

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 05/05/2023

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	T3	Steven Tester (M40)	Tonbridge AC	53.3
2	D3	Adam Bernard	Dartford Harriers AC	55.3
3	F3	Ashley Reid (M40)	Blackheath & Bromley H AC	59.9
4	J3	Simon Horler (M40)	Bromley Vets	61.4

M35 3000m

1	C3	Chris Loudon	Cambridge Harriers	8:56.4
2	T3	Daniel Bradley	Tonbridge AC	9:05.0
3	D3	Andrew Pickett (M40)	Dartford Harriers AC	9:27.4
4	F4	Martin Richardson	Blackheath & Bromley H AC	9:45.7
5	J3	Simon Horler (M40)	Bromley Vets	10:26.3

M35 Pole Vault

1	T3	Luke Williams	Tonbridge AC	3.62
2	F3	Roger Platt (M50)	Blackheath & Bromley H AC	3.02
3	D3	Richard Nash (M45)	Dartford Harriers AC	2.02
4	J3	Simon Horler (M40)	Bromley Vets	2.02
5	P3	Mark Woods (M60)	Paddock Wood	1.52

M35 Triple Jump

1	T3	Luke Williams	Tonbridge AC	9.94
2	D3	Mark Vrijmoed (M40)	Dartford Harriers AC	9.64
3	F3	Matthew Ellerton (M45)	Blackheath & Bromley H AC	9.09
4	J3	Simon Horler (M40)	Bromley Vets	8.86
5	C3	Michael Pape (M50)	Cambridge Harriers	7.53

M35 Discus

1	F3	Alex Pope	Blackheath & Bromley H AC	35.38
2	D3	Richard Nash (M45)	Dartford Harriers AC	26.16
3	T3	Milton McNichol (M45)	Tonbridge AC	22.24
4	J3	Simon Horler (M40)	Bromley Vets	18.71
5	C3	Michael Pape (M50)	Cambridge Harriers	17.97
6	P3	Mark Woods (M60)	Paddock Wood	17.25

M50 400m

1	F5	Ian Firla	Blackheath & Bromley H AC	58.4
2	C5	Wole Odele (M55)	Cambridge Harriers	58.6
3	D5	Reuben Burford	Dartford Harriers AC	59.4
4	T5	Mark McAllister	Tonbridge AC	60.8
5	J5	Tim Sowter (M55)	Bromley Vets	66.3
6	P5	Trevor Crysell (M55)	Paddock Wood	69.5

M50 3000m

1	T5	Ben Reynolds (M55)	Tonbridge AC	10:15.0
2	F5	Luca Ercolani	Blackheath & Bromley H AC	10:20.8
3	D5	Reuben Burford	Dartford Harriers AC	10:30.7
4	J5	Gavin Kitchingham (M55)	Bromley Vets	10:47.8
5	P5	Robert Everitt	Paddock Wood	11:07.4

B String				
Pos	Club	Athlete	Club	Perf

1	D4	Richard Brooks (M45)	Dartford Harriers AC	57.1
2	T4	Benjamin Richardson	Tonbridge AC	60.0
3	F4	Matthew Ellerton (M45)	Blackheath & Bromley H AC	63.7
4	J4	James Willingham (M45)	Bromley Vets	65.8

1	C4	James Macdonald	Cambridge Harriers	9:48.7
2	T4	Daniel Longhurst (M40)	Tonbridge AC	9:56.7
3	F3	Darren Corneille (M40)	Blackheath & Bromley H AC	10:02.9
4	D4	Terry Hawkey	Dartford Harriers AC	10:21.1
5	J4	Tim Sowter (M55)	Bromley Vets	11:34.2

M50 Pole Vault

1	T5	Ian Crawley (M60)	Tonbridge AC	3.02
2	F5	Alan Hardy (M60)	Blackheath & Bromley H AC	2.02
3	D5	Mark Kybert (M60)	Dartford Harriers AC	1.82
4	C5	Paris Hunt (M60)	Cambridge Harriers	1.72
5	P5	Trevor Crysell (M55)	Paddock Wood	1.52

M50 Triple Jump

1	T5	Stephen Daly	Tonbridge AC	9.31
2	C5	Wole Odele (M55)	Cambridge Harriers	9.14
3	P5	Trevor Crysell (M55)	Paddock Wood	8.85
4	J5	Jason Short	Bromley Vets	8.20
5	F5	Luca Ercolani	Blackheath & Bromley H AC	7.72
6	D5	Mark Kybert (M60)	Dartford Harriers AC	7.35

M50 Discus

1	T5	Christopher Leach	Tonbridge AC	28.62
2	D5	Stephen Talbot	Dartford Harriers AC	26.42
3	C5	Paris Hunt (M60)	Cambridge Harriers	24.74
4	F5	Ian Firla	Blackheath & Bromley H AC	22.93
5	J5	Simon Powell (M55)	Bromley Vets	18.96
6	P5	Trevor Crysell (M55)	Paddock Wood	17.73

M60 400m

1	P6	Mark Woods	Paddock Wood	61.9
2	D6	Colin Bates	Dartford Harriers AC	63.7
3	T6	Ian Crawley	Tonbridge AC	70.9
4	J6	Ray Chapman (M65)	Bromley Vets	72.0
5	F6	Roger Beswick	Blackheath & Bromley H AC	72.2
6	C6	Timothy Carter (M70)	Cambridge Harriers	72.2

M60 Triple Jump

1	C6	Paris Hunt	Cambridge Harriers	8.77
2	P6	Mark Woods	Paddock Wood	8.51
3	T6	Iain Presnell	Tonbridge AC	7.67
4	D6	Timothy Orr (M65)	Dartford Harriers AC	5.73
5	F6	Roger Beswick	Blackheath & Bromley H AC	5.68

Match Details

	Mt Pts	Pts
1 Tonbridge AC	6	72
2 Dartford Harriers AC	5	58
3 Blackheath & Bromley H AC	4	55
4 Cambridge Harriers	3	40
5 Bromley Vets	2	32
6 Paddock Wood	1	24

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC	6	72
2 Dartford Harriers AC	5	58
3 Blackheath & Bromley H AC	4	55
4 Cambridge Harriers	3	40
5 Bromley Vets	2	32
6 Paddock Wood	1	24

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 05/05/2023

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	M3	Mark Rothery (M45)	Medway & Maidstone AC	56.0
2	G3	Jon Munt (M40)	Central Park Athletics	58.4
3	A3	Peter Davey (M45)	Ashford AC	60.4
4	B3	Jon Fish (M45)	Bexley AC	66.4

M35 3000m

1	M3	Daniel St Martin	Medway & Maidstone AC	9:32.3
2	G3	Johnnie Arnould (M40)	Central Park Athletics	10:13.3
3	B3	Simon Wells (M45)	Bexley AC	10:37.5

M35 Pole Vault

1	B3	Martin Lloyd (M40)	Bexley AC	2.62
2	A3	Peter Le Rossignol (M40)	Ashford AC	2.42

M35 Triple Jump

1	B3	Martin Lloyd (M40)	Bexley AC	11.76
2	A3	Peter Davey (M45)	Ashford AC	10.77
3	G3	Jamie Bushnell	Central Park Athletics	8.08
4	K3	Giles Wolfe (M50)	Swan & Dist/ Eynesford RC	6.19

M35 Discus

1	B3	Martin Lloyd (M40)	Bexley AC	34.54
2	G3	Jon Munt (M40)	Central Park Athletics	18.96
3	M3	Darren Wright (M45)	Medway & Maidstone AC	17.85
4	A3	Peter Le Rossignol (M40)	Ashford AC	16.31
5	K3	Giles Wolfe (M50)	Swan & Dist/ Eynesford RC	12.25

M50 400m

1	A5	Stephen Lake	Ashford AC	66.4
2	M5	Dean Parkinson	Medway & Maidstone AC	67.7
3	G5	Paul Cheeseman	Central Park Athletics	68.9
4	B5	Andy Whitnell (M55)	Bexley AC	72.2
5	S5	Gary Walsh (M55)	Sevenoaks AC	78.8

M50 3000m

1	M5	Alun Rodgers (M55)	Medway & Maidstone AC	10:34.8
2	A5	Ian King	Ashford AC	10:41.1
3	B5	Alan Perryman (M55)	Bexley AC	10:55.4
4	G5	James Carney	Central Park Athletics	12:38.3
5	S5	Gary Walsh (M55)	Sevenoaks AC	12:51.3

M50 Pole Vault

1	B5	Philip Hawkins	Bexley AC	2.22
2	A5	Michael Goodall (M70)	Ashford AC	1.72

B String				
Pos	Club	Athlete	Club	Perf

1	G4	Stephen Jones (M45)	Central Park Athletics	59.0
2	M4	Darren Wright (M45)	Medway & Maidstone AC	60.5
3	B4	Simon Wells (M45)	Bexley AC	74.2

1	M4	Tom Collins	Medway & Maidstone AC	9:33.9
2	B4	Martin Jenner	Bexley AC	10:59.0
3	G4	Robert Lenihan	Central Park Athletics	12:01.2

M50 Triple Jump

1	A5	Stephen Lake	Ashford AC	9.80
2	M5	John Foster	Medway & Maidstone AC	8.72
3	B5	Philip Hawkins	Bexley AC	8.49
4	G5	Paul Cheeseman	Central Park Athletics	8.12
5	K5	Jerry Ash (M60)	Swan & Dist/ Eynesford RC	6.21

M50 Discus

1	B5	Graham Holder	Bexley AC	35.95
2	G5	Brent Parker (M65)	Central Park Athletics	19.05
3	M5	Stephen Hesketh (M70)	Medway & Maidstone AC	18.31
4	K5	Jerry Ash (M60)	Swan & Dist/ Eynesford RC	16.82
5	A5	Stephen Langford (M60)	Ashford AC	16.12
6	S5	Duncan Cochrane (M65)	Sevenoaks AC	12.99

M60 400m

1	M6	Robert Fursey	Medway & Maidstone AC	76.1
2	B6	Andrew Rushbrook	Bexley AC	77.6
3	K6	Tom Omara	Swan & Dist/ Eynesford RC	78.3
4	G6	John Arnould (M65)	Central Park Athletics	89.6

M60 Triple Jump

1	A6	Stephen Langford	Ashford AC	9.44
2	B6	Andrew Rushbrook	Bexley AC	8.55
3	M6	Rob Sibley (M65)	Medway & Maidstone AC	8.53
4	K6	Nick Allen (M65)	Swan & Dist/ Eynesford RC	6.13
	G6	Brent Parker (M65)	Central Park Athletics	nm

Match Details

1	Bexley AC	6	67
2	Medway & Maidstone AC	5	57
3	Ashford AC	3.5	47
3	Central Park Athletics	3.5	47
5	Swan & Dist/ Eynesford RC	2	17
6	Sevenoaks AC	1	5

1	Bexley AC	6	67
2	Medway & Maidstone AC	5	57
3	Ashford AC	3.5	47
3	Central Park Athletics	3.5	47
5	Swan & Dist/ Eynesford RC	2	17
6	Sevenoaks AC	1	5

Mens Non Scoring Results

M35

400m

Stuart McNally (M45)	Dartford Harriers AC	58.0
Mark Vrijmoed (M40)	Dartford Harriers AC	60.1
Steve Hough (M45)	Blackheath & Bromley H AC	69.0
Les Percival (M65)	Paddock Wood	76.1
Kenneth Daniel (M70)	Blackheath & Bromley H AC	79.2
Peter Thomas (M65)	Central Park Athletics	82.2

3000m

Robert Jackaman (M35)	Dartford Harriers AC	9:43.7
Tom Woolley (M40)	Tonbridge AC	10:02.1
Stuart Waterman (M40)	Dartford Harriers AC	10:10.0
Daniel Easton (M35)	Cambridge Harriers	10:20.2
Nebojsa Jovanovic (M45)	Cambridge Harriers	10:34.1
Chris Biddle (M40)	Dartford Harriers AC	10:44.1
Huntley Roberts (M35)	Dartford Harriers AC	11:15.2
Richard Preston (M50)	Tonbridge AC	11:15.6
Peter Johnson (M55)	Bromley Vets	11:15.8
Matthew Durrant (M35)	Cambridge Harriers	11:38.5
Robert Fursey (M60)	Medway & Maidstone AC	12:33.1
Jonathan Wilson (M55)	Bromley Vets	12:49.7
Tema Hassan (M45)	Central Park Athletics	13:02.4
Timothy Orr (M65)	Dartford Harriers AC	13:08.6
Alan Newman (M65)	Tonbridge AC	13:17.6
Michael Ellsmore (M70)	Cambridge Harriers	13:53.2

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 05/05/2023

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	63.8
2	D3	Hannah Carson	Dartford Harriers AC	66.0
3	T3	Bethan Armory (W40)	Tonbridge AC - A	66.5
4	G3	Laura Bestow	Central Park Athletics	71.3
5	C3	Lucy Marlow	Cambridge Harriers	83.5
6	B3	Sarah Dodds (W45)	Bexley AC	90.8

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Charlotte Warren	Tonbridge AC - A	70.6
2	D4	Rebecca Miah	Dartford Harriers AC	71.9
3	F4	Sarah Belaon (W40)	Blackheath & Bromley H AC	76.4
4	C4	Lisa Atkinson (W50)	Cambridge Harriers	79.3
5	G4	Katy Munt (W40)	Central Park Athletics	80.5

W35 3000m

1	T3	Harriet Woolley	Tonbridge AC - A	10:48.1
2	D3	Hannah Roberts (W40)	Dartford Harriers AC	10:52.7
3	C3	Lucy Marlow	Cambridge Harriers	11:26.1
4	F3	Katy Sugden (W45)	Blackheath & Bromley H AC	11:54.8
5	G3	Elizabeth Brookes (W40)	Central Park Athletics	12:07.1
6	B3	Wendy Prowse (W45)	Bexley AC	14:53.1

1	C4	Susan Dixon (W55)	Cambridge Harriers	12:09.5
2	F4	Sarah Belaon (W40)	Blackheath & Bromley H AC	12:34.7
3	G4	Anoushka Johnson (W45)	Central Park Athletics	12:36.4
4	T4	Charlotte Warren	Tonbridge AC - A	12:41.4
5	D4	Kerrie Clarke (W45)	Dartford Harriers AC	13:20.1
6	B4	Lisa Rickus (W40)	Bexley AC	14:57.0

W35 Triple Jump

1	T3	Nina Ridge (W45)	Tonbridge AC - A	8.49
2	D3	Rebecca Miah	Dartford Harriers AC	7.37
3	B3	Sarah Dodds (W45)	Bexley AC	7.28

W35 Discus

1	B3	Marianne Berndt (W40)	Bexley AC	29.47
2	C3	Natalie Mann	Cambridge Harriers	24.21
3	T3	Nina Ridge (W45)	Tonbridge AC - A	22.91
4	D3	Claire Capon	Dartford Harriers AC	22.60
5	F3	Maz Turner (W70)	Blackheath & Bromley H AC	5.99

W50 400m

1	T5	Lisa Knight	Tonbridge AC - A	71.4
2	B5	Wendy Masters	Bexley AC	77.4
3	C5	Susan Dixon (W55)	Cambridge Harriers	79.4
4	G5	Caroline Curtis (W120)	Central Park Athletics	84.7
5	D5	Elizabeth Ives (W55)	Dartford Harriers AC	91.5
6	F5	Maz Turner (W70)	Blackheath & Bromley H AC	126.4

W50 3000m

1	T5	Maria Heslop (W55)	Tonbridge AC - A	11:20.0
2	C5	Julie Backley	Cambridge Harriers	12:14.3
3	B5	Angela Duffy Smart	Bexley AC	13:25.0
4	G5	Caroline Curtis (W120)	Central Park Athletics	13:27.5
5	D5	Stephanie Wood (W55)	Dartford Harriers AC	13:41.4
6	F5	Zoe Kingsmell (W60)	Blackheath & Bromley H AC	14:04.5

W50 Triple Jump

1	B5	Wendy Masters	Bexley AC	8.07
2	T5	Helen Bond (W55)	Tonbridge AC - A	6.54
3	F5	Jacqueline Montgomery (W55)	Blackheath & Bromley H AC	6.32

W50 Discus

1	T5	Sally Vine (W55)	Tonbridge AC - A	18.82
2	C5	Cara Oliver	Cambridge Harriers	17.29
3	B5	Sam Ansell	Bexley AC	16.24
4	F5	Jacqueline Montgomery (W55)	Blackheath & Bromley H AC	13.15
5	G5	Janet Pyne (W70)	Central Park Athletics	8.80

W60 400m

1	F6	Helen Godsell (W65)	Blackheath & Bromley H AC	76.9
2	B6	Christine Pates	Bexley AC	91.9
3	G6	Ann Komzolik	Central Park Athletics	97.5
4	C6	Ros Tabor	Cambridge Harriers	97.5
5	T6	Sue James (W70)	Tonbridge AC - A	121.4

W60 Discus

1	T6	Diane Bradley	Tonbridge AC - A	18.67
2	D6	Anne Thacker	Dartford Harriers AC	17.09
3	B6	Liz Slater	Bexley AC	15.30
4	F6	Anne Cilia	Blackheath & Bromley H AC	11.84
5	G6	Ann Komzolik	Central Park Athletics	10.25
6	C6	Catherine Ellis (W70)	Cambridge Harriers	9.60

Match Details

	Mt Pts	Pts
1 Tonbridge AC - A	6	60
2 Bexley AC	5	41
3 Blackheath & Bromley H AC	3.5	38
3 Cambridge Harriers	3.5	38
5 Dartford Harriers AC	2	34
6 Central Park Athletics	1	25

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	60
2 Bexley AC	5	41
3 Blackheath & Bromley H AC	3.5	38
4 Cambridge Harriers	3.5	38
5 Dartford Harriers AC	2	34
6 Central Park Athletics	1	25

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 05/05/2023

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	M3	Rachel Hicks	Medway & Maidstone AC	67.1
2	J3	Rachel Perry (W45)	Bromley Vets	72.5
3	N3	Nicola Summerfield	Tonbridge AC - B	74.1

W35 3000m

1	M3	Chloe Hammond (W40)	Medway & Maidstone AC	11:56.6
2	N3	Nicola Summerfield	Tonbridge AC - B	12:38.8
3	J3	Rachel Perry (W45)	Bromley Vets	13:12.6

W35 Triple Jump

1	N3	Sarah Westrap (W45)	Tonbridge B	7.03
2	P3	Elizabeth Bignell (W40)	Paddock Wood	6.39
3	M3	Catherine Rodwell	Medway & Maidstone AC	6.07
	J3	Tracey Simmons (W45)	Bromley Vets	nm

W35 Discus

1	P3	Elizabeth Bignell (W40)	Paddock Wood	16.89
2	N3	Sarah Westrap (W45)	Tonbridge AC - B	12.48
3	J3	Tracey Simmons (W45)	Bromley Vets	11.56
4	M3	Catherine Rodwell	Medway & Maidstone AC	11.14

W50 400m

1	M5	Karen Cudmore	Medway & Maidstone AC	71.0
2	N5	Diane Wright	Tonbridge AC - B	76.2
3	K5	Amanda Rivett	Swan & Dist/ Eynesford RC	90.4

W50 3000m

1	M5	Karen Cudmore	Medway & Maidstone AC	13:08.2
2	N5	Grazia Manzotti	Tonbridge AC - B	13:16.2
3	J5	Kate Sanwell	Bromley Vets	15:52.3

W50 Triple Jump

1	M5	Karen Cudmore	Medway & Maidstone AC	7.01
2	N5	Diane Wright	Tonbridge B	6.05
3	P5	Teresa Hinton (W60)	Paddock Wood	5.89

W50 Discus

1	M5	Vanessa Hannam	Medway & Maidstone AC	32.91
2	K5	Amanda Rivett	Swan & Dist/ Eynesford RC	18.85
3	N5	Diane Wright	Tonbridge AC - B	9.06

W60 400m

1	J6	Anne Unseld (W70)	Bromley Vets	109.7
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W60 Discus

1	P6	Teresa Hinton	Paddock Wood	15.01
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B String				
Pos	Club	Athlete	Club	Perf

1	M4	Bernadette Harrop (W45)	Medway & Maidstone AC	76.4
2	N4	Angie Crush (W45)	Tonbridge AC - B	83.2
3	J4	Tracey Simmons (W45)	Bromley Vets	91.8

1	N4	Eva Kolivoskova-Martin (W45)	Tonbridge AC - B	13:45.4
2	M4	Hayley Palmer (W40)	Medway & Maidstone AC	13:59.4

Match Details			Overall Details				
	Mt Pts	Pts		Tot Mt Pts	Tot Pts		
1	Medway & Maidstone AC	6	54	1	Medway & Maidstone AC	6	54
2	Tonbridge AC - B	5	39	2	Tonbridge AC - B	5	39
3	Bromley Vets	4	27	3	Bromley Vets	4	27
4	Paddock Wood	3	21	4	Paddock Wood	3	21
5	Swan & Dist/ Eynesford RC	2	9	5	Swan & Dist/ Eynesford RC	2	9

Womens Non Scoring Results

W35

400m

Jane Crawley (W45)	Dartford Harriers AC	76.4
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3000m

Coralie Charles (W35)	Central Park Athletics	12:21.9
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