

SCVAC LEAGUE		MID-LONDON DIVISION				
<b>PROGRAMMES AND HOSTING ARRANGEMENTS 2024</b>						
<i>Version:</i>	4-Dec-23					
<u>Match One</u>	Monday 13 May, Battersea					
<u>Host club:</u>	Serpentine	<u>Additional officials:</u>		Herne Hill and Highgate Harriers		
<b>1830</b>	<b>Discus</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	<b>M70</b>
1830	High Jump	W35		W50		
1845	Shot	W35		W50	W60	
<b>1900</b>	<b>100m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
1910	100m	W35A	W35B	W50	W60	W70
<b>1920</b>	<b>2000m walk</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	<b>M70</b>
	II	W35		W50	W60	W70
<b>1930</b>	<b>High Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
1930	Long Jump	W35		W50	W60	
<b>1940</b>	<b>400m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	
<b>1945</b>	<b>Shot</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
1950	400m	W35A	W35B	W50	W60	
2000	Discus	W35		W50	W60	W70
<b>2000</b>	<b>1500m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	
<b>2015</b>	<b>Long Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
2025	1500m	W35A	W35B	W50	W60	
<b>2040</b>	<b>4x400m relay men</b>					
2050	4x400m relay women					
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<u>Match Two</u>	Monday 3 June, Hillingdon					
<u>Host club:</u>	Hillingdon	<u>Additional officials:</u>		Ealing and Thames Valley Harriers		
<b>1830</b>	<b>Hammer</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
1830	Shot	W35		W50	W60	W70
1845	Triple Jump	W35		W50		
1900	800m	W35A	W35B	W50	W60	
<b>1915</b>	<b>800m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	
<b>1930</b>	<b>Triple Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
1930	200m	W35A	W35B	W50	W60	W70
<b>1940</b>	<b>200m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
1945	Long Jump	W35		W50	W60	
<b>1945</b>	<b>Shot</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	<b>M70</b>
2000	Hammer	W35		W50	W60	
2000	3000m	W35A	W35B	W50	W60	W70
<b>2015</b>	<b>Long Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
<b>2020</b>	<b>3000m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
2040	4x100m relay women					
<b>2050</b>	<b>4x100m relay men</b>					

(continued)							
<u>Match Three</u>	Monday 17 June, Tooting Bec						
<u>Host club:</u>	Herne Hill Harriers		<u>Additional officials:</u>		Serpentine and Highgate Harriers		
	<b>1830</b>	<b>Discus</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	<b>M70</b>
	1830	High Jump	W35		W50		
	1845	Javelin	W35		W50	W60	
	<b>1900</b>	<b>100m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	
	1910	100m	W35A	W35B	W50	W60	
	1915	Triple Jump	W35		W50		
	<b>1920</b>	<b>2000m walk</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
		II	W35		W50	W60	
	<b>1930</b>	<b>High Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
	<b>1940</b>	<b>400m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
	<b>1945</b>	<b>Javelin</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
	1950	400m	W35A	W35B	W50	W60	W70
	<b>2000</b>	<b>1500m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
	2000	Discus	W35		W50	W60	W70
	<b>2015</b>	<b>Triple Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
	2025	1500m	W35A	W35B	W50	W60	W70
	<b>2040</b>	<b>4 x 400m relay men</b>					
	2050	4 x 400m relay women					
<u>Match Four</u>	Wednesday 10 July, Perivale						
<u>Host club:</u>	Ealing		<u>Additional officials</u>		Hillingdon and Thames Valley Harriers		
	1830	Hammer	W35		W50	W60	
	1830	High Jump	W35		W50		
	<b>1845</b>	<b>Javelin</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	<b>M70</b>
	1845	800m	W35A	W35B	W50	W60	W70
	<b>1900</b>	<b>800m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
	1915	Long Jump	W35		W50	W60	
	<b>1930</b>	<b>High Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
	1915	200m	W35A	W35B	W50	W60	W70
	<b>1925</b>	<b>200m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	<b>M70</b>
	1945	Javelin	W35		W50	W60	W70
	1945	3000m	W35A	W35B	W50	W60	
	<b>2000</b>	<b>Hammer</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
	<b>2015</b>	<b>Long Jump</b>	<b>M35</b>		<b>M50</b>	<b>M60</b>	
	<b>2005</b>	<b>3000m</b>	<b>M35A</b>	<b>M35B</b>	<b>M50</b>	<b>M60</b>	
	2020	4x100m relay women					
	<b>2030</b>	<b>4x100m relay men</b>					







