



Race Walking Record

March 2013

In association with the Race Walking Association

Contents

This month's news

- The new Race Walking Record team
- 100 miles at Isle of Man
- Ascot Hotel Open Walks write up
- Dunnington Village Fete Walk
- Dudince
- Pit lane rule trials
- New research launced into "contact" technology
- Lugana and Leicester reports
- Fixtures Calendar and adverts
- Results
- Readers Page
 - > Letters and reports
 - > Photos
- Logo competition

The News this Month

Welcome to the re-launch of The Record and hello from the new editorial team.

In this issue we've provided the latest results, the upcoming fixtures and news on the new "Pit lane" rule and technology in judging.

Changes to the Race Walking Record

The new editorial team, Peter Marlow and Catharine Telling, welcome you to the first issue of the re-launched RWR. Over the next few months we are going to develop this newsletter format and would welcome your feedback and involvement.

We also want to say Thank you to the previous editor, John Constandinou, who is such a strong supporter of Race Walking and we hope will continue to contribute to the new Record.

The first major changes you'll have spotted are the new format. In the next few weeks a new website will be set up for the record. Details will be provided in the next issue.

It is now the intention of the RWA that the Record be made available free of charge in electronic format. These will be issued in pdf versions by email to your email address. You will then be able to print and distribute copies.

Pre-existing subscribers who require printed hard copies will receive the next four issues (up to June 2013). Due to the increased postage costs there will be a charge of £3 payable to the RWA for issues July to November inclusive. If you are a group subscriber this rate will be calculated to cover postage costs and notified to you directly.

More details on the future of the Record will be provided in late summer. In the meantime please contact the editors with any suggestions, fixtures, results, articles,



Race Walking Record

March 2013

In association with the Race Walking Association

information you want to be included. Information needs to be received by 20th of the month to be included in that month's issue.

Meet the editors

Peter Marlow is a race walking Olympian and a long standing IAAF committee member. He has been chief judge at the Olympics, World Championships and Commonwealth Games and was the Race Director for the walks at London. Peter has an impressive history as an athlete, official, organiser and ambassador for Race Walking in the UK, Europe and the World arenas.

Catharine Telling started walking about 30 years ago for Worcester AC with her brother, Ian Perry. When she was 18 she qualified as a walking coach and judge. She is now an international race walking judge who has officiated at Olympic and World Championships. She is the current President of the Midlands RWA.

Both the editors have a passion and commitment to promoting Race Walking and encouraging new participation and improving the sport for the future.

Isle of Man 100 miles: Entries are now being accepted

The Isle of Man will be the venue for the 2013 RWA National Long Distance Race Walking Championship. This will be combined with a UK Centurions qualifying walk of 100 miles, a 24 hour Walk Challenge and a 20 miles 'Starlight Stroll' on 3rd-4th August in the sheltered surroundings of the National Sports Centre in Douglas. The course is a half-mile lap on a level tarmac road surface.

Entries close 20th July. www.isleofman100milewalk.co.uk/index.html

The Ascot Hotel Open Walks courtesy of Steve Taylor

The day began with a fiercely contested 1k race with James Read from Northern Athletics edging out Stephen Waddington by just one second and Isaac Moore in third place, all the boys retaining their discipline and concentration very well.

All the other distances were ran concurrently, the 3k being the first to conclude with a clear victory for Mullingar Harrier, Rachel Glennon. There was a thrilling battle between Jason Turner and Tom Partington in the boy's race with the former crossing the line just one second ahead. Leah Goddard was well adrift in fourth place but she is an age group below the other athletes so shouldn't be disheartened.

The 5k was dominated by the visiting Irish filling the first seven places with Manx Harriers' Rebecca Greatbach last but achieving a huge personal best mark. This showing the benefit of facing quality opposition. Aaron Egan was at the head of the whole field, finishing one minute and thirteen seconds ahead of his nearest rival Anthony Tobin, his club mate from Clonmel. In a



Race Walking Record

March 2013

In association with the Race Walking Association

much tighter contest, Sinead O'Connor of Celbridge was just four seconds to the better of Edel Glennon who narrowly failed to emulate her younger sister.

Continued...

Ryan Cleary of Clonliffe was mixing it up with the leading 20k walkers for the first 8k or so but began to fade as he tired. Manx Harriers, Adam Cowin, by contrast had started more steadily. The result was that despite going faster than ever before (49:09) the local man failed to overhaul the visitor who was unaware of the challenge that reduced the deficit to a mere 3 seconds. Just returning from injury, Alex Eaton was over a minute in arrears with Sarah Bourke, the leading lady from St Cocas, clocking 56:37 in front of Sally Walker in second place.

Once probably the most important early season event for UK & Ireland's leading walkers what was formerly the blue riband event has suffered a bit of a decline over recent years. However, with the best the Isle of Man has to offer along with defending champion David Kidd from Ireland there were contests of great interest throughout the field.

After settling into the opening laps, the Irishman steadily gained an advantage over his nearest rival that probably extended to as much as 30m. Working hard in second place local man, Michael George, plugged away and before half way not only caught Kidd but passed him and developed a commanding lead of his own. George lapped consistently to win in a new pb time of 97.31. Kidd's lack of training found him wanting and Jock Waddington also caught him before the end, another person to earn a pb on the day. Kidd held on gamely for third ahead of Parish Walk record holders Richard Gerrard and Vinny Lynch both showing a fine turn of speed to produce pbs.

In the women's race hopes were high for 40 year old Michelle Turner who had brought her 10km times down close to 50mins throughout the winter. However an over exuberance in the first half left her treading water during the second and although slightly disappointed with her time of 1.53.27 it proved to be a great learning exercise and promises to do much better at the National Championships in Coventry in April.

Dunnington Village Fete Walks

Saturday 20th July 2013 The Dunnington Village Fete Walks are being held near York.

There's going to be an open 10k walk with a 3k u15 walk. All finishers in the 3k will get a medal.

Entry for the walks is free, but we request that all entrants donate £5 to St. Leonard's Hospice, York. Under 15s entry is free.

As always there will be an excellent array of quality prizes, kindly provided by Roy & Beryl Thorpe and the Village Fete Committee, for scratch and handicap, so almost everyone stands a good chance of winning something.

There will be a wide variety of stalls and side shows, for all the family to enjoy.



Race Walking Record

March 2013

In association with the Race Walking Association

This annual event is well supported by the spectators, who cheer on the walkers, when they pass through the fete grounds, on the out and back road course.

All entries to Roy Thorpe, 7 Oak View, Lilling, Sheriff Hutton, York, YO60 6RP. Or telephone Roy, on 01347 878359. Information provided Russ Jackson

Sarnia Walking Club 7 Mile Road Race by Rob Eliot

Sunday March 24th 2013

Office Solutions Chilcott Cup
7 miles road walk
Albecq to North Side, Guernsey

Phil Lockwood retained the Office Solutions Chilcott Cup when winning by less than a minute from second placed Rob Elliott over the 7 miles course from Albecq to North Side. Stuart Le Noury, the favourite before the start finished a distant third. Ten walkers faced the starter on a cold and windy morning on the coastal course.

The leading three walkers were together for the first two miles, with Lockwood making the pace alongside Elliott. Le Noury was tucked in behind them, with the leading two expecting him to move ahead when he wanted to. Having just finished a long training run just before the start, it was thought he would ease into the walk steadily.

Going into the third mile and Le Noury moved ahead to pass the 3 mile point in 27.40, with Lockwood a few seconds down in second and Elliott a similar distance back in third. The pecking order had seemingly been set, until with half the race gone Le Noury hit a bad patch as the mornings miles caught up with him and he was soon passed by the other two.

Going through five miles and Lockwood was in the lead by around a minute from Elliott. Elliott tried hard to close the gap in the final miles as he sensed Lockwood's concern as Lockwood took a few glimpses back as to Elliott's whereabouts.

The gap came down a little but Lockwood crossed the line in 65.26. 44 seconds ahead of the second man home, in a repeat one two from last year's race.

Jayne Le Noury was the leading lady finishing in 79.01 from Rose Druckes and Joanne Le Prevost. Newcomer Peter Beckerleg had a good race in his first seven mile event, coming home in 84.33. Mick Le Sauvage clipped his old age best time from 2010 by 14 seconds.

See results section for more details.

Rob Elliott for SWC
Guernsey Race Walking



Race Walking Record

March 2013

In association with the Race Walking Association

Dudince by Peter Marlow

32nd Dudince 50 kms 23rd March 2013

On a bitterly cold day Erick Barrondo (Guatemala), the 2102 Olympic silver medallist in the 20ms, blitzed the field and won in 3.41.09 a new South American record.

Second was Yohann Diniz (France) the World 50km record holder. Three walkers from Guatemala walkers were taken to hospital suffering from hypothermia.

See results section for more details.

Pit lane rule trials

The new IAAF Pit Lane Rule, recently passed by the IAAF Walking Commission, will be in operation for the RWA U17 Mens and Womens 5kms. Instead of being disqualified after three red cards a walker will have to serve a 45 second time penalty in the the Pit Lane during the race.

Walkers who receive a third card late in the race will have 45 seconds added to their finishing time and their position amended accordingly.

The rule has been introduced to encourage youngsters to persevere with the discipline if they have early problems with technique.

This rule is to be trailed in Coventry on 28th April 2013 for the younger age groups.

Loss of Contact- Electronic Detection System

The IAAF Race Walking Committee had already investigated into the possibility of developing an electronic system for the detection of the simultaneous loss of contact between both athletes' shoes and the ground.

In 2001 a basic prototype, developed in Canada, had been presented to the Committee but the functions and reliability had not been deemed adequate to justify investments into further development.

Technology has since improved greatly and the Committee proposed to investigate a new system of detection and University of Cataluna in Spain will be tasked with a design of a demonstration prototype of shoe sensors. The cost will be fifty thousand Euros.



Race Walking Record

March 2013

In association with the Race Walking Association

11th Memorial Mario Albisetti, EAA Race Walking Permit Meeting/IAAF Race Walking Challenge: Lugano, Switzerland, 17th March: Courtesy of Dr Ian Richards

Alex Wright went to 4th on the UK All Time 20 km Rankings with a big PB and UKA A qualifier for the IAAF World Athletics Championships in Moscow (84.00) when he clocked 83.05 in the EAA Race Walking Permit Meeting/IAAF Race Walking Challenge in snowy conditions in Lugano. He removed a huge chunk of his previous best time of 85.46 set in 2010 as he clocked the fastest time by a British athlete since 1992.

Lugano maintained its reputation as one of the best 20km races on the global calendar as Chinese London 2012 Olympic Games 20km Race Walk bronze medallist Wang Zhen won in 1:19:08. The impeccable Swiss Timing meant that several of the favourites were still attaching chips and tying laces when the gun fired and led to a slow first kilometre of 4.06. There remained a sizeable lead pack until the 8km point when Zhen and the man who finished one place ahead of him in London, Erick Barrondo (Guatemala), made a move of the front. They passed halfway in 39.51, whilst Kevin Campion of France led the chasing pack in 40.23. Zhen and Barrondo continued to pull away from the chasing pack, until the Guatemalan fell foul of the judges at the 13km point. This left the way clear for Zhen to reclaim the title he won in 2011 by clocking 1:19:08. Second was Ukraine's Ruslan Dmytrenko in 1:20:38 and third was Campion, who made a big improvement by almost two minutes to clock 1:21:02.

Wright was part of a group including UK based Kiwi Quentin Rew and passed the halfway mark 41:56, closely followed by Tom Bosworth who passed the halfway point in 42:10. Shortly after the halfway point Bosworth fell away from this pace and was disqualified at 13 km. Wright meanwhile followed Rew through the field and picked up the pace with a 20.40 split between 10 and 15km which he passed in 1:02:36. A last 5km split of 20.39 bought him home in 83.05 well inside the Moscow A standard in 16th place in high quality field. Wright said "this personal best has been a long time coming and it has taken a lot of hard work this winter to achieve this performance".

Behind him Daniel King narrowly beat brother and London 2012 Olympian Dominic King to come home in 89.04 in 45th place to move to 2nd on the Power of 10 Rankings ahead of brother Dominic 89.21 in 46th as they both clocked their fastest 20km since 2009.



Race Walking Record

March 2013

In association with the Race Walking Association

Continued....

In the Junior Men's 10 Kilometres Jamie Higgins became the first British male to stand on the top step of the podium in an EAA Race Walking Permit Meeting/IAAF Race Walking Challenge event when he took victory in the Junior Men's race. Higgin's who clocked a huge new personal best of 42.42 and UKA European Junior Qualifying time at Coventry 2 weeks ago, powered to victor through the snow. Higgins was disqualified in this race last year whilst contesting the lead. Higgins took on the early pace with Ecuadorian Brian Alvarez as they passed through the first 2km lap in 8.44. They reached the halfway mark in 21.45. But Alvarez and 3rd placed Luke Hickey of Ireland were removed by the judges by the 6km point, leaving Higgins well clear. Higgins was able to coast home to a commanding victory in 43.30, nearly a minute and a half ahead of runner up Chocho Vera (Ecuador). Cameron Corbishley placed 8th in the under 18 category in the same race on his England Athletics debut, removing almost a minute from his PB in 49.04 to go top of the UK rankings for the Under 17 10km walk.

The Women's 20 Kilometres resulted in a victory for double IAAF World Championships medalist and Asian record holder Liu Hong in a new course record of 1:27:06. The early pace was set by Lina Bikulova (Russia) as they passed the halfway mark in 44.15 followed by Guatemala's Mirna Ortiz in 44.28. Hong began to move away from the Russian at the 14 Kilometre mark and at the end her winning margin was in excess of a minute and half. Bikulova paid for her efforts to go with Hong and was passed by Ortiz in the final kilometre. Ortiz came home in exactly the same time as last year 1:28:54, as she equaled her own Central America and Caribbean record. Russia's 2012 IAAF World Junior Championships 10,000m Race Walk silver medalist Nadezhda Leontyeva won the Junior women's 10km in 45:14.

Midlands Championships: Abbey Park Leicester

In the Midlands Championships at Leicester, Heather Lewis (coached by Martin Bell) in her debut 20km clocked a fine 1.45.53 which puts her at the top of the Power of 10 Rankings for 2013 and puts her 18th on the UK All Time list and 5th on the Under 23 All Time List. In the Junior 10 kilometres Ellie Dooley (coached by Andi Drake) took nearly a minute of her personal best to clock 52.56 to take her to the top of the UK under 20 rankings and to 24th on the All Time List.



Race Walking Record

March 2013

In association with the Race Walking Association

Fixtures Calendar

For more details visit the www.racewalkingassociation.org.uk

List was updated 20th March 2013

Date	Name	Venue
01/04/2013	Tonbridge Open Track	Tonbridge
05/04/2013	Eric Waldron	Guernsey
06/04/2013	Macclesfield Shield EAA Permit Slater/ Bryce	Macclesfield Rio Major Broadbridge
07/04/2013	Vets Indoor International	Lee Valley
13/04/2013	Pat Furey Open Walk and Enfield League EAA Permit	Lee Valley Podebrady, Czech
14/04/2013	Midland Area 10km and 5km	Stourport
16/04/2013	South Yorkshire 2 VAC Road Walk	Millhouses Park, Sheffield Battersea Park, London
21/04/2013	Jeff Ford Open Walk	Don Valley, Sheffield
28/04/2013	National 20km and YAG Sarnia Championship 3	Coventry Guernsey
01/05/2013	PSUK & Civil Service Champs & Ryan Cup	Cannon Hill Park, Birmingham
04/05/2013	Allen Trophy	Chorley
05/05/2013	Manx Championship Graham Mann Cup	Andreas, Isle of Mann Guernsey
06/05/2013	Hertfordshire Championship Pednor Open	Stevenage Pednor, Bucks



Race Walking Record

March 2013

In association with the Race Walking Association

07/05/2013	VAC Road Walk	Battersea Park
10/05/2013	South Yorkshire league 3	Millhouses Park, Sheffield
11/05/2013	SRWA Championship & YAG	Sutcliffe Park, Eltham
12/05/2013	Essex Championship & Open	Ashton Playing Fields
18/05/2013	Inter Area Match	Tamworth
19/05/2013	Sarnia Championship 4	Guernsey
24-25-26- 27/05/2013	European Vets Non Stadia Championship Kent Championships Essex Championships Hampshire Championships Surrey Championships Sarnia Championship 5 Bradford Open & NARWA Championship	Upice, Czech Ashford Chelmsford Portsmouth Guernsey Basildon, Bradford

If you want to advertise your race here please email the editors at
racewalkingrecord@sky.com



Race Walking Record

March 2013

In association with the Race Walking Association



UK Athletics and the Race Walking Association

jointly present the



2013 National 20 km Race Walking Championships

incorporating the

RWA Younger Age Group Championships

To be held under IAAF rules

Sunday 28th April at Coventry Godiva Clubhouse

University of Warwick, Westwood Track, Kirby Corner Road, Coventry V47AL

Time Table of Events

12.15 U13's Boys and Girls 2kms

12.35 U15's Boys and Girls 3kms

12.55 U17 Men and Women 5kms

U17 Men and Women 5kms will be judged under the Pit Lane Rule.

13.30 Senior Men and Women 20km (cut off time 2hrs.30mins)

13.30 Junior Men and Women 10km

Entry Fee £10.00 seniors, £5.00 juniors to Peter Marlow Tel: 01284 754177

[The Picture House, 134G Southgate Street, Bury St Edmunds, Suffolk. IP33 2AF](#)

Cheques made payable to the Race Walking Association.

Closing date for entries Tuesday 23rd April

2013 National League

This is the second race in the RWA Grand Prix Challenge. The third and final race will be the 10kms on 20th July at Hillingdon Cycle Track. Remember that the top six overall after three races will receive cash prizes.

1st - £150, 2nd - £120, 3rd - £100, 4th - £75, 5th - £50, 6th - £25

This is a selection race for the Small Nations Match in Belgium on 16th June and a selection race for the Paul Nihill Trophy in Dublin 29th June.



Race Walking Record

March 2013

In association with the Race Walking Association

YORKSHIRE RACE WALKING CLUB

HON. TREASURER & ACTING SECRETARY
ALAN BROOKS, THE WELL SPRING
50, FIELDHEAD LANE
BIRSTALL, BATLEY
WEST YORKS WF17 9BJ
Tel 01924 359562

ENTRY FORM FOR BRADFORD 'WHIT WALKS'

Monday 27th May, 2013

Start time 11.00 am

(both events)

Venue: Baildon Rugby & C.C, Jenny Lane

Baildon, Nr Bradford. SAT NAV BD17 6

Entries: 35Km - £6

15Km - £4

Teams (of three) – Free

(inc. NARWA £35Km – separate entries to Mick Hague)

Cheques made out to Y.R.W.C. to above address by 16th May LATEST

LATER ENTRIES WILL **NOT** BE ACCEPTED

Individual & Team prizes dependent on entries.

Please enter me for the Bradford 35Km / 15KM (delete as applicable)

Name

Address

.....

'Phone no.....

E-mail

I enclose cheque for.....

I accept that all events held on public roads involve a degree of risk, which I personally shoulder, and agree not attribute any responsibility for my safety to any Organiser, or Official during these events.

Signed





Race Walking Record

March 2013

In association with the Race Walking Association

Result Sheet

Race:	National 10 Miles	Location:	Victoria Park London
Distance:	10 miles	Date:	10 th March 2013

Gender	Position	Athlete	Club	Time (Minutes: Seconds)
W	1	NERINGA AIDIETYTE	ILFORD AC	79.43
W	2	LAUREN WHELEN	BELGRAVE HARRIERS	88.06
W	3	REBECCA COLLINS	MEDWAY & MAIDSTONE	91.42
W	4	FIONA MCGORUM	LEICESTER WC	91.42
W	5	SUSAN BEARDSMORE	ABINGDON AMBLERS	102.16
W	6	GERALDINE LEGON	BEXLEY AC	118.39
M	1	MICHÉAL DOYLE	ASHFORD AC	71.31
M	2	DANIEL KING	COLCHESTER AC	72.54
M	3	DOMINIC KING	COLCHESTER AC	75.05
M	4	JOHNATHON HOBBS	ASHFORD AC	84.51
M	5	STEVE UTTLEY	ILFORD AC	89.11
M	6	CHRISTOPHE HOBBS	ASHFORD AC	93.42
M	7	STEVE ARNOLD	NUNEATON HARRIERS	93.45
M	8	STEVE ARNOLD	BARNET AND DISTRICTAC	93.50
M	9	DAVID CRANE	SURREY WC	95.26
M	10	JOHN RALPH	ENFIELD AND HARINGEY	97.29
M	11	CHRIS BERWICK	LEICESTER WC	99.39
M	12	STEVE ALLEN	ILFORD AC	100.19
M	13	ED SHILLABEER	ILFORD AC	103.32
M	14	PAUL KING	BELGRAVE HARRIERS	104.24
M	15	SHAUN LIGHTMAN	SURREY WC	105.27
M	16	DAVID BOWKER	FAIRLANDS VALLEY SPARTANS	106.20
M	17	CHRIS FLINT	SURREY WC	107.18
M	18	PETER HANNELL	SURREY WC	107.29
M	19	DAVID KATES	ILFORD AC	107.46
M	20	MICK HARREN	SURREY WC	108.16
M	21	COLIN VESTY	LEICESTER WC	108.25
M	22	MARK PALETHORPE	WORCESTER AC	108.29
M	23	SEAN PENDER	ENFIELD AND HARINGEY	109.00
M	24	GEORGE SMOLINSKI	LECESTER WC	114.59
M	25	MICK BARNBROOK	ILFORD AC	119.02



Race Walking Record

March 2013

In association with the Race Walking Association

TEAM (MALE)

Position	TEAM
1	ASHFORD AC
2	ILFORD AC
3	SURREY WC
4	LEICESTER WC
5	COLCHESTER AC
6	ENFIELD & HARINGEY
7	SURREY WC 2
8	ILFORD AC 2

Race:	MARWA MIDLANDS CHAMPIONSHIPS	Location:	Victoria Park Leicester
Distance:	20KM CHAMPIONSHIP	Date:	17 th March 2013

Gender	Position	Athlete	Club	Time (Minutes: Seconds)
M	1	MARK WILLIAMS	TAMWORTH AC	116.09
M	2	STEVE ARNOLD	NUNEATON HARRIERS	125.20
M	3	CHRIS BERWICK	LEICESTER WC	126.49
M	4	COLIN VESTY	LEICESTER WC	133.07
M	5	DAVIND MANNING	BIRCHFIELD HARRIERS	136.25
M	6	GEORGE SMOLINSKI	LEICESTER WC	138.40
M	7	JOHN CONSTANDINOU	BIRCHFIELD HARRIERS	142.15
M	8	PARMINDER BHATI	UNATTACHED	145.04
M	9	DAVID FALL	BIRCHFIELD HARRIERS	152.21
M	10	JULIAN BARNETT	BIRCHFIELD HARRIERS	156.25
W	1	KATE HARGREAVES	LEICESTER WC	137.35
W	2	SARAH LIGHTMAN	LEICESTER WC	142.30
W	3	KAREN DAVIES	BIRCHFIELD HARRIERS	153.05
W	GUEST	HEATHER LEWIS	PEMBROKE HARRIERS	105.54



Race Walking Record

March 2013

In association with the Race Walking Association

TEAMS

Position	Team
MEN 1	LEICESTER WC
MEN 2	BIRCHFIELD HARRIERS
WOMEN 1	LEICESTER WC

Race:	MARWA MIDLANDS YOUNGER AGE GROUPS CHAMPIONSHIPS	Location:	Victoria Park Leicester
Distance:	VARIOUS	Date:	17 th March 2013

Gender	Age group	Distance	Position	Athlete	Club	Time (Minutes: Seconds)
W	U20	5km	1	JASMINE NICHOLLS	LEICESTER WC	26.49
W	U20	10 km	GUEST	ELLIE DOOLEY	LEEDS CITY AC	52.56
W	U17	5km	1	EMMA ACHURCH	LEICESTER WC	27.35
M	U17	5km	1	DANIEL WATLING	WOLVERHAMPTON & BILSTON AC	30.10
W	U13	2km	1	KARA LANE	BIRCHFIELD HARRIERS	11.56
W	U13	2km	2	LUARA ACHURCH	LEICESTER WC	12.45
M	U13	2km	1	BEN ALLEN	LEICESTER WC	12.46
M	U13	2km	2	MATT DAVIES	DASH	13.51
W	U11	1km	1	MCKENZIE BRAZIER	WOLVERHAMPTON & BILSTON AC	7.36



Race Walking Record

March 2013

In association with the Race Walking Association

Race:	Office Solutions Chilcott Cup	Location:	Albecq to NorthSide Guernsey
Distance:	7 Miles	Date:	24 th March 2013

Gender	Position	Athlete	Age Group	Time (Minutes: Seconds)
M	1	Phil Lockwood	M40	1.05.26
M	2	Rob Elliott	M50	1.06.10
M	3	Stuart Le Nourey	M	1.10.19
W	4	Jayne Le Nourey	W50	1.19.01
M	5	Dave Dorey	M65	1.19.02
M	6	Mick Le Sauvage	M70	1.20.43
M	7	Peter Beckerleg	M50	1.24.33
M	8	Allan Harris	M65	1.34.59
W	8	Joanne Le Prevost	W40	1.36.03
W	9	Rose Druckes	W65	1.36.03

Race:	32 nd Dudince 50 kms	Location:	Dudince
Distance:	50kms	Date:	23 rd March 2013

Position	Athlete	Country	Time (Minutes: Seconds)
1	ERICK BARRONDO	GUATEMALA	3.41.09
2	YOHANN DINIZ	FRANCE	3.49.52
3	ADRIAN BLOCKI	POLAND	3.50.48
4	DAMIAN BLOCKI	POLAND	3.51.32
5	RAFEL AUGUSTYN	POLAND	3.51.33
6	OLE VENGLOVSKY	UKRAINE	3.56.06



Race Walking Record

March 2013

In association with the Race Walking Association

Readers Page ~ your opportunity to get involved... Letters

We would like your input and contributions to the Record. Please send them to us at racewalkingrecord@sky.com or post to

The Race Walking Record at The Picture House, 134G Southgate Street, Bury St Edmunds, Suffolk. IP33 2AF.

All views expressed are those of the stated author, not the editors.

From the RWA President 2012-2013 Mark Easton

Dear Friends of Race Walking

I feel very honoured to be elected President of the R.W.A. To follow such an illustrious past president as Ken Matthews will be a hard act to follow.

I am optimistic that British walking can build on improving standards at all levels. There are signs this is happening with having two walkers completing in London 2012, double the number who competed in Beijing and of course better than none in Athens in 2004.

We have a unique event within Athletics, which we all want to be more successful. With that in mind I am appealing to you to make a contribution to the President's Appeal. All of the proceeds will, through the R.W.A., be devoted to helping our current international walkers to further improve their performances and to help younger walkers to become international walkers.

I will welcome any donations in person or by post, with cheques made payable to the Race Walking Association, to my address at 26 Colney Heath Lane St Albans Herts AL4 0TU.

I will acknowledge all donations in Race Walking Record, unless you wish to remain anonymous

Finally, I (and my camera) hope to attend many races during my time as President

Yours in Sport

Mark Easton



Race Walking Record

March 2013

In association with the Race Walking Association

Logo competition

As part of the changing face of the Record we are looking for a new logo to go alongside the RWA emblem. The competition is open to everyone and the winning logo will be featured on the Record and our website.

If you want to enter the competition please send as either a scanned pdf or in hard copy to the editors at The Picture House, 134G Southgate Street, Bury St Edmunds, Suffolk. IP33 2AF.

All entries should be received by 20th May 2013. A small prize will be awarded to the winning designer. The final decision for the logo will remain with the editors.

Photos



The Molly Barnett 10km 3rd March 2013



Race Walking Record

March 2013

In association with the Race Walking Association



National 10 miles 10th March 2013



The timekeepers and recorders “enjoying” the conditions at the national 10 miles



Race Walking Record

March 2013

In association with the Race Walking Association



The winning Men's team for the National 10 miles

All photographs in this issue kindly provided by Mark Easton. If you have photographs you want included in future issues please email us. Photos to be in jpeg format with details of the race, the people in it and who took it.

.... And finally

Thank you for taking the time to read our first issue. If you want to include any information, results, fixtures or letter please send them to us by 20th of the month for inclusion in the next month's issue.

racewalkingrecord@sky.com

The Picture House, 134G Southgate Street, Bury St Edmunds, Suffolk. IP33 2AF

Thank you

Peter and Catharine