; 13.32
2	35	Allan Leiper (M60)	SCVAC	10.82	10.82; 10.57; x; x
3	65	Eddie McKenzie	SVHC	10.26	10.26; 9.85; x; x
4	15	David Bauer (M55)	EMAC	10.03	10.03; 9.76; 9.68; 9.99
5	75	Martin Tucker	WMAL	8.68	8.68; 8.55; r
6	25	Adam Young	MMAC	8.50	8.50; 7.94; 8.30; 8.41
7	55	Chris Michael (M55)	VAC	7.15	7.15; 6.76; 6.15; 6.68

**M60 Shot**

Pos	Bib	Name	Club	Perf	
1	16	Michael Hausler	EMAC	13.09	13.09; 12.79; 12.49; 12.71
2	46	Paul Guest	SWVAC	9.08	9.05; 8.49; 9.08; -
3	76	Christopher Pruski (M65)	WMAL	8.12	8.12; x; 7.73; 8.09
4	36	Trevor Wade (M65)	SCVAC	7.85	7.74; 7.85; 7.72; 7.74
5	26	Mark Illingworth	MMAC	7.37	7.12; 6.90; 7.37; 7.12
6	66	Ian Jackson	SVHC	6.66	6.66; 6.17; 6.00; 6.05
7	96	Jed Turner	NMAC	6.14	x; 5.91; 6.14; 5.88
8	56	Adrian Day	VAC	5.87	5.57; 5.74; 5.87; 5.21

**M70 Shot**

Pos	Bib	Name	Club	Perf	
1	17	Geoff Tyler	EMAC	11.44	10.87; 11.44; 10.76; 10.87
2	57	David Hinds	VAC	8.03	-; 7.69; 8.03; 7.67
3	37	Ronald Davies (M75)	SCVAC	7.04	6.93; 7.04; 6.55; 6.97
4	27	Lawrie Dunn	MMAC	6.96	6.96; 6.63; -; -
5	97	Geoffrey Bobb (M80)	NMAC	6.76	6.74; 6.70; 6.76; -
6	77	David Jones	WMAL	6.32	6.32; x; 5.42; 5.02
7	87	George Routledge	NEMAA	6.01	5.80; 5.96; x; 6.01

**M35 Discus**

Pos	Bib	Name	Club	Perf	
1	23	Mathew Paynter (M40)	MMAC	38.10	35.39; 33.54; 35.78; 38.10
2	73	Graham Holder (M45)	WMAL	31.40	31.40; 28.00; 30.19; 28.36
3	93	Craig Pounder (M45)	NMAC	29.92	29.92; 27.62; 27.50; 28.17
4	13	Chris Kent (M45)	EMAC	28.48	x; 27.09; 25.18; 28.48
5	33	Neil Barton (M40)	SCVAC	18.04	18.04; r

**M50 Discus**

Pos	Bib	Name	Club	Perf	
1	95	John Twiddle	NMAC	38.79	34.31; 33.80; 38.79; 36.59
2	15	David Bauer (M55)	EMAC	37.38	35.34; 35.37; 34.76; 37.38
3	35	Allan Leiper (M60)	SCVAC	33.99	32.48; x; 33.99; 31.74
4	65	Eddie McKenzie	SVHC	32.20	x; 31.51; 32.20; x
5	75	Robert Eales (M55)	WMAL	28.48	x; 28.48; 25.94; 25.13
6	25	Adam Young	MMAC	25.25	22.96; 25.25; 24.78; x
7	55	Chris Michael (M55)	VAC	18.12	17.67; x; x; 18.12

**M35 Hammer**

Pos	Bib	Name	Club	Perf	
1	13	Richard Martin	EMAC	57.63	57.63; x; 56.46; x
2	73	Graham Holder (M45)	WMAL	47.86	44.69; 47.86; x; x
3	23	Sam Cater	MMAC	31.54	x; 29.88; 31.39; 31.54
4	93	Craig Pounder (M45)	NMAC	22.06	18.26; x; 20.81; 22.06



**M50 Hammer**

Pos	Bib	Name	Club	Perf	
1	25	John Pearson (M55)	MMAC	58.96	57.14; 58.96; x; 57.40
2	95	John Twiddle	NMAC	44.11	40.70; 44.11; 43.35; x
3	55	Wesley Clarke (M55)	VAC	39.99	37.86; 39.99; 39.09; 39.56
4	15	David Bauer (M55)	EMAC	37.88	35.41; 36.57; 37.88; 35.29
5	65	Eddie McKenzie	SVHC	29.87	x; 29.87; 29.41; x
6	75	Robert Eales (M55)	WMAL	29.40	28.82; 29.40; 28.68
7	35	Allan Leiper (M60)	SCVAC	26.40	x; 26.40; -; -

**M35 Javelin**

Pos	Bib	Name	Club	Perf	
1	43	Matthew Muggeridge (M40)	SWVAC	41.52	40.99; 41.52; 39.99; 38.82
2	53	Franck Triolaire (M45)	VAC	34.82	34.82; 34.22; 31.73; 29.28
3	13	Chris Kent (M45)	EMAC	34.63	30.24; 34.63; 33.60; x
4	23	Sam Cater	MMAC	33.58	33.58; x; r
5	73	Ian Williams (M45)	WMAL	26.25	26.25; x; x; 25.79
6	83	Andrew Harrison	NEMAA	25.25	25.25; 24.51; 22.74; 23.55
7	93	Stephen Thorpe (M45)	NMAC	23.23	23.23; x; 23.09; 22.11
8	33	Neil Barton (M40)	SCVAC	20.66	20.66; r
9	63	Carson Graham (M45)	SVHC	15.05	x; 15.05; r

**M50 Javelin**

Pos		Name	Club	Perf	
1	75	Martin Tucker	WMAL	36.81	36.80; 36.81; 36.01; x
2	35	Allan Leiper (M60)	SCVAC	34.50	31.87; x; 34.50; x
3	65	Eddie McKenzie	SVHC	28.96	26.71; 28.69; 28.86; 28.96
4	15	David Bauer (M55)	EMAC	28.40	x; 28.40; x; x
5	25	Lee Walker (M55)	MMAC	27.96	x; 25.63; x; 27.96
6	95	Mark Crompton (M55)	NMAC	27.27	27.27; 26.27; r
7	55	David Hinds (M70)	VAC	14.02	12.34; x; 14.02; x

England Athletics Masters Inter Area Outdoor Challenge  
 Pingles Athletic Track, Avenue Road, Nuneaton, CV11 4LX on Sunday 18th July 2021

Women		
Pos	Region	Points
1	MMAC	346
2	SVHC	238.5
3	NMAC	235
4	WMAL	226
5	EMAC	229.5
6	SCVAC	198
7	VAC	142
8	NEMAA	76
9	SWVAC	68

Overall		
Pos	Region	Points
1	MMAC	733
2	EMAC	543.5
3	NMAC	539
4	WMAL	458.5
5	SCVAC	447
6	SVHC	384.5
7	VAC	363.5
8	SWVAC	195.5
9	NEMAA	139.5

After 47 events scored

After 99 total events scored

W35 100m				w/s	-
Pos	Bib	Name	Club	Perf	
1	53	Cara Maker (W40)	VAC	12.9	
2	73	Eleri Jones	WMAL	13.1	
3	93	Carol Holt (W40)	NMAC	13.3	
4	23	Paula Williams (W45)	MMAC	13.4	
5	63	Laura Haggarty	SVHC	14.5	
6	13	Nikki Wilby	EMAC	16.7	

W50 100m				w/s	
Pos	Bib	Name	Club	Perf	
1	15	Sally Cooke	EMAC	13.2	CBP
2	95	Anita Saunders	NMAC	13.4	
3	75	Juliet Sidney	WMAL	13.9	
4	25	Fiona Palmer	MMAC	14.7	
5	65	Fiona Steele (W55)	SVHC	14.8	
6	35	Michele Wakefield (W55)	SCVAC	14.8	
7	45	Lisa Carpenter	SWVAC	15.4	
8	85	Michele O'Neill-Hall (W55)	NEMAA	20.0	

W60 100m				w/s	-
Pos	Bib	Name	Club	Perf	
1	26	Susan Frisby	MMAC	14.7	
2	76	Angela Bryant	WMAL	15.3	
3	36	Teresa Eades	SCVAC	15.3	
4	86	Angela Kelly	NEMAA	15.5	
5	56	Edna Roe (W65)	VAC	15.6	
6	96	ilse Hemming (W65)	NMAC	15.7	
7	16	Denise Timmis	EMAC	15.8	
8	66	Penny Johnson	SVHC	16.5	

W70 100m				w/s	-0.3
Pos	Bib	Name	Club	Perf	
1	37	Moira West	SCVAC	16.2	
2	97	Caroline Marler	NMAC	17.2	
3	27	Georgina Smith	MMAC	18.7	
4	67	Jeanette Craig	SVHC	19.5	
5	47	Anne Dockery	SWVAC	20.7	
6	87	Janette Kilgour	NEMAA	21.1	

<b>W35 200m</b>				w/s	1.6
Pos	Bib	Name	Club	Perf	
1	83	Nisha Desai	NEMAA	26.3	
2	13	Claire Smith (W45)	EMAC	27.2	
3	73	Eleri Jones	WMAL	27.9	
4	23	Nicola Brady (W40)	MMAC	28.5	
5	93	Nia Rutter	NMAC	29.0	

<b>W50 200m</b>				w/s	1.9
Pos	Bib	Name	Club	Perf	
1	95	Anita Saunders	NMAC	27.8	CBP
2	75	Juliet Sidney	WMAL	29.4	
3	65	Fiona Steele (W55)	SVHC	29.9	
4	25	Fiona Palmer	MMAC	30.2	
5	35	Michele Wakefield (W55)	SCVAC	31.2	
6	45	Lisa Carpenter	SWVAC	31.6	
7	15	Angie Underdown (W55)	EMAC	38.0	
8	85	Michele O'Neill-Hall (W55)	NEMAA	42.4	

<b>W60 200m</b>				w/s	1.0
Pos	Bib	Name	Club	Perf	
1	26	Susan Frisby	MMAC	30.4	
2	36	Helen Godsell (W65)	SCVAC	31.2	
3	76	Angela Bryant	WMAL	32.4	
4	56	Edna Roe (W65)	VAC	33.2	
5	66	Penny Johnson	SVHC	34.5	
6	86	Angela Kelly	NEMAA	34.9	
7	96	Ilse Hemming (W65)	NMAC	35.4	
8	16	Gill Hart (W65)	EMAC	42.6	

<b>W35 400m</b>					
Pos	Bib	Name	Club	Perf	
1	83	Nisha Desai	NEMAA	58.1	CBP
2	93	Sharon Wilkinson (W45)	NMAC	61.2	
3	13	Claire Smith (W45)	EMAC	61.9	
4	23	Gemma Knight	MMAC	64.3	
5	63	Laura Haggarty	SVHC	66.9	
6	33	Sarah Davies (W45)	SCVAC	68.9	
7	43	Janice Ellacott (W60)	SWVAC	69.3	
8	53	Ginevra Stoneley (W45)	VAC	72.2	
9	73	Rebecca Selvey (W45)	WMAL	73.8	

<b>W50 400m</b>					
Pos	Bib	Name	Club	Perf	
1	15	Sally Cooke	EMAC	58.7	CBP
2	55	Helen Davies	VAC	68.7	
3	25	Rachel Coupe	MMAC	69.7	
4	65	Julie Wilson	SVHC	70.5	
5	45	Lisa Carpenter	SWVAC	71.1	
6	75	Louise Kirby	WMAL	73.6	
7	35	Michele Wakefield (W55)	SCVAC	76.7	
8	85	Michele O'Neill-Hall (W55)	NEMAA	100.1	

<b>W60 400m</b>					
Pos	Bib	Name	Club	Perf	
1	36	Helen Godsell (W65)	SCVAC	75.0	
2	26	Elaine Ledden	MMAC	75.3	
3	96	Hilary West	NMAC	78.5	
4	76	Annette Hames	WMAL	90.5	
5	16	Gill Hart (W65)	EMAC	105.1	

**W35 800m**

Pos	Bib	Name	Club	Perf
1	63	Charlene Manley	SVHC	2:21.2
2	13	Karen Cudby (W45)	EMAC	2:22.4
3	33	Ana Ramos-Villaverde (W45)	SCVAC	2:34.4
4	53	Rachel Berry (W45)	VAC	2:39.3
5	73	Joanne Donnelly (W45)	WMAL	2:40.7
6	93	Sharon Wilkinson (W45)	NMAC	2:47.3
7	23	Carolyn Derbyshire (W40)	MMAC	3:11.4

**W50 800m**

Pos	Bib	Name	Club	Perf
1	25	Rachel Coupe	MMAC	2:39.4
2	55	Helen Davies	VAC	2:40.9
3	65	Yvonne Crilly (W55)	SVHC	2:42.0
4	95	Cathy Flitcroft (W55)	NMAC	2:48.7
5	75	Jenny Phillips (W55)	WMAL	2:53.6
6	35	Jeanette Ashton (W60)	SCVAC	3:15.5
7	85	Michele O'Neill-Hall (W55)	NEMAA	3:36.3
8	15	Elizabeth Blakie (W60)	EMAC	3:55.6

**W60 800m**

Pos	Bib	Name	Club	Perf
1	36	Jane Fabes	SCVAC	3:01.2
2	46	Marilyn Blair	SWVAC	3:11.4
3	56	Anna Garnier (W65)	VAC	3:12.0
4	26	Linda New	MMAC	3:12.6
5	96	Hilary West	NMAC	3:13.1
6	16	Jane Ashby (W70)	EMAC	3:54.4

**W70 800m**

Pos	Bib	Name	Club	Perf
1	67	Jeanette Craig	SVHC	3:22.5
2	47	Anne Dockery	SWVAC	3:34.6
3	87	Janette Kilgour	NEMAA	4:24.3

**W35 1500m**

Pos	Bib	Name	Club	Perf
1	83	Alexis Dodd	NEMAA	4:55.2
2	23	Lucy Wallace	MMAC	4:55.9
3	63	Laura Haggarty	SVHC	5:06.1
4	33	Sarah Davies (W45)	SCVAC	5:10.8
5	53	Rachel Berry (W45)	VAC	5:21.7
6	73	Joanne Donnelly (W45)	WMAL	5:24.2
7	93	Carol Holt (W40)	NMAC	6:33.8

**W50 1500m**

Pos	Bib	Name	Club	Perf
1	25	Mandy Vernon	MMAC	5:23.4
2	65	Yvonne Crilly (W55)	SVHC	5:39.2
3	95	Cathy Flitcroft (W55)	NMAC	5:39.7
4	75	Jenny Phillips (W55)	WMAL	5:58.2
5	35	Caroline Wood (W55)	SCVAC	6:03.9
6	15	Yvonne Scarrott	EMAC	6:09.3
7	55	Catkin Shelley (W55)	VAC	6:19.6
8	85	Michele O'Neill-Hall (W55)	NEMAA	6:58.8

**W60 1500m**

Pos	Bib	Name	Club	Perf
1	36	Jane Fabes	SCVAC	6:05.9
2	46	Marilyn Blair	SWVAC	6:17.8
3	26	Kathryn Morton	MMAC	6:19.3
4	76	Annette Hames	WMAL	6:30.5
5	16	Jane Ashby (W70)	EMAC	7:19.5
6	56	Annie Ross (W65)	VAC	7:38.5

**W35 3000m**

Pos	Bib	Name	Club	Perf
1	23	Victoria Mackay	MMAC	10:39.5
2	13	Alice Heather-Hayes (W45)	EMAC	11:04.9
3	53	Ginevra Stoneley (W45)	VAC	11:16.4
4	63	Jacqueline Etherington (W40)	SVHC	11:46.0
5	33	Sarah Davies (W45)	SCVAC	11:53.5
6	73	Julie Chamberlain	WMAL	12:06.8
7	93	Carol Holt (W40)	NMAC	15:08.2

**W50 3000m**

Pos	Bib	Name	Club	Perf
1	25	Clare Jolliffe	MMAC	11:35.4
2	65	Julie Wilson	SVHC	11:48.1
3	35	Caroline Wood (W55)	SCVAC	13:16.1
4	55	Catkin Shelley (W55)	VAC	13:35.9
5	95	Jennifer Ransome (W55)	NMAC	14:05.0
6	85	Michele O'Neill-Hall (W55)	NEMAA	15:03.0

**W35 2000m Walk**

Pos	Bib	Name	Club	Perf
1	13	Melanie Peddle (W50)	EMAC	10:26.1
2	23	Carolyn Derbyshire (W40)	MMAC	10:34.3
3	53	Emma Dyos (W45)	VAC	10:58.6
4	73	Dash Newington	WMAL	14:20.6
5	63	Kim Forbes (W60)	SVHC	14:48.6

**W50 2000m Walk**

Pos	Bib	Name	Club	Perf
1	25	Wendy Kane	MMAC	12:06.6
2	85	Michele O'Neill-Hall (W55)	NEMAA	13:25.0
3	15	Elizabeth Blakie (W60)	EMAC	14:01.9
4	65	Emma Dawson	SVHC	15:15.4

**W35 80m Hurdles**

Pos	Bib	Name	Club	w/s	Perf
1	93	Nia Rutter	NMAC	-	13.0
2	23	Paula Williams (W45)	MMAC	-	13.1
3	73	Dash Newington	WMAL	-	16.3

**W50 80m Hurdles**

Pos	Bib	Name	Club	w/s	Perf
1	25	Melanie Garland (W55)	MMAC	-	17.3
2	75	Jan Timberlake (W55)	WMAL	-	17.7
3	65	Pamela Murray	SVHC	-	18.0

**W35 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	93	Nia Rutter, Carol Holt (W40), Sharon Wilkinson (W45), Anita Saunders (W50)	NMAC	53.3
2	23	Janelle Quinn (W45), Gemma Knight, Nicola Brady, Paula Williams (W45)	MMAC	54.4
3	63	Laura Haggarty, Charlene Manley, Linzie Marsh (W45), Gillian Cooke	SVHC	55.5
4	73	Eleri Jones, Juliet Sidney (W50), Rebecca Selvey (W45), Dash Newington	WMAL	58.6
5	13	Sarah Mcgrath (W45), Claire Smith (W45), Karen Cudby (W45), Alice Heather-Hayes (W45)	EMAC	59.1
6	53	Helen Davies (W50), Ginevra Stoneley (W45), Rachel Berry (W45), Edna Roe (W65)	VAC	63.3

**W50 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	25	Melanie Garland (W55), Clare Jolliffe, Joanne Willoughby (W55), Fiona Palmer	MMAC	60.6
2	65	Pamela Murray, Julie Wilson, Emma Dawson, Fiona Steele (W55)	SVHC	62.2
3	75	Louise Kirby, Jan Timberlake (W55), Lisa Franklin, Angela Bryant (W60)	WMAL	63.6
4	15	Angie Underdown (W55), Yvonne Scarrott, Jane Ashby (W70), Carey Hollick	EMAC	79.2

**W60 4x100m Relay**

Pos	Bib	Name	Club	Perf
1	36	Moira West (W70), Teresa Eades, Jane Fabes, Helen Godsell (W65)	SCVAC	64.0
2	26	Sally Hine (W70), Vivienne Kirkland (W70), Elaine Ledden, Susan Frisby	MMAC	69.7
3	96	Ilse Hemming (W65), Caroline Marler (W70), Hilary West, Hazel Barker	NMAC	71.0
4	16	Denise Timmis, Gill Hart (W65), Penny Butcher, Elizabeth Blakie	EMAC	71.0

**W35 High Jump**

Pos	Bib	Name	Club	Perf
1	93	Nia Rutter	NMAC	1.50
2	73	Dash Newington	WMAL	1.40
3	63	Linzie Marsh (W45)	SVHC	1.35
4	23	Janelle Quinn (W45)	MMAC	1.30
4	13	Nikki Wilby	EMAC	1.30

**W50 High Jump**

Pos	Name	Club	Perf
1	25 Melanie Garland (W55)	MMAC	1.30
1	65 Alison Murray	SVHC	1.30
3	75 Jan Timberlake (W55)	WMAL	1.15
4	35 Jeanette Ashton (W60)	SCVAC	1.10

**W60 High Jump**

Pos	Name	Club	Perf
1	26 Susan Frisby	MMAC	1.30
2	36 Teresa Eades	SCVAC	1.25
3	16 Penny Butcher	EMAC	1.15
4	96 ilse Hemming (W65)	NMAC	1.10
5	56 Anna Garnier (W65)	VAC	1.00
6	76 Nicky Buckwell (W65)	WMAL	1.00
	46 Marilyn Blair	SWVAC	nm

**W35 Pole Vault**

Pos	Bib	Name	Club	Perf
1	13	Jemma Eastwood (W40)	EMAC	3.00
2	63	Gillian Cooke	SVHC	2.60
3	33	Louise Kelly (W45)	SCVAC	2.40
4	73	Dash Newington	WMAL	2.20
5	23	Helen Watson (W45)	MMAC	2.00

**W50 Pole Vault**

Pos	Bib	Name	Club	Perf
1	65	Alison Murray	SVHC	2.60
2	35	Susan Yeomans (W65)	SCVAC	2.30
3	25	Ruth Bird (W55)	MMAC	1.70

**W35 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	53	Cara Maker (W40)	VAC	5.30	2.4 4.89,0.0; 4.92,0.9; 5.29,2.9; 5.30,2.4
2	93	Lynsie Whyke (W40)	NMAC	4.85	0.0 x; 4.85,0.0; x; x,3.0
3	73	Dash Newington	WMAL	4.65	0.0 4.25,-; 4.55,1.2; x; 4.65,0.0
4	63	Gillian Cooke	SVHC	4.63	0.0 x; 4.63,0.0; x; x,-
5	23	Janelle Quinn (W45)	MMAC	4.15	1.4 4.10,-; 4.15,1.4; 3.98,1.6; x,0.8

**W50 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	25	Joanne Willoughby (W55)	MMAC	4.71	2.7 4.65,1.5; 4.70,-1.2; 4.71,2.7; 4.70,1.2
2	95	Anita Saunders	NMAC	4.44	1.9 3.95,3.5; 4.44,1.9; -, -
3	75	Jan Timberlake	WMAL	3.87	2.8 3.79,0.8; 3.77,0.0; 3.87,2.8; 3.83,1.9
4	35	Susan Yeomans (W65)	SCVAC	3.23	1.4 3.23,1.4; 3.18,2.8; 2.81,1.7; x,2.6
5	65	Emma Dawson	SVHC	2.91	3.5 2.69,1.5; 2.72,-0.5; 1.66,-; 2.91,3.5
6	15	Angie Underdown (W55)	EMAC	2.43	- -; -, -; 2.43,-

**W60 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	36	Teresa Eades	SCVAC	4.04	- 3.98,-; 3.95,-; 3.95,-; 4.04,-
2	96	ilse Hemming (W65)	NMAC	4.00	- 3.38,-; 3.49,-; 4.00,-; 1.55,-
3	76	Clare St John-Coleman	WMAL	3.86	- 3.83,-; 3.85,-; 3.86,-; 3.81,-
4	16	Denise Timmis	EMAC	3.86	- 3.79,-; 3.86,-; 3.74,-; 3.73,-
5	26	Susan Frisby	MMAC	3.74	- 3.56,-; 3.74,-; -, -
6	66	Penny Johnson	SVHC	2.97	- 2.97,-; r
7	46	Marilyn Blair	SWVAC	2.90	- 2.90,-; 2.70,-; x, -

**W70 Long Jump**

Pos	Bib	Name	Club	Perf	w/s
1	37	Moira West	SCVAC	3.35	- CBP x; x; 3.35,-; x,-
2	97	Caroline Marler	NMAC	3.27	- x; 3.27,-; 2.83,-; 3.27,-
3	27	Sally Hine	MMAC	3.16	- 2.99,-; 3.03,-; 2.98,-; 3.16,-
4	17	Patricia Oakes (W75)	EMAC	2.14	- 1.93,-; 2.01,-; 2.14,-; 2.07,-

**W35 Triple Jump**

Pos	Bib	Name	Club	Perf	w/s
1	93	Lynsie Whyke (W40)	NMAC	10.43	- x; 10.26,-; 10.43,-; 10.42,-
2	53	Cara Maker (W40)	VAC	9.97	- 9.80,-; 9.47,-; 9.97,-; 9.73,-
3	23	Paula Williams (W45)	MMAC	9.49	- 9.26,-; 9.49,-; -, -
4	73	Dash Newington	WMAL	9.06	- -, 9.06,-; 8.58,-; 8.71,-

**W50 Triple Jump**

Pos	Bib	Name	Club	Perf	w/s
1	25	Joanne Willoughby (W55)	MMAC	10.42	- CBP x; 10.42,-; -, -
2	75	Jan Timberlake	WMAL	7.47	- 7.47,-; r
3	15	Elizabeth Blakie (W60)	EMAC	5.53	- -, 5.14,-; 5.53,-; 5.44,-

**W35 Shot**

Pos	Bib	Name	Club	Perf	w/s
1	23	Paula Williams (W45)	MMAC	10.88	10.88; 10.50; 10.00; 10.40
2	63	Claire Reid (W45)	SVHC	9.00	8.58; 9.00; 8.19; 8.98
3	13	Sarah Mcgrath (W45)	EMAC	8.51	7.56; 8.12; 8.40; 8.51
4	33	Louise Kelly (W45)	SCVAC	8.48	8.47; 8.01; 8.32; 8.48
5	73	Catherine Alford (W45)	WMAL	8.31	8.02; 7.88; 8.29; 8.31
6	93	Bethan Lishman	NMAC	7.39	7.26; x; 7.39; 6.70
7	53	Natalie Mann	VAC	7.13	6.75; 6.73; 7.13; 6.35

**W50 Shot**

Pos	Bib	Name	Club	Perf	w/s
1	25	Carol Parker	MMAC	10.87	x; 10.82; 10.87; 10.84
2	75	Amanda Broadhurst	WMAL	9.81	x; 9.63; 9.39; 9.81
3	15	Sue Lawrence	EMAC	9.74	8.27; 9.35; 9.74; 9.17
4	65	Claire Cameron (W60)	SVHC	8.93	8.72; 8.93; 8.75; x
5	95	Julie Wilson (W55)	NMAC	8.44	8.44; 8.07; 7.78; 8.18
6	45	Valerie Bovell (W70)	SWVAC	6.70	6.70; 6.44; x; 6.48
7	35	Jeanette Ashton (W60)	SCVAC	6.37	5.24; 5.66; 6.02; 6.37
8	55	Adele Stach-Kevitz	VAC	5.02	5.02; 4.88; x

**W60 Shot**

Pos	Bib	Name	Club	Perf	
1	26	Jillian Roginski	MMAC	8.97	8.97; 8.69; 8.36; 7.80
2	96	Hazel Barker	NMAC	8.28	8.28; 8.26; 8.08; 7.93
3	16	Penny Butcher	EMAC	7.21	-; 6.82; 7.21; 6.45
4	56	Anna Garnier (W65)	VAC	6.12	6.12; 5.58; r
5	76	Nicky Buckwell (W65)	WMAL	6.05	6.05; 6.05; 5.90; 5.56
6	66	Penny Johnson	SVHC	5.65	5.37; 5.65; r
7	36	Teresa Eades	SCVAC	5.37	5.37; r
8	46	Marilyn Blair	SWVAC	4.96	4.96; 4.69; r

**W70 Shot**

Pos	Bib	Name	Club	Perf	
1	97	Caroline Marler	NMAC	7.90	6.95; 7.34; 7.90; 7.55
2	37	Moira West	SCVAC	5.48	x; 5.37; 5.48; -
3	27	Sally Hine	MMAC	5.30	5.17; 5.30; 5.19; 5.06
4	17	Patricia Oakes (W75)	EMAC	5.27	4.92; 5.27; 5.06; 5.26
5	87	Janette Kilgour	NEMAA	4.81	4.35; 4.81; 4.57; 4.33
6	47	Anne Dockery	SWVAC	4.15	x; 4.15; r

**W35 Discus**

Pos	Bib	Name	Club	Perf	
1	13	Emma Beales (W45)	EMAC	37.46	x; 37.46; 36.38; 35.77
2	63	Claire Reid (W45)	SVHC	28.18	x; 23.25; 27.78; 28.18
3	73	Catherine Alford (W45)	WMAL	22.27	x; 22.27; 21.29; x
4	23	Paula Williams (W45)	MMAC	19.04	18.59; 19.04; x; r
5	93	Bethan Lishman	NMAC	18.81	17.89; x; x; 18.81
6	53	Natalie Mann	VAC	18.63	14.97; 15.74; 18.63; 17.79
7	33	Sarah Davies (W45)	SCVAC	18.01	14.64; 15.46; 18.01; x

**W50 Discus**

Pos	Bib	Name	Club	Perf	
1	25	Carol Parker	MMAC	29.04	28.34; 28.96; 29.04; x
2	65	Lorna Brown	SVHC	27.61	26.06; 27.61; 26.73; 24.29
3	15	Sue Lawrence	EMAC	26.79	26.02; 25.47; 23.01; 26.79
4	95	Julie Wilson (W55)	NMAC	25.58	25.13; 25.07; x; 25.58
5	75	Jan Timberlake (W55)	WMAL	22.27	22.27; x; 21.49; 17.28
6	45	Valerie Bovell (W70)	SWVAC	17.49	x; x; 17.49; 17.19
7	35	Susan Yeomans (W65)	SCVAC	15.14	14.87; 15.14; x; 14.19

**W35 Hammer**

Pos	Bib	Name	Club	Perf	
1	23	Lucy Marshall	MMAC	56.66	CBP 55.43; 54.25; 52.39; 56.66
2	93	Bethan Lishman	NMAC	37.00	33.16; 37.00; 35.14; 26.83
3	73	Catherine Alford (W45)	WMAL	29.52	x; 27.49; x; 29.52
4	63	Claire Reid (W45)	SVHC	27.84	24.80; 27.84; 24.92; 23.83
5	53	Natalie Mann	VAC	27.10	26.31; 26.92; 26.59; 27.10
6	13	Sarah Mcgrath (W45)	EMAC	24.04	22.18; 24.04; x; 16.32
7	33	Louise Kelly (W45)	SCVAC	16.34	16.34; 15.98; x; 14.03

**W50 Hammer**

Pos	Bib	Name	Club	Perf	
1	25	Ruth Bird (W55)	MMAC	37.85	35.60; 36.05; 37.85; 37.59
2	15	Sue Lawrence	EMAC	37.57	37.57; 34.45; 37.57; x
3	95	Julie Wilson (W55)	NMAC	29.22	29.13; 29.22; x; x
4	55	Adele Stach-Kevitz	VAC	26.31	23.58; 23.32; 26.31; 25.34
5	65	Claire Cameron (W60)	SVHC	25.17	23.93; 24.98; 25.17; 25.00
6	45	Valerie Bovell (W70)	SWVAC	21.96	21.96; 20.83; 21.58; x
7	75	Jan Timberlake (W55)	WMAL	19.11	x; x; 18.83; 19.11
8	35	Susan Yeomans (W65)	SCVAC	17.75	15.20; 17.75; 16.75; 17.10



**W35 Javelin**

Pos	Bib	Name	Club	Perf	
1	63	Gillian Cooke	SVHC	24.59	x; 22.92; x; 24.59
2	13	Sarah Mcgrath (W45)	EMAC	21.99	21.99; x; 20.94; 20.76
3	53	Natalie Mann	VAC	21.97	x; 21.97; x; x
4	23	Tanya Coulson (W40)	MMAC	19.89	x; x; 19.89; x
5	93	Bethan Lishman	NMAC	18.53	16.80; 18.53; 17.10; x
	73	Nicky Buckwell (W65)	WMAL	dsq	

**W50 Javelin**

Pos	Bib	Name	Club	Perf	
1	65	Lorna Brown	SVHC	26.81	x; 26.81; x; 24.03
2	15	Sue Lawrence	EMAC	25.54	24.99; 25.54; 24.18; x
3	25	Ruth Bird (W55)	MMAC	22.79	19.94; 22.79; x; 21.96
4	75	Lisa Franklin	WMAL	21.41	21.31; 20.50; 19.57; 21.41
5	95	Julie Wilson (W55)	NMAC	18.50	18.44; 17.79; 18.20; 18.50
6	35	Jeanette Ashton (W60)	SCVAC	15.79	13.10; 15.79; x; 15.07
7	45	Valerie Bovell (W70)	SWVAC	12.72	10.94; 12.72; x; -