

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 28/07/2023

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	F3	Duayne Bovell	Blackheath & Bromley H AC	11.3
2	T3	Steven Tester (M40)	Tonbridge AC	11.8
3	C3	Abdela Kelifa	Cambridge Harriers	12.1
4	D3	Adam Bernard	Dartford Harriers AC	12.8
5	J3	Simon Horler (M40)	Bromley Vets	14.5

M35 800m

1	D4	Robert Jackaman	Dartford Harriers AC	2:05.0
2	T3	Tom Richards	Tonbridge AC	2:06.5
3	C3	Nebojsa Jovanovic (M45)	Cambridge Harriers	2:07.1
4	J3	Simon Horler (M40)	Bromley Vets	2:20.8
5	F4	Steve Hough (M45)	Blackheath & Bromley H AC	2:33.4

4x200m Relays

1	T3	Tonbridge AC	Luke Williams, Mark McAllister (M50), Tom Richards, Steven Tester (M40)	1:39.4
2	D3	Dartford Harriers AC	Adam Bernard, Richard Brooks (M50), Terry Hawkey, Stuart McNally (M45)	1:41.8
3	F3	Blackheath & Bromley H AC	Clement Leon (M65), Timothy Ayres, Ashley Reid (M40), Duayne Bovell	1:48.1
4	C3	Cambridge Harriers	Wole Odele (M55), Nebojsa Jovanovic (M45), Abdela Kelifa, Michael Pape (M50)	1:51.5
5	J3	Bromley Vets	Tim Sowter (M55), James Willingham (M45), Darren Hersey (M40), Simon Horler (M40)	1:58.1

M35 Long Jump

1	F3	Ashley Reid (M40)	Blackheath & Bromley H AC	5.65
2	T3	Luke Williams	Tonbridge AC	5.28
3	D3	Mark Vrijmoed (M45)	Dartford Harriers AC	5.03
4	C3	Abdela Kelifa	Cambridge Harriers	4.81
5	J3	James Willingham (M45)	Bromley Vets	4.21

M35 Discus

1	C3	Steven Marlow	Cambridge Harriers	37.14
2	D3	Richard Nash (M45)	Dartford Harriers AC	25.41
3	T3	Milton McNichol (M45)	Tonbridge AC	24.34
4	J3	Simon Horler (M40)	Bromley Vets	18.83
5	F3	Timothy Ayres	Blackheath & Bromley H AC	17.87

M50 100m

1	T5	Mark McAllister	Tonbridge AC	12.4
2	D5	Richard Brooks	Dartford Harriers AC	12.7
3	C5	Wole Odele (M55)	Cambridge Harriers	12.9
4	J5	Tim Sowter (M55)	Bromley Vets	14.1
5	F5	Luca Ercolani	Blackheath & Bromley H AC	14.2

M50 800m

1	T5	Nicholas Arnott	Tonbridge AC	2:14.4
2	D5	Reuben Burford	Dartford Harriers AC	2:15.2
3	F5	Luca Ercolani	Blackheath & Bromley H AC	2:23.6
4	J5	Gavin Kitchingham (M55)	Bromley Vets	2:24.5
5	C5	Ian McCarthy (M65)	Cambridge Harriers	3:04.7

M50 Long Jump

1	C5	Wole Odele (M55)	Cambridge Harriers	4.93
2	D5	Gary Capon (M60)	Dartford Harriers AC	4.72
3	F5	Luca Ercolani	Blackheath & Bromley H AC	4.37
4	J5	Jason Short	Bromley Vets	4.18

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Ashley Reid (M40)	Blackheath & Bromley H AC	12.1
2	T4	Luke Williams	Tonbridge AC	12.8
3	D4	Terry Hawkey	Dartford Harriers AC	12.9
4	C4	Nebojsa Jovanovic (M45)	Cambridge Harriers	13.3
5	J4	James Willingham (M45)	Bromley Vets	14.3

1	D3	Terry Hawkey	Dartford Harriers AC	2:09.2
2	T4	Tom Woolley (M40)	Tonbridge AC	2:17.9
3	C4	James Macdonald (M40)	Cambridge Harriers	2:26.3
4	F3	Timothy Ayres	Blackheath & Bromley H AC	2:35.8
5	J4	Jonathan Wilson (M55)	Bromley Vets	2:37.4

5	T5	Christopher Leach	Tonbridge AC	4.11
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M50 Discus

1	T5	Christopher Leach	Tonbridge AC	32.23
2	D5	Stephen Talbot (M55)	Dartford Harriers AC	27.75
3	C5	Paris Hunt (M60)	Cambridge Harriers	25.88
4	J5	Simon Powell (M55)	Bromley Vets	19.85
5	F5	Luca Ercolani	Blackheath & Bromley H AC	13.02

M60 100m

1	C6	Paris Hunt	Cambridge Harriers	14.0
2	D6	Colin Bates	Dartford Harriers AC	14.3
3	T6	Ian Crawley	Tonbridge AC	14.6
4	F6	Tom Phillips (M65)	Blackheath & Bromley H AC	15.1
5	J6	Ray Chapman (M65)	Bromley Vets	16.8

M60 Long Jump

1	T6	Ian Crawley	Tonbridge AC	4.48
2	C6	Paris Hunt	Cambridge Harriers	4.33
3	F6	Clement Leon (M65)	Blackheath & Bromley H AC	4.10
4	D6	Mark Kybert	Dartford Harriers AC	2.96
5	J6	Tony Unselde (M75)	Bromley Vets	2.76

M60 Discus

1	T6	Ian Crawley	Tonbridge AC	39.51
2	C6	Peter Wishart	Cambridge Harriers	37.08
3	D6	John Fenton (M65)	Dartford Harriers AC	29.44
4	F6	Clement Leon (M65)	Blackheath & Bromley H AC	26.85
5	J6	Ray Chapman (M65)	Bromley Vets	16.45

Match Details

	Mt Pts	Pts
1 Tonbridge AC	6	71
2 Dartford Harriers AC	5	65
3 Cambridge Harriers	4	59
4 Blackheath & Bromley H AC	3	51
5 Bromley Vets	2	34

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC	36	439
2 Dartford Harriers AC	30	381
3 Blackheath & Bromley H AC	22	338
4 Cambridge Harriers	20	319
5 Bromley Vets	12	194
6 Paddock Wood	5	55

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 28/07/2023

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	A3	Daniel Oforu (M40)	Ashford AC	12.3
2	M3	Andrejs Safars	Medway & Maidstone AC	12.9
3	G3	Antony Hylton (M45)	Central Park Athletics	13.3
4	B3	Jon Fish (M45)	Bexley AC	13.8
5	S3	Gary Walsh (M55)	Sevenoaks AC	16.2

M35 800m

1	M3	Andrejs Safars	Medway & Maidstone AC	2:08.1
2	A3	Richard Huckstepp (M40)	Ashford AC	2:19.9
3	B3	Jon Fish (M45)	Bexley AC	2:24.4
4	G3	Chris Reid	Central Park Athletics	2:26.2
5	S3	Gary Walsh (M55)	Sevenoaks AC	2:48.9

B String				
Pos	Club	Athlete	Club	Perf

1	A4	Peter Davey (M45)	Ashford AC	12.7
2	G4	Stephen Jones (M45)	Central Park Athletics	13.4
3	M4	Darren Wright (M45)	Medway & Maidstone AC	13.4
4	B4	Martin Jenner	Bexley AC	14.8

1	M4	Daniel St Martin	Medway & Maidstone AC	2:12.3
2	B4	Martin Jenner	Bexley AC	2:25.1
3	A4	Andrew Davies (M40)	Ashford AC	2:29.9
4	G4	Robert Lenihan (M40)	Central Park Athletics	2:33.6

4x200m Relays

1	A3	Ashford AC	Daniel Oforu (M40), Michael Yankson (M40), Richard Huckstepp (M40), Peter Davey (M45)	1:47.4
2	M3	Medway & Maidstone AC	Dean Parkinson (M50), Darren Wright (M45), Mark Rothery (M45), Andrejs Safars	1:48.0
3	G3	Central Park Athletics	Antony Hylton (M45), Paul Cheeseman (M50), James Carney (M50), Chris Reid	2:00.4
4	B3	Bexley AC	Jon Fish (M45), Martin Jenner, Andy Whitnell (M55), Andrew Rushbrook (M60)	2:01.9
	S3	Sevenoaks AC	Gary Walsh (M55), Sham Pickard (M50), Oloff Van Zyl (M50), Geoffrey Kitchener (M70)	dnf

M35 Long Jump

1	A3	Daniel Oforu (M40)	Ashford AC	5.26
2	M3	Darren Wright (M45)	Medway & Maidstone AC	4.12
3	G3	Jamie Bushnell	Central Park Athletics	3.99
4	B3	Martin Jenner	Bexley AC	3.62

M35 Discus

1	A3	Daniel Oforu (M40)	Ashford AC	25.05
2	M3	Mark Rothery (M45)	Medway & Maidstone AC	19.81
3	G3	Jamie Bushnell	Central Park Athletics	18.60
4	B3	Martin Jenner	Bexley AC	14.07

M50 100m

1	S5	Oloff Van Zyl	Sevenoaks AC	13.8
2	M5	John Foster	Medway & Maidstone AC	13.9
3	B5	Andy Whitnell (M55)	Bexley AC	14.3
4	A5	Stephen Lake	Ashford AC	14.5
5	G5	James Carney	Central Park Athletics	14.8

M50 800m

1	S5	Oloff Van Zyl	Sevenoaks AC	2:20.0
2	A5	Ian King	Ashford AC	2:30.3
3	M5	Alun Rodgers (M55)	Medway & Maidstone AC	2:35.8
4	G5	Paul Cheeseman	Central Park Athletics	2:51.4
5	B5	John Gates (M60)	Bexley AC	3:10.0

M50 Long Jump

1	A5	Stephen Lake	Ashford AC	4.50
2	G5	Gary Warner (M55)	Central Park Athletics	3.97
3	B5	Andy Whitnell (M55)	Bexley AC	3.90
4	M5	John Foster	Medway & Maidstone AC	3.87

M50 Discus

1	B5	Graham Holder	Bexley AC	39.04
2	A5	Jon Ward (M55)	Ashford AC	32.63
3	S5	Oloff Van Zyl	Sevenoaks AC	24.57
4	M5	Stuart Earl (M55)	Medway & Maidstone AC	23.12
5	G5	Gary Warner (M55)	Central Park Athletics	14.20

M60 100m

1	A6	Stephen Langford	Ashford AC	14.8
2	M6	Rob Sibley (M65)	Medway & Maidstone AC	14.8
3	G6	Alexander Valentino	Central Park Athletics	14.8
4	S6	Geoffrey Kitchener (M70)	Sevenoaks AC	16.0
5	B6	Anthony Garrett (M80)	Bexley AC	19.7

M60 Long Jump

1	A6	Stephen Langford	Ashford AC	4.17
2	G6	Alexander Valentino	Central Park Athletics	3.80
3	M6	Rob Sibley (M65)	Medway & Maidstone AC	3.47
4	B6	Anthony Garrett (M80)	Bexley AC	2.78
5	S6	Geoffrey Kitchener (M70)	Sevenoaks AC	2.51

M60 Discus

1	B6	Andrew Rushbrook	Bexley AC	33.48
2	M6	Wynn Howe	Medway & Maidstone AC	31.70
3	A6	Christopher Hobbs (M65)	Ashford AC	20.78
4	G6	Peter Thomas (M65)	Central Park Athletics	12.49

Match Details

1	Ashford AC	6	74
2	Medway & Maidstone AC	5	65
3	Bexley AC	3.5	51
3	Central Park Athletics	3.5	51
5	Sevenoaks AC	2	25

1	Medway & Maidstone AC	32	401
2	Ashford AC	29.5	382
3	Bexley AC	26.5	359.5
4	Central Park Athletics	20	303
5	Sevenoaks AC	11	157.5
6	Swan & Dist/ Eynesford RC	4	32

Mens Non Scoring Results

M35

100m

Darren Hersey (M40)	Bromley Vets	13.7
Christopher Leach (M50)	Tonbridge AC	13.8
Constantine Serugo (M35)	Cambridge Harriers	14.3
Milton McNichol (M45)	Tonbridge AC	15.9

800m

Andrew Pickett (M40)	Dartford Harriers AC	2:07.9
Stuart McNally (M45)	Dartford Harriers AC	2:11.1
Stuart Waterman (M40)	Dartford Harriers AC	2:11.7
Raymond Ramsay (M35)	Cambridge Harriers	2:24.2

M50

100m

Lincoln Campbell (M55)	Cambridge Harriers	13.4
Michael Pape (M50)	Cambridge Harriers	13.9

800m

Mark Vrijmoed (M45)	Dartford Harriers AC	2:30.0
Philip Coleman (M55)	Tonbridge AC	2:33.0
Antony Fullbrook (M55)	Tonbridge AC	2:38.9
Mark Kybert (M60)	Dartford Harriers AC	2:39.7
John Gurney (M65)	Dartford Harriers AC	2:42.9
Ray Chapman (M65)	Bromley Vets	2:50.9
Anthony Durey (M55)	Central Park Athletics	2:52.3
Robert Fursey (M60)	Medway and Maidstone AC	2:52.5
Alan Newman (M65)	Tonbridge AC	3:13.0

M60

100m

Timothy Carter (M70)	Cambridge Harriers	15.0
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SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 28/07/2023

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

1	F3	Louisa Vallins (W45)	Blackheath & Bromley H AC	13.1
2	T3	Bethan Armory (W40)	Tonbridge AC - A	13.7
3	G3	Karolina Mykietyn (W40)	Central Park Athletics	13.7
4	D3	Kirstie Cooper (W45)	Dartford Harriers AC	14.8
5	B3	Almona Mehmeti	Bexley AC	15.4
6	C3	Sinead Norris (W40)	Cambridge Harriers	16.3

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Samantha Williams (W40)	Blackheath & Bromley H AC	13.8
2	T4	Suzanne Bachelor (W40)	Tonbridge AC - A	14.7
3	D4	Jane Crawley (W45)	Dartford Harriers AC	15.6
4	G4	Julia Silo (W40)	Central Park Athletics	17.4
5	B4	Lisa Rickus (W40)	Bexley AC	18.0
6	C4	Rose Baker (W55)	Cambridge Harriers	22.2

W35 800m

1	D4	Tereza Grainger-Francova	Dartford Harriers AC	2:27.4
2	F3	Carole Coulon (W45)	Blackheath & Bromley H AC	2:32.8
3	T3	Charlotte Warren	Tonbridge AC - A	2:44.8
4	G3	Elizabeth Brookes (W40)	Central Park Athletics	2:45.9
5	C3	Sinead Norris (W40)	Cambridge Harriers	2:48.6
6	B3	Almona Mehmeti	Bexley AC	2:54.3

1	D3	Hannah Roberts (W40)	Dartford Harriers AC	2:30.0
2	F4	Katy Sugden (W45)	Blackheath & Bromley H AC	2:50.7
3	G4	Coralie Charles	Central Park Athletics	2:55.1
4	T4	Nina Ridge (W45)	Tonbridge AC - A	2:59.2
5	C4	Rose Baker (W55)	Cambridge Harriers	3:13.6
6	B4	Wendy Prowse (W45)	Bexley AC	3:18.9

4x200m Relays

1	F3	Blackheath & Bromley H AC	Samantha Williams (W40), Helen Godsell (W65), Daniela Sage (W45), Louisa Vallins (W45)	1:57.2
2	T3	Tonbridge AC - A	Bethan Armory (W40), Suzanne Bachelor (W40), Nina Ridge (W45), Diane Wright (W50)	2:00.7
3	D3	Dartford Harriers AC	Kimberley Taylor (W45), Kirstie Cooper (W45), Jane Crawley (W45), Tereza Grainger-Francova	2:07.5
4	B3	Bexley AC	Wendy Masters (W50), Sarah Dodds (W45), Angela Duffy Smart (W50), Christine Pates (W60)	2:19.2
5	C3	Cambridge Harriers	Joanna Parke (W45), Rose Baker (W55), Cara Oliver (W50), Joanne Murphy (W60)	2:20.1
6	G3	Central Park Athletics	Elizabeth Brookes (W40), Coralie Charles, Julia Silo (W40), Elisa Valdez (W45)	2:27.8

W35 High Jump

1	T3	Nina Ridge (W45)	Tonbridge AC - A	1.20
2	D3	Helen Mitroi (W45)	Dartford Harriers AC	1.20
3	F3	Daniela Sage (W45)	Blackheath & Bromley H AC	1.15
4	B3	Sarah Dodds (W45)	Bexley AC	1.10
5	C3	Joanna Parke (W45)	Cambridge Harriers	1.10

W35 Discus

1	B3	Marianne Berndt (W40)	Bexley AC	30.99
2	T3	Charlotte Nicholls	Tonbridge AC - A	28.28
3	C3	Natalie Mann	Cambridge Harriers	23.47
4	D3	Claire Capon	Dartford Harriers AC	20.26
5	F3	Samantha Williams (W40)	Blackheath & Bromley H AC	12.69
6	G3	Julia Silo (W40)	Central Park Athletics	8.95

W35 Long Jump

1	D3	Helen Mitroi (W45)	Dartford Harriers AC	4.34
2	F3	Daniela Sage (W45)	Blackheath & Bromley H AC	4.18
3	T3	Nina Ridge (W45)	Tonbridge AC - A	3.89
4	B3	Christine Pates (W60)	Bexley AC	3.03
5	C3	Joanna Parke (W45)	Cambridge Harriers	2.97
6	G3	Coralie Charles	Central Park Athletics	2.61

W50 100m

1	T5	Diane Wright	Tonbridge AC - A	14.6
2	B5	Wendy Masters (W50)	Bexley AC	14.7
3	F5	Helen Godsell (W65)	Blackheath & Bromley H AC	15.2
4	C5	Joanne Murphy (W60)	Cambridge Harriers	16.5
5	D5	Patience Agbabi (W55)	Dartford Harriers AC	17.2
6	G5	Eden Summers (W55)	Central Park Athletics	17.6

W50 800m

1	T5	Lisa Knight	Tonbridge AC - A	2:40.7
2	C5	Cara Oliver	Cambridge Harriers	2:48.9
3	B5	Angela Duffy Smart (W50)	Bexley AC	2:49.0
4	F5	Zoe Kingsmell (W60)	Blackheath & Bromley H AC	3:27.6

W50 High Jump

1	G5	Eden Summers (W55)	Central Park Athletics	1.15
2	D5	Christine Clements (W70)	Dartford Harriers AC	1.10
3	F5	Anne Cilia (W60)	Blackheath & Bromley H AC	1.00
3	B5	Liz Slater (W65)	Bexley AC	1.00

W50 Discus

1	T5	Diane Bradley (W60)	Tonbridge AC - A	19.90
2	B5	Sam Ansell (W50)	Bexley AC	16.72
3	D5	Christine Clements (W70)	Dartford Harriers AC	14.27
4	C5	Cara Oliver	Cambridge Harriers	13.49
5	G5	Janet Pyne (W75)	Central Park Athletics	10.86
6	F5	Anne Cilia (W60)	Blackheath & Bromley H AC	10.64

W50 Long Jump

1	B5	Wendy Masters (W50)	Bexley AC	3.89
2	D5	Teresa Eades (W60)	Dartford Harriers AC	3.27
3	C5	Cara Oliver	Cambridge Harriers	3.11
4	G5	Eden Summers (W55)	Central Park Athletics	2.88
5	T5	Diane Wright	Tonbridge AC - A	2.88
6	F5	Anne Cilia (W60)	Blackheath & Bromley H AC	2.51

W60 800m

1	F6	Helen Godsell (W65)	Blackheath & Bromley H AC	3:24.7
2	T6	Diane Bradley	Tonbridge AC - A	3:30.4
3	C6	Joanne Murphy	Cambridge Harriers	3:34.5
4	G6	Ann Komzolik	Central Park Athletics	3:55.6
5	D6	Sheila Pickett (W65)	Dartford Harriers AC	4:42.4

W60 High Jump

1	D6	Teresa Eades	Dartford Harriers AC	1.15
1	B6	Christine Pates (W60)	Bexley AC	1.15
3	C6	Maria Macdonald (W70)	Cambridge Harriers	0.95
4	F6	Helen Godsell (W65)	Blackheath & Bromley H AC	0.90

Match Details	Mt Pts	Pts	Overall Details	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	6	62	1 Tonbridge AC - A	36	392
2 Blackheath & Bromley H AC	4.5	60.5	2 Blackheath & Bromley H AC	24	300.5
2 Dartford Harriers AC	4.5	60.5	3 Dartford Harriers AC	23.5	286.5
4 Bexley AC	3	50	4 Bexley AC	18	254
5 Cambridge Harriers	2	39	5 Cambridge Harriers	16.5	234
6 Central Park Athletics	1	32	6 Central Park Athletics	8	191

BC-SCVAC-2023

SCVAC LEAGUE - KENT DIVISIONS - Central Park, Dartford 28/07/2023

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

1	M3	Bernadette Harrop (W45)	Medway & Maidstone AC	15.9
2	S3	Rebecca Pickard (W45)	Sevenoaks AC	16.2
3	J3	Joanne Kelly (W45)	Bromley Vets	16.3
4	N3	Angie Crush (W45)	Tonbridge AC - B	17.6

W35 800m

1	S3	Rebecca Pickard (W45)	Sevenoaks AC	2:42.3
2	M3	Taryne McPherson (W45)	Medway & Maidstone AC	2:45.1
3	J3	Joanne Kelly (W45)	Bromley Vets	2:57.1
4	N4	Eva Kolivoskova-Martin (W45)	Tonbridge AC - B	3:16.5

4x200m Relays

1	M3	Medway & Maidstone AC	Taryne McPherson (W45), Bernadette Harrop (W45), Hayley Palmer (W40), Karen Cudmore (W50)	2:15.7
2	N3	Tonbridge AC - B	Grazia Manzotti (W50), Angie Crush (W45), Eva Kolivoskova-Martin (W45), Sally Vine (W55)	2:27.3

W35 High Jump

1	J3	Sarah King (W45)	Bromley Vets	1.15
2	N3	Angie Crush (W45)	Tonbridge AC - B	1.15
3	M3	Hayley Palmer (W40)	Medway & Maidstone AC	1.10
4	P3	Elizabeth Bignell (W40)	Paddock Wood	1.05

W35 Discus

1	N3	Helen Wrigley (W45)	Tonbridge AC - B	17.51
2	P3	Elizabeth Bignell (W40)	Paddock Wood	13.89
3	M3	Catherine Rodwell	Medway & Maidstone AC	12.79
4	J3	Tracey Simmons (W45)	Bromley Vets	12.76

W35 Long Jump

1	M3	Catherine Rodwell	Medway & Maidstone AC	3.30
2	P3	Elizabeth Bignell (W40)	Paddock Wood	3.23
3	J3	Tracey Simmons (W45)	Bromley Vets	2.94
4	N3	Helen Wrigley (W45)	Tonbridge AC - B	2.47

W50 100m

1	M5	Karen Cudmore	Medway & Maidstone AC	14.9
2	N5	Sally Vine (W55)	Tonbridge AC - B	15.4
3	P5	Teresa Hinton (W60)	Paddock Wood	18.5

W50 800m

1	M5	Karen Cudmore	Medway & Maidstone AC	2:43.4
2	N5	Grazia Manzotti	Tonbridge AC - B	3:03.9
3	K5	Amanda Rivett (W55)	Swan & Dist/ Eynesford RC	3:23.9

W50 Discus

1	M5	Vanessa Hannam	Medway & Maidstone AC	34.20
2	N5	Sally Vine (W55)	Tonbridge AC - B	21.16
3	P5	Teresa Hinton (W60)	Paddock Wood	13.81
4	J5	Shirley Wheeler (W55)	Bromley Vets	11.67

B String				
Pos	Club	Athlete	Club	Perf

1	J4	Sarah King (W45)	Bromley Vets	16.0
2	M4	Hayley Palmer (W40)	Medway & Maidstone AC	16.5
3	N4	Helen Wrigley (W45)	Tonbridge AC - B	17.7

1	M4	Bernadette Harrop (W45)	Medway & Maidstone AC	3:03.2
2	N3	Theresa White (W50)	Tonbridge AC - B	3:23.2

W50 Long Jump

1	M5	Karen Cudmore	Medway & Maidstone AC	3.49
2	P5	Teresa Hinton (W60)	Paddock Wood	2.88

W60 800m

1	J6	Anne Unseld (W70)	Bromley Vets	4:07.2
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W60 High Jump

1	P6	Teresa Hinton	Paddock Wood	1.10
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Match Details

	Mt Pts	Pts
1 Medway & Maidstone AC	6	66
2 Tonbridge AC - B	5	49
3 Bromley Vets	4	36
4 Paddock Wood	3	32
5 Sevenoaks AC	2	11
6 Swan & Dist/ Eynesford RC	1	4

Overall Details

	Tot Mt Pts	Tot Pts
1 Medway & Maidstone AC	33	334
2 Tonbridge AC - B	30.5	314
3 Bromley Vets	24.5	219
4 Paddock Wood	19	163
5 Sevenoaks AC	9	54
6 Swan & Dist/ Eynesford RC	7	52

Womens Non Scoring Results

W35

800m

Jane Crawley (W45)	Dartford Harriers AC	2:51.6
Anna Cleary (W40)	Dartford Harriers AC	2:56.2

W50

100m

Daniela Sage (W45)	Blackheath & Bromley	14.0
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W60

800m

Maz Turner (W70)	Blackheath & Bromley H AC	4:55.1
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