

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

### M35 100m

w/s +2.2

1	13	Dean Showler-Davis (M40)	Basingstoke	11.44
2	63	Steven Tester (M40)	Tonbridge	11.59
3	23	Steven Foy (M40)	Dartford	12.29
4	43	Michael Barough (M45)	Oxford City	12.44
5	33	Sam Malekout (M40)	Ilford	12.64
6	53	Bartosz Porzuczek (M40)	Serpentine	12.66
7	73	Oswaldo Spadano (M50)	Wimbledon	14.03

### M35 200m

w/s +2.1

1	13	Dean Showler-Davis (M40)	Basingstoke	22.94
2	63	Steven Tester (M40)	Tonbridge	23.28
3	43	Michael Barough (M45)	Oxford City	24.97
4	53	Bartosz Porzuczek (M40)	Serpentine	25.21
5	23	Steven Foy (M40)	Dartford	25.26
6	33	Akwasi Nkrumah (M40)	Ilford	26.66
7	73	Oswaldo Spadano (M50)	Wimbledon	28.92

### M35 400m

1	63	Steven Tester (M40)	Tonbridge	54.31
2	53	Bartosz Porzuczek (M40)	Serpentine	56.32
3	23	Adam Bernard	Dartford	57.09
4	43	Duncan Lawrence	Oxford City	58.01
5	13	Alan Lee (M45)	Basingstoke	58.83
6	33	Akwasi Nkrumah (M40)	Ilford	61.44
7	73	Nishant Pandit (M40)	Wimbledon	61.88

### M35 800m

1	63	Tom Richards	Tonbridge	2:09.27
2	13	Ben Hazell	Basingstoke	2:10.22
3	23	Stuart Waterman (M45)	Dartford	2:11.08
4	53	Nicola Barberis Negra (M40)	Serpentine	2:22.99
5	33	Akwasi Nkrumah (M40)	Ilford	2:25.50
6	43	Michael Garry (M45)	Oxford City	2:29.68
7	73	Jim Carrington (M45)	Wimbledon	2:30.74

### M35 1500m

1	43	Duncan Lawrence	Oxford City	4:20.87
2	73	Joe Clark (M40)	Wimbledon	4:29.23
3	63	Craig Halsey (M45)	Tonbridge	4:35.83
4	13	Alexander Hamilton (M45)	Basingstoke	4:41.50
5	34	Malcolm Muir (M50)	Ilford	4:49.14
6	54	Nicola Barberis Negra (M40)	Serpentine	4:51.82
7	23	Chris Biddle (M40)	Dartford	4:56.82

### M35 3000m

1	63	Ben Cole	Tonbridge	8:49.68
2	43	Duncan Lawrence	Oxford City	9:16.16
3	73	Joe Clark (M40)	Wimbledon	9:42.29
4	13	Tony Parker	Basingstoke	10:06.81
5	53	Michele Bottone (M45)	Serpentine	10:10.00
6	23	Stuart Waterman (M45)	Dartford	10:18.32
7	34	Malcolm Muir (M50)	Ilford	10:27.06

### M35 2000m Walks

1	33	Steve Crane (M40)	Ilford	11:16.03
2	43	Graham Chapman (M65)	Oxford City	11:35.12
3	63	Mark Pitcairn-Knowles (M55)	Tonbridge	12:44.45
4	53	Nicola Barberis Negra (M40)	Serpentine	13:00.17
5	73	Mark Andrews	Wimbledon	13:02.61
6	13	Mark Norris (M50)	Basingstoke	15:26.28
7	23	Mark Vrijmoed (M45)	Dartford	16:56.64

B String				
Pos	Club	Athlete	Club	Perf

w/s +2.1

1	14	Neil Barton (M40)	Basingstoke	11.86
2	64	Benjamin Richardson	Tonbridge	12.18
3	44	Kevin Brooker (M50)	Oxford City	12.49
4	24	Adam Bernard	Dartford	12.80
5	34	Akwasi Nkrumah (M40)	Ilford	13.24
6	54	Tom McKelvey (M50)	Serpentine	13.25
7	74	Nishant Pandit (M40)	Wimbledon	13.32

w/s +2.9

1	64	Benjamin Richardson	Tonbridge	24.52
2	14	Jonathan Elderfield	Basingstoke	25.02
3	24	Adam Bernard	Dartford	25.25
4	44	Kevin Brooker (M50)	Oxford City	26.09
5	74	Nishant Pandit (M40)	Wimbledon	26.63
6	34	Chris Scott (M45)	Ilford	26.81
7	54	Chris Notton (M45)	Serpentine	31.52

1	64	Tom Richards	Tonbridge	55.45
2	14	Jonathan Elderfield	Basingstoke	56.82
3	24	Stuart McNally (M45)	Dartford	57.04
4	44	Michael Barough (M45)	Oxford City	58.61
5	34	Chris Scott (M45)	Ilford	60.16
6	54	Tom McKelvey (M50)	Serpentine	65.50
7	74	Oswaldo Spadano (M50)	Wimbledon	67.33

1	24	Stuart McNally (M45)	Dartford	2:14.59
2	64	Craig Halsey (M45)	Tonbridge	2:17.87
3	34	Chris Scott (M45)	Ilford	2:19.57
4	14	Alan Lee (M45)	Basingstoke	2:25.17
5	44	Julian Richardson (M55)	Oxford City	2:28.44
6	74	Simon Woodley (M45)	Wimbledon	2:29.91
7	54	Chris Notton (M45)	Serpentine	2:34.41

1	64	Tom Woolley (M40)	Tonbridge	4:41.06
2	14	Andy Goddard (M45)	Basingstoke	4:53.19
3	33	Fabrizio Stefanoni (M50)	Ilford	4:59.55
4	24	Chris Turner (M55)	Dartford	5:00.82
5	44	Vladimir Kralik (M40)	Oxford City	5:02.45
6	53	Michele Bottone (M45)	Serpentine	5:03.93
7	74	Simon Woodley (M45)	Wimbledon	5:04.61

1	64	Daniel Bradley	Tonbridge	9:17.25
2	44	Maxwell Robinson	Oxford City	9:32.21
3	14	Alexander Hamilton (M45)	Basingstoke	10:22.20
4	33	Fabrizio Stefanoni (M50)	Ilford	10:34.58
5	24	Chris Biddle (M40)	Dartford	10:36.44
6	74	Jim Carrington (M45)	Wimbledon	10:48.58
7	54	Chris Notton (M45)	Serpentine	10:54.22

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### 4x100m Relays

1	63	Tonbridge	Stephen Daly (M50),Steven Tester (M40),Mark McAllister (M50),Benjamin Richardson	48.32
2	13	Basingstoke	Ben Hazell,Jonathan Elderfield,Neil Barton (M40),Loba Olopade (M45)	48.51
3	23	Dartford	Mark Vrijmoed (M45),Steven Foy (M40),Adam Bernard,Stuart McNally (M45)	50.38
4	73	Wimbledon	Stuart White (M60),Paul Lorimer-Wing (M45),Nishant Pandit (M40),Mark White (M55)	53.73
5	53	Serpentine	Jeremy Freer (M50),Bartosz Porzuczek (M40),Stuart Leigh (M60),Tom McKelvey (M50)	54.24
6	43	Oxford City	Michael Barough (M45),David Crouch (M75),Nigel Whiting (M55),Christopher Padmore (M70)	55.02
7	33	Ilford	Henry Ricketts (M55),Michael Osunsami (M55),Chris Scott (M45),Akwasi Nkrumah (M40)	56.15

### 4x400m Relays

1	23	Dartford	Mark Vrijmoed (M45),Adam Bernard,Reuben Burford (M50),Stuart McNally (M45)	3:58.36
2	63	Tonbridge	Mark Jessup (M55),Benjamin Richardson,Mark McAllister (M50),Steven Tester (M40)	4:00.11
3	13	Basingstoke	Jonathan Elderfield,Neil Barton (M40),Alan Lee (M45),Andy Goddard (M45)	4:06.99
4	43	Oxford City	Michael Barough (M45),Duncan Lawrence,Maxwell Robinson,Nigel Whiting (M55)	4:11.21
5	53	Serpentine	Jeremy Freer (M50),Bartosz Porzuczek (M40),Stuart Leigh (M60),Tom McKelvey (M50)	4:12.06
6	33	Ilford	Akwasi Nkrumah (M40),Michael Osunsami (M55),Chris Scott (M45),Fabrizio Stefanoni (M50)	4:18.11
7	73	Wimbledon	Osvaldo Spadano (M50),Nishant Pandit (M40),Matt de Freitas (M55),Stuart White (M60)	4:20.71

### M35 High Jump

1	13	Ben Hazell	Basingstoke	1.60
2	73	Mark Andrews	Wimbledon	1.50
3	53	Matthew Williams (M45)	Serpentine	1.40
4	23	Chris Biddle (M40)	Dartford	1.40
5	63	Stephen Daly (M50)	Tonbridge	1.35
6	33	Henry Ricketts (M55)	Ilford	1.30
7	43	Nigel Whiting (M55)	Oxford City	1.20

### M35 Pole Vault

1	63	Luke Williams	Tonbridge	3.50
2	13	Ben Hazell	Basingstoke	2.80
3	23	Richard Nash (M45)	Dartford	2.20
4	73	Mark Andrews	Wimbledon	2.20
5	43	Nigel Whiting (M55)	Oxford City	2.00
6	33	Sam Malekout (M40)	Ilford	1.90
	53	Stuart Leigh (M60)	Serpentine	nm

### M35 Long Jump

1	13	Neil Barton (M40)	Basingstoke	6.42
2	63	Benjamin Richardson	Tonbridge	5.39
3	73	Paul Lorimer-Wing (M45)	Wimbledon	5.09
4	33	Sam Malekout (M40)	Ilford	5.07
5	23	Mark Vrijmoed (M45)	Dartford	4.82
6	53	Jeremy Freer (M50)	Serpentine	3.69
7	43	Anthony Palman-Brown (M55)	Oxford City	3.35

### M35 Triple Jump

1	13	Neil Barton (M40)	Basingstoke	11.39
2	33	Akwasi Nkrumah (M40)	Ilford	10.81
3	73	Mark Andrews	Wimbledon	10.68
4	23	Mark Vrijmoed (M45)	Dartford	10.03
5	53	Stuart Leigh (M60)	Serpentine	9.35
6	43	Nigel Whiting (M55)	Oxford City	8.88
7	63	Mark McAllister (M50)	Tonbridge	8.78

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### M35 Shot Putt

1	43	Stephen McCauley (M50)	Oxford City	12.92
2	13	John Dickinson (M40)	Basingstoke	10.97
3	23	Richard Nash (M45)	Dartford	8.87
4	73	Mark Andrews	Wimbledon	8.79
5	63	Milton McNichol Jr (M50)	Tonbridge	8.01
6	33	Sam Malekout (M40)	Ilford	7.36
7	53	Nicola Barberis Negra (M40)	Serpentine	4.89

### M35 Discus

1	13	John Dickinson (M40)	Basingstoke	32.63
2	73	Mark Andrews	Wimbledon	29.83
3	23	Richard Nash (M45)	Dartford	28.94
4	33	Sam Malekout (M40)	Ilford	26.26
5	63	Milton McNichol Jr (M50)	Tonbridge	21.33
6	43	Gary Walter (M50)	Oxford City	19.36
7	53	Nicola Barberis Negra (M40)	Serpentine	11.38

### M35 Hammer

1	43	Stephen McCauley (M50)	Oxford City	38.05
2	13	John Dickinson (M40)	Basingstoke	31.69
3	23	Scott Harvey (M50)	Dartford	27.82
4	73	Mark Andrews	Wimbledon	24.26
5	63	Milton McNichol Jr (M50)	Tonbridge	19.34
6	53	Nicola Barberis Negra (M40)	Serpentine	12.21
7	33	Sam Malekout (M40)	Ilford	10.97

### M35 Javelin

1	13	John Dickinson (M40)	Basingstoke	37.47
2	33	Sam Malekout (M40)	Ilford	36.31
3	23	Richard Nash (M45)	Dartford	32.24
4	63	Mark McAllister (M50)	Tonbridge	31.94
5	73	Mark Andrews	Wimbledon	31.89
6	43	Michael Barough (M45)	Oxford City	30.99
7	53	Stuart Leigh (M60)	Serpentine	22.23

### M50 100m

w/s +1.3

1	25	Richard Brooks	Dartford	12.14
2	65	Mark McAllister	Tonbridge	12.28
3	75	Mark White (M55)	Wimbledon	13.27
4	15	Vincent Elie (M60)	Basingstoke	13.35
5	45	Nigel Whiting (M55)	Oxford City	13.38
6	55	Jeremy Freer	Serpentine	13.83
7	35	Michael Osunsami (M55)	Ilford	15.25

### M50 200m

w/s +3.5

1	25	Richard Brooks	Dartford	24.84
2	65	Wilford Floyd Wilks (M55)	Tonbridge	25.89
3	15	Vincent Elie (M60)	Basingstoke	26.28
4	45	Nigel Whiting (M55)	Oxford City	27.54
5	55	Jeremy Freer	Serpentine	28.21
6	75	Stuart White (M60)	Wimbledon	28.65
7	35	Michael Osunsami (M55)	Ilford	29.12

### M50 400m

1	25	Richard Brooks	Dartford	58.33
2	45	Kevin Brooker	Oxford City	60.45
3	65	Mark Jessup (M55)	Tonbridge	60.53
4	15	Vincent Elie (M60)	Basingstoke	61.13
5	75	Matt de Freitas (M55)	Wimbledon	62.93
6	55	Jeremy Freer	Serpentine	65.20
7	35	Michael Osunsami (M55)	Ilford	66.34

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### M50 800m

1	75	Matt de Freitas (M55)	Wimbledon	2:16.16
2	65	Nicholas Arnott	Tonbridge	2:19.14
3	25	Reuben Burford	Dartford	2:20.67
4	35	Fabrizio Stefanoni	Ilford	2:25.90
5	55	Roger Reid (M55)	Serpentine	2:32.69
6	45	Carl Gaden (M60)	Oxford City	2:36.15
7	15	Terry Wegg (M55)	Basingstoke	2:53.59

### M50 1500m

1	75	Matt de Freitas (M55)	Wimbledon	4:38.60
2	65	Ben Reynolds (M60)	Tonbridge	4:40.51
3	25	Reuben Burford	Dartford	4:51.67
4	45	Marcus Hill	Oxford City	5:07.14
5	15	Ian Thompson	Basingstoke	5:14.95
6	55	Roger Reid (M55)	Serpentine	5:16.75
7	35	Neil Crisp (M60)	Ilford	5:37.97

### M50 3000m

1	25	Chris Turner (M55)	Dartford	10:40.20
2	65	John Madden	Tonbridge	10:41.91
3	45	Marcus Hill	Oxford City	10:45.98
4	55	Roger Reid (M55)	Serpentine	11:08.72
5	75	Andrew Davies	Wimbledon	11:21.08
6	35	Neil Crisp (M60)	Ilford	11:44.19
7	15	Mark Norris	Basingstoke	11:52.67

### M50 2000m Walk

1	35	Steve Uttley (M65)	Ilford	12:08.17
2	65	Richard Christian (M55)	Tonbridge	13:08.15
3	45	Trevor Dixon (M65)	Oxford City	13:17.62
4	15	Terry Wegg (M55)	Basingstoke	13:34.16
5	55	Alex Malzer	Serpentine	14:27.32
6	25	David King (M55)	Dartford	16:56.57
7	75	Mike Forder (M70)	Wimbledon	19:04.40

### M50 High Jump

1	65	Wilford Floyd Wilks (M55)	Tonbridge	1.50
2	15	Rafer Joseph (M55)	Basingstoke	1.45
3	55	Tom McKelvey	Serpentine	1.40
4	35	Michael Osunsami (M55)	Ilford	1.25
5	45	Anthony Palman-Brown (M55)	Oxford City	1.20
	75	Jeremy Purnell (M55)	Wimbledon	nm
	25	Mark Kybert (M60)	Dartford	nm

### M50 Pole Vault

1	65	Ian Crawley (M60)	Tonbridge	3.10
2	15	Rafer Joseph (M55)	Basingstoke	3.00
3	45	Anthony Palman-Brown (M55)	Oxford City	2.10
4	25	Gary Capon (M60)	Dartford	2.00
5	75	Dave Orchard (M60)	Wimbledon	1.80
6	55	Anthony McGahan (M70)	Serpentine	1.70
	35	Peter Whiting (M60)	Ilford	nm

### M50 Long Jump

1	55	Tom McKelvey	Serpentine	5.32
2	15	Andy McCrum (M65)	Basingstoke	4.88
3	65	Stephen Daly	Tonbridge	4.68
4	35	Henry Ricketts (M55)	Ilford	4.64
5	25	Gary Capon (M60)	Dartford	4.45
6	45	Nigel Whiting (M55)	Oxford City	4.33
7	75	Matt de Freitas (M55)	Wimbledon	3.55

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### M50 Triple Jump

1	55	Tom McKelvey	Serpentine	10.15
2	65	Stephen Daly	Tonbridge	9.73
3	15	Andy McCrum (M65)	Basingstoke	9.17
4	25	Gary Capon (M60)	Dartford	9.07
5	75	Lee Regan	Wimbledon	8.83
6	35	Henry Ricketts (M55)	Ilford	8.82
7	45	David Crouch (M75)	Oxford City	5.69

### M50 Shot Putt

1	15	Rafer Joseph (M55)	Basingstoke	12.50
2	65	Mark McAllister	Tonbridge	9.84
3	45	Gary Walter	Oxford City	9.51
4	25	Scott Harvey	Dartford	8.63
5	75	Dave Orchard (M60)	Wimbledon	8.55
6	35	Henry Ricketts (M55)	Ilford	8.34
7	55	Alex Malzer	Serpentine	7.41

### M50 Discus

1	45	Stephen McCauley	Oxford City	46.41
2	15	Rafer Joseph (M55)	Basingstoke	45.64
3	65	Christopher Leach	Tonbridge	33.23
4	25	Stephen Talbot (M55)	Dartford	31.29
5	35	Henry Ricketts (M55)	Ilford	25.41
6	55	Alex Malzer	Serpentine	21.03
7	75	Jeremy Purnell (M55)	Wimbledon	18.24

### M50 Hammer

1	15	Rafer Joseph (M55)	Basingstoke	32.95
2	25	Stephen Talbot (M55)	Dartford	31.88
3	65	Christopher Leach	Tonbridge	29.33
4	45	Gary Walter	Oxford City	27.74
5	75	Dave Orchard (M60)	Wimbledon	21.71
6	35	Peter Whiting (M60)	Ilford	17.28
7	55	Alex Malzer	Serpentine	16.53

### M50 Javelin

1	15	Rafer Joseph (M55)	Basingstoke	37.23
2	45	Stephen McCauley	Oxford City	33.41
3	65	Mark Jessup (M55)	Tonbridge	31.61
4	75	Lee Regan	Wimbledon	27.68
5	35	Henry Ricketts (M55)	Ilford	24.11
6	25	Gary Capon (M60)	Dartford	22.21
7	55	Alex Malzer	Serpentine	16.58

### M60 100m

w/s +1.8

1	16	Andy McCrum (M65)	Basingstoke	13.26
2	46	Christopher Padmore (M70)	Oxford City	13.91
3	76	Stuart White	Wimbledon	14.05
4	56	Stuart Leigh	Serpentine	14.07
5	36	James Lambden	Ilford	14.62
6	26	Terry Gibbs	Dartford	14.82
7	66	Iain Presnell (M65)	Tonbridge	15.73

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### M60 400m

1	16	Andrew Waddington	Basingstoke	61.30
2	26	Colin Bates	Dartford	62.66
3	56	Stuart Leigh	Serpentine	65.90
4	76	Stuart White	Wimbledon	68.00
5	46	Christopher Padmore (M70)	Oxford City	68.25
6	66	Philip Coleman	Tonbridge	70.96
7	36	James Lambden	Ilford	73.33

### M60 1500m

1	66	Philip Coleman	Tonbridge	5:10.77
2	46	Carl Gaden	Oxford City	5:21.51
3	26	Mark Kybert	Dartford	5:21.52
4	76	Charles Hampden-Smith	Wimbledon	5:23.41
5	36	David Butler (M70)	Ilford	5:25.36
6	16	Ray Gartland	Basingstoke	5:32.21
7	56	Andrew Maynard	Serpentine	5:58.45

### M60 3000m

1	66	Ben Reynolds	Tonbridge	10:00.29
2	56	Kevin Murray (M65)	Serpentine	11:07.51
3	46	Brian Green (M65)	Oxford City	11:11.59
4	16	Mark Slaney	Basingstoke	11:31.06
5	76	Richard Evans	Wimbledon	11:35.77
6	36	David Butler (M70)	Ilford	11:40.26
7	26	Colin Bates	Dartford	12:12.31

### M60 2000m Walk

1	46	Andrew Pritchard (M65)	Oxford City	13:41.63
2	16	Ray Gartland	Basingstoke	14:21.76
3	26	Mark Kybert	Dartford	14:27.51
4	36	Ernie Forsyth (M65)	Ilford	14:39.92
5	56	Andrew Maynard	Serpentine	15:11.93
	76	Tony Austin (M65)	Wimbledon	disq

### M60 High Jump

1	16	Andrew Waddington	Basingstoke	1.50
2	26	Gary Capon	Dartford	1.45
3	66	Ian Crawley	Tonbridge	1.40
4	56	Stuart Leigh	Serpentine	1.30
5	76	Dave Orchard	Wimbledon	1.15
6	36	James Lambden	Ilford	1.15
7	46	Alan Butler	Oxford City	1.10

### M60 Long Jump

1	66	Ian Crawley	Tonbridge	4.57
2	16	Andrew Waddington	Basingstoke	4.38
3	56	Stuart Leigh	Serpentine	4.29
4	36	James Lambden	Ilford	3.77
5	26	Mark Kybert	Dartford	3.45
6	76	Dave Orchard	Wimbledon	2.45

### M60 Shot Putt

1	26	John Fenton (M65)	Dartford	10.98
2	66	Ian Crawley	Tonbridge	10.63
3	16	Andy McCrum (M65)	Basingstoke	9.72
4	46	Robert Smith (M70)	Oxford City	7.46
5	76	Kevin Snelling	Wimbledon	6.82
6	56	Anthony McGahan (M70)	Serpentine	6.79

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### M60 Discus

1	66	Ian Crawley	Tonbridge	42.86
2	46	Alan Butler	Oxford City	32.05
3	76	Dave Orchard	Wimbledon	30.40
4	26	John Fenton (M65)	Dartford	30.33
5	16	Andrew Waddington	Basingstoke	27.57
6	36	Peter Whiting	Ilford	22.74
7	56	Anthony McGahan (M70)	Serpentine	19.25

### M60 Hammer

1	36	Wesley Clarke	Ilford	34.00
2	26	John Fenton (M65)	Dartford	25.58
3	16	Andrew Waddington	Basingstoke	22.96
4	46	Robert Smith (M70)	Oxford City	21.78
5	76	Kevin Snelling	Wimbledon	19.57
6	56	Anthony McGahan (M70)	Serpentine	18.08
7	66	Iain Presnell (M65)	Tonbridge	18.06

### M60 Javelin

1	26	John Fenton (M65)	Dartford	38.49
2	16	Andrew Waddington	Basingstoke	30.26
3	66	Ian Crawley	Tonbridge	30.01
4	46	Alan Butler	Oxford City	28.37
5	76	Dave Orchard	Wimbledon	26.82
6	36	Peter Whiting	Ilford	19.91
7	56	Anthony McGahan (M70)	Serpentine	16.81

### Match Details

1	Basingstoke
2	Tonbridge
3	Dartford
4	Oxford City
5	Wimbledon
6	Ilford
7	Serpentine

### Pts

261
261
217
198
151
140
134

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

### W35 100m

w/s -0.1

1	33	Emily Fry (W40)	Southampton	13.37
2	63	Bethan Armory (W45)	Tonbridge	13.66
3	43	Amy Jackson (W45)	Oxford City	14.09
4	73	Emilie Speaight (W40)	Wimbledon	14.26
5	13	Sian Stanton	Barnet and District	15.48
6	53	Rhiannon Needham (W40)	Serpentine	16.21

### W35 200m

w/s +1.0

1	33	Emily Fry (W40)	Southampton	27.73
2	63	Bethan Armory (W45)	Tonbridge	28.20
3	43	Amy Jackson (W45)	Oxford City	29.45
4	73	Emilie Speaight (W40)	Wimbledon	29.70
5	13	Sian Stanton	Barnet and District	32.62
6	53	Rhiannon Needham (W40)	Serpentine	32.98

### W35 400m

1	73	Victoria Johnston (W40)	Wimbledon	64.50
2	63	Bethan Armory (W45)	Tonbridge	66.73
3	43	Emma Paton (W45)	Oxford City	69.13
4	53	Lucy Hancock (W40)	Serpentine	70.16
5	13	Yllka Istrefi (W45)	Barnet and District	83.28

### W35 800m

1	33	Lucy Short	Southampton	2:28.05
2	73	Victoria Johnston (W40)	Wimbledon	2:33.86
3	63	Charlotte Warren	Tonbridge	2:39.75
4	43	Sarah Davies (W50)	Oxford City	2:42.39
5	53	Victoria Brown (W45)	Serpentine	2:51.53
6	13	Yllka Istrefi (W45)	Barnet and District	3:03.24

### W35 1500m

1	63	Nichola Evans (W40)	Tonbridge	5:08.59
2	73	Claire Grima (W45)	Wimbledon	5:10.07
3	43	Felicity Hannon	Oxford City	5:14.94
4	54	Maija Kozlova (W40)	Serpentine	5:33.74
5	13	Yllka Istrefi (W45)	Barnet and District	6:09.77
6	33	Rebecca Mulley (W40)	Southampton	6:46.58

### W35 3000m

1	43	Felicity Hannon	Oxford City	10:57.36
2	73	Claire Grima (W45)	Wimbledon	10:58.36
3	63	Nichola Evans (W40)	Tonbridge	11:06.53
4	53	Lucy Hancock (W40)	Serpentine	11:18.74
5	34	Nicci Bolinger (W50)	Southampton	12:39.51
6	13	Hoa Brown (W40)	Barnet and District	15:18.63

### W35 2000m Walks

1	73	Jacqueline Richardson (W50)	Wimbledon	13:39.80
2	33	Hannah Willson (W40)	Southampton	15:01.98
3	63	Selina Hawker (W45)	Tonbridge	15:51.47
4	13	Harriet O'Brein (W55)	Barnet and District	16:00.20

### 4x100m Relays

1	63	Tonbridge	Nina Ridge (W50),Bethan Armory (W45),Diane Wright (W55),Suzanne Bachelor (W45)	55.48
2	73	Wimbledon	Laura Wignall,Lisa Thomas (W55),Emilie Speaight (W40),Victoria Johnston (W40)	55.90
3	43	Oxford City	Amy Jackson (W45),Emma Paton (W45),Sarah Davies (W50),Popsie Wootten (W50)	60.06
4	33	Southampton	Janet Dickinson (W55),Suzanna Wise,Rebecca Mulley (W40),Janet Littlewood (W50)	68.51
5	53	Serpentine	Rhiannon Needham (W40),Colleen Renihan (W50),Hisayo Kawahara (W55),Mary Davies (W45)	72.01
6	13	Barnet and District	Mary Brown (W60),Sian Stanton,Geraldine Stapleton (W65),Tracey Deeks (W55)	72.64

B String				
Pos	Club	Athlete	Club	Perf

w/s -0.1

1	74	Laura Wignall	Wimbledon	14.06
2	64	Suzanne Bachelor (W45)	Tonbridge	14.48
3	44	Emma Paton (W45)	Oxford City	14.70
4	34	Rebecca Mulley (W40)	Southampton	16.85
5	54	Colleen Renihan (W50)	Serpentine	17.78
6	14	Tracey Deeks (W55)	Barnet and District	19.10

w/s +0.6

1	74	Laura Wignall	Wimbledon	28.80
2	44	Emma Paton (W45)	Oxford City	29.91
3	64	Sarah Westrap (W45)	Tonbridge	30.62
4	34	Rebecca Mulley (W40)	Southampton	36.30
5	14	Tracey Deeks (W55)	Barnet and District	40.35
6	54	Ruth Gledhill (W60)	Serpentine	49.93

1	74	Emilie Speaight (W40)	Wimbledon	66.46
2	64	Charlotte Warren	Tonbridge	69.84
3	54	Maija Kozlova (W40)	Serpentine	76.15
4	44	Kate Fitton (W45)	Oxford City	76.22
5	14	Anna Murray (W55)	Barnet and District	100.93

1	74	Gina Galbraith (W45)	Wimbledon	2:38.00
2	54	Maija Kozlova (W40)	Serpentine	2:42.31
3	64	Nicola Summerfield	Tonbridge	2:54.29
4	14	Ann Phillips (W45)	Barnet and District	3:27.86
5	44	Kate Fitton (W45)	Oxford City	dnf

1	74	Gina Galbraith (W45)	Wimbledon	5:20.50
2	53	Victoria Brown (W45)	Serpentine	5:44.20
3	64	Nicola Summerfield	Tonbridge	6:02.18
4	44	Kate Fitton (W45)	Oxford City	6:16.28
5	14	Ann Phillips (W45)	Barnet and District	7:02.16

1	74	Gina Galbraith (W45)	Wimbledon	11:24.30
2	64	Elizabeth Owen (W45)	Tonbridge	11:29.77
3	54	Victoria Brown (W45)	Serpentine	12:20.62
4	33	Hannah Willson (W40)	Southampton	13:44.09
5	44	Kate Fitton (W45)	Oxford City	13:59.30
6	14	Rosalind Thompson (W40)	Barnet and District	17:32.54

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### 4x400m Relays

1	73	Wimbledon	Laura Wignall, Lisa Thomas (W55), Emilie Speaight (W40), Victoria Johnston (W40)	4:30.65
2	63	Tonbridge	Suzanne Bachelor (W45), Bethan Armory (W45), Charlotte Warren, Nina Ridge (W50)	4:46.94
3	43	Oxford City	Emma Paton (W45), Amy Jackson (W45), Kate Fitton (W45), Popsie Wootten (W50)	5:00.98
4	53	Serpentine	Rhiannon Needham (W40), Jo Burkett (W50), Maija Kozlova (W40), Colleen Renihan (W50)	5:37.21
5	13	Barnet and District	Ann Phillips (W45), Anna Murray (W55), Hoa Brown (W40), Sian Stanton	6:32.01

### W35 High Jump

1	73	Teresa Bowden (W45)	Wimbledon	1.40
2	43	Jennifer Cottrill (W45)	Oxford City	1.25
3	63	Angie Crush (W45)	Tonbridge	1.10
3	33	Rebecca Mulley (W40)	Southampton	1.10
	13	Anna Murray (W55)	Barnet and District	nm

### W35 Pole Vault

1	63	Angie Crush (W45)	Tonbridge	2.20
2	73	Teresa Bowden (W45)	Wimbledon	1.80
3	33	Rebecca Mulley (W40)	Southampton	1.80

### W35 Long Jump

1	33	Emily Fry (W40)	Southampton	4.99
2	73	Teresa Bowden (W45)	Wimbledon	4.52
3	63	Sarah Westrap (W45)	Tonbridge	4.11
4	43	Amy Jackson (W45)	Oxford City	4.09
5	53	Rhiannon Needham (W40)	Serpentine	3.05
6	13	Tracey Deeks (W55)	Barnet and District	2.47

### W35 Triple Jump

1	73	Victoria Johnston (W40)	Wimbledon	8.55
2	63	Sarah Westrap (W45)	Tonbridge	8.19
3	33	Rebecca Mulley (W40)	Southampton	8.04
4	43	Jennifer Cottrill (W45)	Oxford City	7.88
5	53	Rhiannon Needham (W40)	Serpentine	6.29
6	13	Tracey Deeks (W55)	Barnet and District	5.46

### W35 Shot Putt

1	33	Catherine Holdsworth	Southampton	11.42
2	73	Teresa Bowden (W45)	Wimbledon	9.55
3	63	Charlotte Nicholls	Tonbridge	8.96
4	53	Mary Davies (W45)	Serpentine	6.27
5	13	Catherine Scott (W65)	Barnet and District	5.53
6	43	Sarah Davies (W50)	Oxford City	5.41

### W35 Discus

1	33	Suzanna Wise	Southampton	29.16
2	63	Charlotte Nicholls	Tonbridge	26.93
3	73	Teresa Bowden (W45)	Wimbledon	23.90
4	43	Sharon Hutchings (W50)	Oxford City	18.77
5	53	Mary Davies (W45)	Serpentine	15.74
6	13	Catherine Scott (W65)	Barnet and District	10.42

### W35 Hammer

1	33	Suzanna Wise	Southampton	38.55
2	63	Charlotte Nicholls	Tonbridge	32.60
3	73	Teresa Bowden (W45)	Wimbledon	20.92
4	43	Sharon Hutchings (W50)	Oxford City	20.66
5	53	Mary Davies (W45)	Serpentine	20.26
6	13	Catherine Scott (W65)	Barnet and District	8.80

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### W35 Javelin

1	33	Catherine Holdsworth	Southampton	31.74
2	73	Teresa Bowden (W45)	Wimbledon	25.78
3	63	Charlotte Nicholls	Tonbridge	22.99
4	43	Sarah Davies (W50)	Oxford City	13.63
5	53	Mary Davies (W45)	Serpentine	13.34
6	13	Catherine Scott (W65)	Barnet and District	7.24

### W50 100m

w/s +2.5

1	65	Diane Wright (W55)	Tonbridge	14.21
2	45	Popsie Wootten	Oxford City	14.38
3	75	Lisa Thomas (W55)	Wimbledon	14.80
4	35	Janet Dickinson (W55)	Southampton	15.52
5	15	Mary Brown (W60)	Barnet and District	16.28
6	55	Hisayo Kawahara (W55)	Serpentine	19.02

### W50 200m

w/s +0.6

1	45	Popsie Wootten	Oxford City	29.32
2	65	Diane Wright (W55)	Tonbridge	29.90
3	75	Lisa Thomas (W55)	Wimbledon	30.36
4	15	Mary Brown (W60)	Barnet and District	33.98
5	35	Janet Littlewood	Southampton	35.77
6	55	Colleen Renihan	Serpentine	36.76

### W50 400m

1	75	Lisa Thomas (W55)	Wimbledon	68.24
2	45	Popsie Wootten	Oxford City	71.46
3	65	Diane Wright (W55)	Tonbridge	78.36
4	35	Gisela Hoppe	Southampton	83.01
5	15	Mary Brown (W60)	Barnet and District	83.05
6	55	Hisayo Kawahara (W55)	Serpentine	88.51

### W50 800m

1	35	Janet Littlewood	Southampton	2:57.04
2	75	Vikki Filsell (W55)	Wimbledon	2:59.07
3	65	Grazia Manzotti (W55)	Tonbridge	3:01.13
4	55	Jo Burkett	Serpentine	3:03.01
5	45	Lisa Hogger	Oxford City	3:12.74
6	15	Anna Murray (W55)	Barnet and District	3:52.95

### W50 1500m

1	65	Maria Heslop (W55)	Tonbridge	5:16.54
2	45	Sarah Davies	Oxford City	5:37.98
3	75	Vikki Filsell (W55)	Wimbledon	5:56.82
4	55	Colleen Renihan	Serpentine	6:00.54
5	35	Janet Littlewood	Southampton	6:35.60
6	15	Anne Wood (W60)	Barnet and District	8:18.92

### W50 3000m

1	65	Maria Heslop (W55)	Tonbridge	11:10.21
2	75	Vikki Filsell (W55)	Wimbledon	12:26.31
3	55	Jo Burkett	Serpentine	12:38.82
4	45	Lisa Hogger	Oxford City	14:00.66
5	35	Janet Littlewood	Southampton	14:41.85
6	15	Rosamond De La Bertauche (W70)	Barnet and District	18:03.74

### W50 2000m Walk

1	65	Grazia Manzotti (W55)	Tonbridge	10:50.77
2	75	Estle Viljoen	Wimbledon	11:22.26
3	15	Julie Hawes (W55)	Barnet and District	17:53.46
4	35	Janet Littlewood	Southampton	17:59.81

# SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### W50 High Jump

1	65	Nina Ridge	Tonbridge	1.25
2	35	Janet Dickinson (W55)	Southampton	1.20
3	45	Gwyneth Hueter (W65)	Oxford City	1.10
4	75	Jacqueline Richardson	Wimbledon	1.10
5	55	Hisayo Kawahara (W55)	Serpentine	1.05
6	15	Pam Davenport	Barnet and District	1.00

### W50 Pole Vault

1	35	Janet Littlewood	Southampton	1.80
2	65	Nina Ridge	Tonbridge	1.30

### W50 Long Jump

1	65	Nina Ridge	Tonbridge	4.29
2	35	Janet Dickinson (W55)	Southampton	4.22
3	45	Gwyneth Hueter (W65)	Oxford City	3.12
4	75	Katherine Paterson	Wimbledon	2.73
5	15	Anna Murray (W55)	Barnet and District	2.65
6	55	Carole Wisdom (W65)	Serpentine	1.63

### W50 Triple Jump

1	65	Nina Ridge	Tonbridge	8.79
2	75	Katherine Paterson	Wimbledon	6.75
3	55	Camilla Allwood (W65)	Serpentine	6.03
4	35	Vicky Bright (W65)	Southampton	5.72
5	15	Anna Murray (W55)	Barnet and District	5.55

### W50 Shot Putt

1	65	Nina Ridge	Tonbridge	10.32
2	45	Sharon Hutchings	Oxford City	8.94
3	35	Janet Dickinson (W55)	Southampton	7.85
4	75	Jacqueline Richardson	Wimbledon	6.78
5	15	Pam Davenport	Barnet and District	6.17
6	55	Camilla Allwood (W65)	Serpentine	4.38

### W50 Discus

1	35	Janet Dickinson (W55)	Southampton	25.57
2	45	Jacqueline Cherry	Oxford City	24.81
3	65	Nina Ridge	Tonbridge	24.37
4	15	Pam Davenport	Barnet and District	16.37
5	75	Jacqueline Richardson	Wimbledon	14.70
6	55	Carole Wisdom (W65)	Serpentine	8.62

### W50 Hammer

1	65	Nina Ridge	Tonbridge	29.76
2	45	Jacqueline Cherry	Oxford City	25.93
3	15	Pam Davenport	Barnet and District	20.69
4	75	Jacqueline Richardson	Wimbledon	20.42
5	35	Janet Littlewood	Southampton	20.14

### W50 Javelin

1	35	Janet Dickinson (W55)	Southampton	25.63
2	65	Nina Ridge	Tonbridge	18.55
3	45	Sharon Hutchings	Oxford City	16.22
4	15	Pam Davenport	Barnet and District	13.58
5	75	Jacqueline Richardson	Wimbledon	13.04
6	55	Carole Wisdom (W65)	Serpentine	7.26

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### W60 100m

w/s +2.3

1	76	Anna Garnier (W70)	Wimbledon	16.87
2	36	Vicky Bright (W65)	Southampton	17.58
3	46	Gwyneth Hueter (W65)	Oxford City	18.03
4	16	Geraldine Stapleton (W65)	Barnet and District	20.39
5	56	Carole Wisdom (W65)	Serpentine	20.41
6	66	Sue James (W70)	Tonbridge	21.52

### W60 400m

1	76	Alison Purnell	Wimbledon	86.27
2	46	Gwyneth Hueter (W65)	Oxford City	92.68
3	56	Ruth Gledhill	Serpentine	100.25
4	16	Geraldine Stapleton (W65)	Barnet and District	102.50
5	36	Caroline Barnfield	Southampton	106.28

### W60 1500m

1	76	Anna Garnier (W70)	Wimbledon	6:02.50
2	46	Gwyneth Hueter (W65)	Oxford City	6:58.98
3	56	Andrea Sanders-Reece (W65)	Serpentine	7:09.52
4	16	Geraldine Stapleton (W65)	Barnet and District	7:56.38
5	36	Caroline Barnfield	Southampton	9:35.83

### W60 3000m

1	76	Caroline Helder	Wimbledon	13:25.62
2	46	Gwyneth Hueter (W65)	Oxford City	14:52.38
3	56	Avril Riddell (W70)	Serpentine	15:10.18
4	16	Anne Wood	Barnet and District	17:29.93

### W60 2000m Walk

1	66	Diane Bradley	Tonbridge	13:19.13
2	56	Ruth Gledhill	Serpentine	13:39.80
3	76	Caroline Helder	Wimbledon	16:50.10
4	36	Caroline Barnfield	Southampton	16:51.05
5	16	Catherine Scott (W65)	Barnet and District	17:53.55

### W60 High Jump

1	46	Susan Jones	Oxford City	1.00
2	36	Vicky Bright (W65)	Southampton	1.00
3	76	Anna Garnier (W70)	Wimbledon	0.90
3	16	Mary Brown	Barnet and District	0.90
3	56	Camilla Allwood (W65)	Serpentine	0.90

### W60 Long Jump

1	66	Sally Vine	Tonbridge	3.15
2	46	Susan Jones	Oxford City	2.96
3	16	Mary Brown	Barnet and District	2.87
4	36	Vicky Bright (W65)	Southampton	2.56
5	56	Camilla Allwood (W65)	Serpentine	2.24
6	76	Alison Purnell	Wimbledon	2.16

### W60 Shot Putt

1	46	Susan Jones	Oxford City	7.82
2	66	Sally Vine	Tonbridge	7.26
3	76	Anna Garnier (W70)	Wimbledon	6.62
4	16	Diane Godin	Barnet and District	5.22
5	56	Avril Riddell (W70)	Serpentine	4.93

## SCVAC LEAGUE FINALS - Horspath, Oxford 31/08/2024

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

### W60 Discus

1	46	Susan Jones	Oxford City	19.37
2	66	Sally Vine	Tonbridge	19.37
3	16	Diane Godin	Barnet and District	13.88
4	76	Alison Purnell	Wimbledon	12.73
5	56	Avril Riddell (W70)	Serpentine	9.40

### W60 Hammer

1	46	Susan Jones	Oxford City	29.49
2	66	Sally Vine	Tonbridge	26.54
3	16	Diane Godin	Barnet and District	17.47
4	76	Alison Purnell	Wimbledon	16.10
5	56	Camilla Allwood (W65)	Serpentine	14.54

### W60 Javelin

1	66	Sally Vine	Tonbridge	19.09
2	46	Susan Jones	Oxford City	15.25
3	76	Alison Purnell	Wimbledon	13.54
4	16	Diane Godin	Barnet and District	11.90
5	36	Caroline Barnfield	Southampton	10.48
6	56	Andrea Sanders-Reece (W65)	Serpentine	9.21

### Match Details

	Pts
1 Wimbledon	268
2 Tonbridge	267.5
3 Oxford City	219
4 Southampton	199.5
5 Serpentine	149
6 Barnet and District	146