

SCVAC LEAGUE - KENT DIVISIONS - Tonbridge School, Tonbridge 12/07/2024

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	T3	Steven Tester (M40)	Tonbridge AC - A	53.7
2	C3	Duncan Hope (M40)	Cambridge Harriers	56.7
3	M3	Jacques Smit (M40)	Medway & Maidstone AC	57.0
4	D3	Stuart McNally (M45)	Dartford Harriers AC	57.6
5	F3	Ashley Reid (M40)	Blackheath & Bromley H AC	61.3
6	A3	Daniel Oforu (M45)	Ashford AC	62.7

M35 3000m

1	M3	Anthony Webb (M45)	Medway & Maidstone AC	9:13.6
2	T4	Nick Beer	Tonbridge AC - A	9:14.1
3	F3	David Adams	Blackheath & Bromley H AC	9:31.2
4	C4	Peter Reynolds	Cambridge Harriers	9:31.6
5	D4	Stuart Waterman (M45)	Dartford Harriers AC	9:59.7
6	A3	Richard Huckstepp (M40)	Ashford AC	10:00.6

4x400m Relays

1	T3	Tonbridge AC - A	Steven Tester (M40), Stephen Daly (M50), Mark McAllister (M50), Tom Richards	3:47.6
2	D3	Dartford Harriers AC	Terry Hawkey (M40), Stuart McNally (M45), Steven Foy (M40), Stuart Waterman (M45)	3:52.0
3	M3	Medway & Maidstone AC	Daniel St Martin, Darren Wright (M45), Mark Rothery (M45), Jacques Smit (M40)	3:54.6
4	F3	Blackheath & Bromley H AC	Ashley Reid (M40), Ian Firla (M50), Timothy Ayres, David Adams	4:03.1
5	C3	Cambridge Harriers	Edmund Adigwe (M45), Duncan Hope (M40), Nebojsa Jovanovic (M45), Wole Odele (M55)	4:04.3
6	A3	Ashford AC	Daniel Oforu (M45), Andrew Davies (M40), Richard Huckstepp (M40), David Winston (M40)	4:17.6

M35 Pole Vault

1	T3	Luke Williams	Tonbridge AC - A	3.60
2	A3	Peter Le Rossignol (M40)	Ashford AC	2.40
3	D3	Richard Nash (M45)	Dartford Harriers AC	2.20
4	F3	Timothy Ayres	Blackheath & Bromley H AC	2.00

M35 Hammer

1	A3	Daniel Oforu (M45)	Ashford AC	21.42
2	T3	Mark McAllister (M50)	Tonbridge AC - A	16.93
3	F3	Timothy Ayres	Blackheath & Bromley H AC	14.15
4	M3	Stephen Turpie (M50)	Medway & Maidstone AC	6.77
5	C3	Wole Odele (M55)	Cambridge Harriers	5.36
6	D3	Richard Nash (M45)	Dartford Harriers AC	nm

M35 Triple Jump

1	D3	Mark Vrijmoed (M45)	Dartford Harriers AC	10.04
2	A3	Andrew Davies (M40)	Ashford AC	9.95
3	C3	Wole Odele (M55)	Cambridge Harriers	9.72
4	M3	DJ Sobanjo (M45)	Medway & Maidstone AC	9.33
5	F3	Ian Firla (M50)	Blackheath & Bromley H AC	8.40
6	T3	Mark McAllister (M50)	Tonbridge AC - A	8.39

M50 400m

1	A5	Peter Davey	Ashford AC	57.9
2	C5	Wole Odele (M55)	Cambridge Harriers	58.3
3	F5	Ian Firla	Blackheath & Bromley H AC	59.8
4	T5	Stephen Daly	Tonbridge AC - A	61.7
5	D5	Colin Bates (M60)	Dartford Harriers AC	63.8

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Tom Richards	Tonbridge AC - A	55.3
2	M4	Darren Wright (M45)	Medway & Maidstone AC	56.6
3	C4	Nebojsa Jovanovic (M45)	Cambridge Harriers	58.0
4	F4	David Adams	Blackheath & Bromley H AC	58.9
5	A4	Michael Yankson (M45)	Ashford AC	65.3
6	D4	Steven Foy (M40)	Dartford Harriers AC	101.6

1	T3	Daniel Bradley	Tonbridge AC - A	9:18.9
2	M4	Daniel St Martin	Medway & Maidstone AC	9:22.2
3	F4	Ben Hakki	Blackheath & Bromley H AC	10:03.2
4	A4	David Winston (M40)	Ashford AC	10:06.6
5	C3	Duncan Hope (M40)	Cambridge Harriers	10:10.1
6	D3	Terry Hawkey (M40)	Dartford Harriers AC	10:47.3

M50 3000m

1	F5	Luca Ercolani	Blackheath & Bromley H AC	10:14.0
2	T5	James Beeston	Tonbridge AC - A	10:32.8
3	C5	David Reader	Cambridge Harriers	10:45.3
4	A5	Ian King	Ashford AC	10:48.9
5	M5	Stephen Turpie	Medway & Maidstone AC	11:02.3
6	D5	Mark Barham (M55)	Dartford Harriers AC	11:57.4

M50 Pole Vault

1	T5	Ian Crawley (M60)	Tonbridge AC - A	2.20
2	A5	Michael Goodall (M70)	Ashford AC	2.00
3	D5	Gary Capon (M60)	Dartford Harriers AC	2.00
4	F5	Alan Hardy (M65)	Blackheath & Bromley H AC	2.00
5	C5	Paris Hunt (M60)	Cambridge Harriers	1.60

M50 Hammer

1	D5	Stephen Talbot (M55)	Dartford Harriers AC	35.31
2	T5	Milton McNichol Jr	Tonbridge AC - A	22.50
3	C5	Paris Hunt (M60)	Cambridge Harriers	22.03
4	M5	Stuart Earl (M55)	Medway & Maidstone AC	20.00
5	A5	Ian King	Ashford AC	18.25
6	F5	Ian Firla	Blackheath & Bromley H AC	13.03

M50 Triple Jump

1	A5	Stephen Lake	Ashford AC	9.92
2	T5	Stephen Daly	Tonbridge AC - A	9.61
3	C5	Paris Hunt (M60)	Cambridge Harriers	8.50
4	F5	Clem Leon (M65)	Blackheath & Bromley H AC	8.41
5	M5	John Foster	Medway & Maidstone AC	7.76
6	D5	Colin Bates (M60)	Dartford Harriers AC	7.18

M60 3000m

1	T6	Ben Reynolds	Tonbridge AC - A	10:19.9
2	D6	John Gurney (M65)	Dartford Harriers AC	11:56.7
3	F6	Kenneth Daniel (M70)	Blackheath & Bromley H AC	13:11.5
4	C6	John Barron (M65)	Cambridge Harriers	13:34.1

M60 Hammer

1	D6	John Fenton (M65)	Dartford Harriers AC	26.47
2	T6	Peter Buxton	Tonbridge AC - A	26.27
3	C6	Peter Wishart	Cambridge Harriers	24.03
4	A6	Michael Goodall (M70)	Ashford AC	15.45
5	F6	Clem Leon (M65)	Blackheath & Bromley H AC	15.22

Match Details

	Mt Pts	Pts
1 Tonbridge AC - A	6	76
2 Ashford AC	5	49
3 Blackheath & Bromley H AC	3.5	48
3 Cambridge Harriers	3.5	48
5 Dartford Harriers AC	2	47
6 Medway & Maidstone AC	1	37

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	29	348
2 Dartford Harriers AC	23	300
3 Blackheath & Bromley H AC	17.5	241.5
4 Cambridge Harriers	15.5	238
5 Ashford AC	15	214.5
6 Medway & Maidstone AC	5	166

SCVAC LEAGUE - KENT DIVISIONS - Tonbridge School, Tonbridge 12/07/2024

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	G3	Stephen Jones (M45)	Central Park Athletics	61.1
2	N3	Matt Holt (M45)	Tonbridge AC - B	61.8
3	J3	Simon Horler (M45)	Bromley Vets	62.0
4	P3	Matthew Botton	Paddock Wood AC	63.1
5	B3	Martin Jenner	Bexley AC	63.1
6	S3	Steve Carter (M45)	Sevenoaks AC	65.7

M35 3000m

1	G3	Joshua Teece	Central Park Athletics	9:11.1
2	N3	Jay Smith (M40)	Tonbridge AC - B	9:28.3
3	S3	Jamie Philip (M45)	Sevenoaks AC	9:42.3
4	J3	Simon Horler (M45)	Bromley Vets	9:59.6
5	B3	Martin Jenner	Bexley AC	10:52.8
6	P3	Robert Eldred (M45)	Paddock Wood AC	11:56.2

4x400m Relays

1	N3	Tonbridge AC - B	Joseph Watts (M40), Matt Holt (M45), Mark Jessup (M55), Wilford Wilks (M55)	4:04.0
2	J3	Bromley Vets	Gavin Kitchingham (M55), James Willingham (M45), Andrew Cooper, Simon Horler (M45)	4:11.4
3	S3	Sevenoaks AC	Oloff Van Zyl (M55), Jamie Philip (M45), Sebastian Naughton (M50), Steve Carter (M45)	4:15.7
4	G3	Central Park Athletics	Stephen Jones (M45), Robert Lenihan (M40), James Carney (M50), Joshua Teece	4:33.6
5	B3	Bexley AC	Martin Jenner, Martin Smith (M45), Leo-Kennedy Azodoh (M55), Andrew Fish (M45)	4:38.7

M35 Pole Vault

1	B3	Martin Smith (M45)	Bexley AC	2.00
2	J3	Simon Horler (M45)	Bromley Vets	1.80

M35 Hammer

1	B3	Andrew Rushbrook (M60)	Bexley AC	25.59
2	J3	Simon Horler (M45)	Bromley Vets	15.83
3	G3	Robert Lenihan (M40)	Central Park Athletics	15.33
4	N3	Richard Christian (M55)	Tonbridge AC - B	14.40

M35 Triple Jump

1	N3	Matt Holt (M45)	Tonbridge AC - B	8.82
2	B3	Leo-Kennedy Azodoh (M55)	Bexley AC	8.35
3	J3	Simon Horler (M45)	Bromley Vets	8.27
4	S3	Neil Haggertay (M60)	Sevenoaks AC	7.01
5	G3	Robert Lenihan (M40)	Central Park Athletics	6.39

M50 400m

1	S5	Oloff Van Zyl (M55)	Sevenoaks AC	57.8
2	N5	Mark Jessup (M55)	Tonbridge AC - B	58.9
3	J5	Tim Sowter (M55)	Bromley Vets	61.0
4	P5	David Sampson (M60)	Paddock Wood AC	68.2
5	B5	Leo-Kennedy Azodoh (M55)	Bexley AC	71.2
6	G5	Alan Clisby (M55)	Central Park Athletics	85.6

B String				
Pos	Club	Athlete	Club	Perf

1	N4	Wilford Wilks (M55)	Tonbridge AC - B	58.4
2	G4	Johnnie Arnould (M40)	Central Park Athletics	59.7
3	J4	Andrew Cooper	Bromley Vets	64.7
4	P4	Robert Bowie (M50)	Paddock Wood AC	66.2
5	B4	Martin Smith (M45)	Bexley AC	66.5

1	N4	Tom Woolley (M40)	Tonbridge AC - B	10:04.7
2	J4	James Willingham (M45)	Bromley Vets	10:08.6
3	G4	Johnnie Arnould (M40)	Central Park Athletics	10:32.9
4	S4	Steve Carter (M45)	Sevenoaks AC	11:44.4
5	B4	Martin Smith (M45)	Bexley AC	12:17.0

M50 3000m

1	J5	Gavin Kitchingham (M55)	Bromley Vets	10:41.9
2	N5	Mark Pitcairn-Knowles (M55)	Tonbridge AC - B	10:49.7
3	S5	Sebastian Naughton	Sevenoaks AC	11:23.2
4	G5	James Carney	Central Park Athletics	12:15.5
5	P5	Robert Bowie	Paddock Wood AC	12:30.8
6	B5	Gary Witt (M60)	Bexley AC	13:44.1

M50 Pole Vault

1	S5	Oloff Van Zyl (M55)	Sevenoaks AC	2.60
2	B5	Philip Hawkins	Bexley AC	2.60
3	P5	Mark Woods (M60)	Paddock Wood AC	2.00
	N5	Wilford Wilks (M55)	Tonbridge AC - B	nm

M50 Hammer

1	B5	Graham Holder	Bexley AC	49.27
2	J5	Simon Powell (M55)	Bromley Vets	19.63
3	N5	Wilford Wilks (M55)	Tonbridge AC - B	18.19
4	G5	Stephen Burgess	Central Park Athletics	9.91
5	S5	Gary Walsh (M55)	Sevenoaks AC	7.96

M50 Triple Jump

1	N5	Wilford Wilks (M55)	Tonbridge AC - B	9.57
2	B5	Philip Hawkins	Bexley AC	8.50
3	S5	Sebastian Naughton	Sevenoaks AC	8.38
4	P5	Mark Woods (M60)	Paddock Wood AC	7.88
5	G5	Paul Cheeseman	Central Park Athletics	7.46
6	J5	Gavin Kitchingham (M55)	Bromley Vets	6.49

M60 3000m

1	N6	Philip Coleman	Tonbridge AC - B	10:59.6
2	S6	Keith Dowson	Sevenoaks AC	11:02.6
3	J6	Peter Johnson	Bromley Vets	11:03.0
4	P6	David Sampson	Paddock Wood AC	11:27.0
5	G6	Anthony Durey	Central Park Athletics	11:36.6
	B6	Raymond Ringwood (M65)	Bexley AC	dnf

M60 Hammer

1	B6	Peter Hawney (M70)	Bexley AC	20.08
2	P6	Mark Woods	Paddock Wood AC	19.87
3	G6	Alex Valentino	Central Park Athletics	15.51
4	S6	Neil Haggertay	Sevenoaks AC	14.33
5	J6	Tony Unseld (M75)	Bromley Vets	12.06

Match Details

1	Tonbridge AC - B	6	63	1	Tonbridge AC - B	30	321.5
2	Bromley Vets	5	57	2	Bromley Vets	21.5	268
3	Bexley AC	4	52	3	Bexley AC	21	266.5
4	Central Park Athletics	2.5	45	4	Central Park Athletics	14.5	227
4	Sevenoaks AC	2.5	45	5	Sevenoaks AC	13	207
6	Paddock Wood AC	1	27	6	Paddock Wood AC	5	142

SCVAC LEAGUE - KENT DIVISIONS - Tonbridge School, Tonbridge 12/07/2024

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	D3	Kat Sutton	Dartford Harriers AC	57.6
2	T3	Bethan Armory (W40)	Tonbridge AC - A	65.4
3	M3	Chloe Hammond (W40)	Medway & Maidstone AC	70.4
4	F3	Aurelia Osborne (W45)	Blackheath & Bromley H AC	73.5
5	C3	Sophie Johnson	Cambridge Harriers	75.1
6	B3	Sarah Dodds (W45)	Bexley AC	131.4

1	D4	Hannah Carson	Dartford Harriers AC	67.1
2	M4	Karen Cudmore (W50)	Medway & Maidstone AC	67.8
3	T4	Charlotte Warren	Tonbridge AC - A	71.0
4	F4	Sarah Belaon (W40)	Blackheath & Bromley H AC	78.2
5	B4	Wendy Prowse (W45)	Bexley AC	85.8
6	C4	Rose Baker (W60)	Cambridge Harriers	133.6

W35 3000m

1	F3	Andrea Clement (W40)	Blackheath & Bromley H AC	9:47.4
2	T3	Nichola Evans (W40)	Tonbridge AC - A	10:44.4
3	D3	Tereza Grainger-Francova (W40)	Dartford Harriers AC	11:22.1
4	M3	Chloe Hammond (W40)	Medway & Maidstone AC	11:35.3
5	C3	Sophie Johnson	Cambridge Harriers	12:19.7
6	B3	Beata Kubala-Todd (W45)	Bexley AC	12:41.0

1	T4	Claire Day (W40)	Tonbridge AC - A	11:27.7
2	F4	Aurelia Osborne (W45)	Blackheath & Bromley H AC	12:17.2
3	M4	Karen Cudmore (W50)	Medway & Maidstone AC	12:22.5
4	D4	Anna Cleary (W40)	Dartford Harriers AC	12:34.2
5	B4	Kirsty McEwen	Bexley AC	13:33.3
6	C4	Lisa Atkinson (W50)	Cambridge Harriers	14:12.8

4x400m Relays

1	D3	Dartford Harriers AC	Hannah Carson, Jane Crawley (W45), Tereza Grainger-Francova (W40), Kat Sutton	4:26.6
2	T3	Tonbridge AC - A	Bethan Armory (W40), Charlotte Warren, Lisa Knight (W50), Nina Ridge (W50)	4:35.9
3	M3	Medway & Maidstone AC	Bernadette Harrop (W50), Kerstin Sung (W50), Karen Cudmore (W50), Chloe Hammond (W40)	4:52.7
4	F3	Blackheath & Bromley H AC	Aurelia Osborne (W45), Sarah Belaon (W40), Ashley Pearson (W50), Jacqueline Montgomery (W60)	5:20.1
5	C3	Cambridge Harriers	Julie Backley (W50), Rose Baker (W60), Lisa Atkinson (W50), Sophie Johnson	5:42.3
6	B3	Bexley AC	Sarah Dodds (W45), Beata Kubala-Todd (W45), Kirsty McEwen, Wendy Prowse (W45)	6:06.6

W35 High Jump

1	D3	Hannah Carson	Dartford Harriers AC	1.25
2	C3	Sophie Johnson	Cambridge Harriers	1.20
3	M3	Rachel Hicks	Medway & Maidstone AC	1.15
4	T3	Sarah Westrap (W45)	Tonbridge AC - A	1.15
5	B3	Sarah Dodds (W45)	Bexley AC	1.05

W35 Triple Jump

1	T3	Sarah Westrap (W45)	Tonbridge AC - A	7.49
2	M3	Catherine Rodwell	Medway & Maidstone AC	7.19
3	B3	Sarah Dodds (W45)	Bexley AC	7.14
4	C3	Joanna Parke (W45)	Cambridge Harriers	nm

W35 Hammer

1	C3	Natalie Mann	Cambridge Harriers	34.90
2	T3	Charlotte Nicholls	Tonbridge AC - A	28.18
3	M3	Catherine Rodwell	Medway & Maidstone AC	23.74
4	B3	Sarah Dodds (W45)	Bexley AC	17.70
5	D3	Kirstie Cooper (W45)	Dartford Harriers AC	15.40
6	F3	Jacqueline Montgomery (W60)	Blackheath & Bromley H AC	12.78

W50 400m

1	F5	Ashley Pearson	Blackheath & Bromley H AC	71.0
2	T5	Lisa Knight	Tonbridge AC - A	71.5
3	M5	Bernadette Harrop	Medway & Maidstone AC	75.3
4	C5	Lisa Atkinson	Cambridge Harriers	79.2
5	D5	Amanda Wolfe (W55)	Dartford Harriers AC	84.8
6	B5	Christine Pates (W60)	Bexley AC	97.6

W50 3000m

1	T5	Maria Heslop (W55)	Tonbridge AC - A	10:54.1
2	M5	Kerstin Sung	Medway & Maidstone AC	11:14.9
3	F5	Ashley Pearson	Blackheath & Bromley H AC	11:53.3
4	C5	Julie Backley	Cambridge Harriers	12:11.5
5	B5	Victoria Ringwood (W55)	Bexley AC	16:55.2

W50 High Jump

1	C5	Christine Bond (W60)	Cambridge Harriers	1.25
2	T5	Nina Ridge	Tonbridge AC - A	1.20
3	B5	Christine Pates (W60)	Bexley AC	1.10
4	M5	Karen Cudmore	Medway & Maidstone AC	1.05
5	F5	Jacqueline Montgomery (W60)	Blackheath & Bromley H AC	1.05

W50 Triple Jump

1	T5	Nina Ridge	Tonbridge AC - A	8.58
2	M5	Karen Cudmore	Medway & Maidstone AC	7.33
3	F5	Jacqueline Montgomery (W60)	Blackheath & Bromley H AC	6.78

W50 Hammer

1	T5	Sally Vine (W60)	Tonbridge AC - A	25.38
2	B5	Amanda Holder	Bexley AC	23.77
3	F5	Ashley Pearson	Blackheath & Bromley H AC	18.08
4	M5	Amanda Edgley-Pearce	Medway & Maidstone AC	17.17
5	D5	Gillian Skellon (W60)	Dartford Harriers AC	15.04
6	C5	Christine Bond (W60)	Cambridge Harriers	11.31

W60 3000m

1	C6	Rose Baker	Cambridge Harriers	12:34.3
2	F6	Jacqueline Montgomery	Blackheath & Bromley H AC	15:34.7
3	M6	Jacqueline Hunter	Medway & Maidstone AC	16:05.7
4	D6	Julie Hibbard	Dartford Harriers AC	17:52.9

W60 Triple Jump

1	B6	Christine Pates	Bexley AC	5.97
2	F6	Anne Cilia (W65)	Blackheath & Bromley H AC	5.39
3	D6	Julie Hibbard	Dartford Harriers AC	4.04

Match Details

	Mt Pts	Pts
1 Tonbridge AC - A	6	67
2 Medway & Maidstone AC	5	57
3 Blackheath & Bromley H AC	4	51
4 Dartford Harriers AC	3	44
5 Cambridge Harriers	2	38
6 Bexley AC	1	34

Overall Details

	Tot Mt Pts	Tot Pts
1 Tonbridge AC - A	30	314
2 Blackheath & Bromley H AC	20	233
3 Medway & Maidstone AC	17	230
4 Dartford Harriers AC	16	217
5 Cambridge Harriers	16	211
6 Bexley AC	6	161

SCVAC LEAGUE - KENT DIVISIONS - Tonbridge School, Tonbridge 12/07/2024

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	S3	Rebecca Pickard (W45)	Sevenoaks AC	67.5
2	N3	Suzanne Bachelor (W45)	Tonbridge AC - B	70.6
3	J3	Sarah King (W45)	Bromley Vets	71.5
4	P3	Jacqueline O'Reilly	Paddock Wood AC	72.0
5	A3	Georgiana Robitu	Ashford AC	80.7
6	G3	Coralie Charles	Central Park Athletics	83.3

1	A4	Emily Griffiths	Ashford AC	79.9
2	G4	Caroline Curtis (W55)	Central Park Athletics	84.9
3	N4	Selina Hawker (W45)	Tonbridge AC - B	85.6
4	J4	Tracey Simmons (W45)	Bromley Vets	98.3

W35 3000m

1	S3	Nicolene Hanekom (W45)	Sevenoaks AC	10:20.9
2	N4	Harriet Woolley	Tonbridge AC - B	11:23.1
3	A3	Georgiana Robitu	Ashford AC	12:28.6
4	G3	Coralie Charles	Central Park Athletics	12:56.4

1	N3	Elizabeth Owen (W45)	Tonbridge AC - B	11:33.5
2	A4	Emily Griffiths	Ashford AC	13:12.3

4x400m Relays

1	A3	Ashford AC	Georgiana Robitu, Jenny Brown (W65), Emily Griffiths, Jenny Wilton (W50)	5:27.9
2	N3	Tonbridge AC - B	Suzanne Bachelor (W45), Selina Hawker (W45), Diane Wright (W50), Theresa White (W55)	5:34.8
3	G3	Central Park Athletics	Caroline Curtis (W55), Coralie Charles, Denise Rose (W60), Eden Summers (W60)	6:06.4
4	J3	Bromley Vets	Tracey Simmons (W45), Rowena Kibblewhite (W50), Anne Unseld (W75), Sarah King (W45)	6:13.9

W35 High Jump

1	J3	Sarah King (W45)	Bromley Vets	1.20
2	N3	Suzanne Bachelor (W45)	Tonbridge AC - B	1.05

W35 Triple Jump

1	N3	Selina Hawker (W45)	Tonbridge AC - B	6.16
2	J3	Tracey Simmons (W45)	Bromley Vets	5.60

W35 Hammer

1	A3	Charlotte Button	Ashford AC	23.52
2	N3	Helen Wrigley (W45)	Tonbridge AC - B	18.32
3	P3	Elizabeth Bignell (W40)	Paddock Wood AC	18.29
4	G3	Lindsay Lenihan	Central Park Athletics	15.34
5	J3	Tracey Simmons (W45)	Bromley Vets	12.66

W50 400m

1	N5	Diane Wright	Tonbridge AC - B	75.4
2	A5	Jenny Brown (W65)	Ashford AC	75.9
3	G5	Eden Summers (W60)	Central Park Athletics	93.6

W50 3000m

1	A5	Jenny Wilton	Ashford AC	12:37.2
2	G5	Caroline Curtis (W55)	Central Park Athletics	13:17.6
3	N5	Grazia Manzotti (W55)	Tonbridge AC - B	13:32.0
4	J5	Rowena Kibblewhite	Bromley Vets	13:56.5

W50 High Jump

1	G5	Eden Summers (W60)	Central Park Athletics	1.10
2	A5	Jenny Brown (W65)	Ashford AC	1.00

W50 Triple Jump

1	G5	Eden Summers (W60)	Central Park Athletics	6.63
---	----	--------------------	------------------------	------

W50 Hammer

1	A5	Jenny Brown (W65)	Ashford AC	16.56
2	G5	Katrina Ashmore	Central Park Athletics	15.02
3	J5	Shirley Wheeler (W55)	Bromley Vets	14.61

W60 3000m

1	G6	Denise Rose	Central Park Athletics	14:25.2
2	A6	Jenny Brown (W65)	Ashford AC	14:48.9
3	J6	Anne Unseld (W75)	Bromley Vets	16:57.2

W60 Triple Jump

1	A6	Jenny Brown (W65)	Ashford AC	7.60
---	----	-------------------	------------	------

Match Details

	Mt Pts	Pts
1 Ashford AC	6	62
2 Tonbridge AC - B	5	51
3 Central Park Athletics	4	48
4 Bromley Vets	3	34
5 Sevenoaks AC	2	12
6 Paddock Wood AC	1	7

Overall Details

	Tot Mt Pts	Tot Pts
1 Central Park Athletics	25	273
2 Ashford AC	23	246
3 Tonbridge AC - B	23	223
4 Bromley Vets	18	196
5 Paddock Wood AC	9	88
6 Sevenoaks AC	6	41