**Combined SCVAC / VAC Track and Field Championships August 28th**

**Kingsmeadow Stadium, Kingston Road, Kingston upon Thames KT1 3PB**

Following the cancellation of the SCVAC Championships scheduled for May 28th, here are some notes to clarify how the SCVAC and VAC Championships will be run in a combined meeting.

SCVAC championships are for SCVAC athletes (including those who are also members of VAC) with SCVAC medals to those who reach the SCVAC standards.

VAC championships are for VAC members and other BMAF area clubs and guests, with VAC medals to first three VAC members and to non SCVAC/VAC members/guests if they come in the first three overall.

Athletes with dual membership of SCVAC and VAC will be competing in both club championships.

Members of other BMAF area clubs will be competing as guests in the VAC Championship.

Those 19 athletes who had already entered the SCVAC championships scheduled to take place on 28th May, have had their entries transferred to the 28th August.

Entry fees have been brought into line, which means that those who entered the original SCVAC championship, and who paid for additional events, are entitled to a small refund.

**To ensure the meeting runs to time:**

* Heats will be avoided by staging A/B finals, splitting SCVAC/VAC competitors if necessary.
* Throws and horizontal jumps will be restricted to 4 trials each.

Travel expenses and lunch will be provided for all officials

Refreshments will be available from the café.

To ensure a successful combined championships, **we need some volunteers from SCVAC** to help with meeting management, registration etc.

**Please contact Arthur Kimber if you can help in any way, even for part of the meeting while you are not competing.**