

SCVAC LEAGUE - KENT DIVISIONS - Canterbury Academy, Canterbury 09/05/2016

Men - Division 1

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	M3	Mark Rothery (M40)	Medway and Maidstone	24.3
2	A3	Peter Davey (M40)	Ashford	24.5
3	D3	Craig Sharp (M40)	Dartford	25.6
4	B3	Jon Fish	Bexley	26.0
5	C3	Stanley Thomas (M55)	Cambridge	26.7
6	F3	Nigel Wood (M60)	Blackheath and Bromley	31.9

1	B4	Martin Smith	Bexley	25.8
2	A4	Steve Lake (M40)	Ashford	26.7
3	M4	Marco Ronchetti (M45)	Medway and Maidstone	27.8
4	C4	Paris Hunt (M50)	Cambridge	27.8

M35 1500m

1	D3	Craig Sharp (M40)	Dartford	4:25.7
2	F3	Gareth Evans	Blackheath and Bromley	4:30.3
3	M3	Mark Wilkins	Medway and Maidstone	4:31.7
4	C3	Matthew Preston (M40)	Cambridge	4:35.5
5	B3	Jon Fish	Bexley	4:39.7
6	A4	Michael Teale	Ashford	5:26.0

1	M4	Nigel Rumsey (M40)	Medway and Maidstone	4:44.4
2	D4	Jon Kennedy	Dartford	4:50.9
3	B4	Martin Smith	Bexley	4:56.3
4	C4	David Kitcher (M55)	Cambridge	5:37.7
5	F4	Mark Ellison (M55)	Blackheath and Bromley	5:39.7
6	A3	Peter Le Rossignol	Ashford	5:42.7

M35 4x100m Relays

1	A3	Ashford	Peter Davey, Steve Langford, Steve Lake, Peter Le Rossignol	51.5
2	D3	Dartford	Craig Sharp, Gary Capon, Terry Gibbs, David Kemp	52.4
3	M3	Medway and Maidstone	Mark Rothery, Marco Ronchetti, Nigel Rumsey, Mark Wilkins	52.5
4	B3	Bexley	Jon Fish, Martin Lloyd, Martin Smith, Graham Holder	53.4
5	C3	Cambridge	Wole Odele, Paris Hunt, Tim Carter, Stanley Thomas	54.7
6	F3	Blackheath and Bromley	Gareth Evans, Robert Brown, Nigel Wood, Adrian Stocks	58.1

M35 Long Jump

1	A3	Steve Lake (M40)	Ashford	5.33
2	B3	Martin Lloyd	Bexley	5.08
3	M3	Marco Ronchetti (M45)	Medway and Maidstone	4.81
4	F3	Adrian Stocks (M40)	Blackheath and Bromley	4.76
5	D3	Craig Sharp (M40)	Dartford	4.67
6	C3	Paris Hunt (M50)	Cambridge	4.58

M35 Discus

1	C3	Anthony Tipping (M50)	Cambridge	32.66
2	B3	Graham Holder (M40)	Bexley	32.60
3	D3	Richard Nash (M40)	Dartford	27.51
4	M3	Alex Beech	Medway and Maidstone	21.74
5	A3	Paul Wheeler (M55)	Ashford	15.35
6	F3	Adrian Stocks (M40)	Blackheath and Bromley	15.10

M50 200m

1	D5	David Kemp	Dartford	25.6
2	C5	Wole Odele	Cambridge	25.6
3	A5	Steve Langford (M55)	Ashford	28.4
4	B5	Jon Armstrong	Bexley	28.7
5	M5	Paul Newton	Medway and Maidstone	29.4
6	F5	Robert Brown (M65)	Blackheath and Bromley	29.6

M50 1500m

1	B5	Jon Armstrong	Bexley	4:44.3
2	A5	Kevin Williams (M55)	Ashford	5:00.8
3	M5	Bob Fursey	Medway and Maidstone	5:06.6
4	F5	Alan Camp (M55)	Blackheath and Bromley	5:07.0
5	C5	Mark Cross (M55)	Cambridge	5:38.4
6	D5	David Hall	Dartford	6:45.5

M50 Long Jump

1	D5	Gary Capon (M55)	Dartford	4.91
2	C5	Wole Odele	Cambridge	4.89
3	A5	Steve Langford (M55)	Ashford	4.75
4	M5	Paul Newton	Medway and Maidstone	4.56
5	F5	Robert Brown (M65)	Blackheath and Bromley	3.62
6	B5	John Bancroft (M55)	Bexley	3.51

M50 Discus

1	B5	Andy Rushbrook	Bexley	32.10
2	D5	Paul Searing	Dartford	29.48
3	C5	Peter Wishart (M55)	Cambridge	27.85
4	M5	Paul Newton	Medway and Maidstone	17.25
5	A5	Mick Goodall (M65)	Ashford	15.62
6	F5	Mark Ellison (M55)	Blackheath and Bromley	11.32

M60 1500m

1	F6	Robert Brown (M65)	Blackheath and Bromley	5:37.5
2	C6	Michael Ellsmore	Cambridge	5:52.2
3	M6	Steve Hesketh (M65)	Medway and Maidstone	6:09.6
4	D6	Steve Roberts	Dartford	7:17.3

M60 Discus

1	A6	Paul Oakes	Ashford	32.66
2	C6	Warwick Dixon (M80)	Cambridge	24.70
3	M6	Steve Hesketh (M65)	Medway and Maidstone	22.44
4	D6	Trevor Bent (M70)	Dartford	20.74
5	F6	Jim Phelan (M65)	Blackheath and Bromley	18.08
6	B6	Tony Garrett (M70)	Bexley	14.81

Match Details

	Mt Pts	Pts
1 Medway and Maidstone	6	51
2 Dartford	5	50
3 Ashford	4	47
4 Cambridge	3	46
5 Bexley	2	45
6 Blackheath and Bromley	1	28

Overall Details

	Tot Mt Pts	Tot Pts
1 Dartford	11	111
2 Medway and Maidstone	10.5	99
3 Cambridge	7.5	94
4 Ashford	6	93
5 Bexley	5	92
6 Blackheath and Bromley	2	61

BC-SCVAC-2016

SCVAC LEAGUE - KENT DIVISIONS - Canterbury Academy, Canterbury 09/05/2016

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M35 200m

1	S3	Paul English (M45)	Sevenoaks	25.3
2	T3	Richard Christian (M50)	Tonbridge	26.6
3	P3	Trevor Simms (M45)	Paddock Wood	27.3
4	J3	Gavin Kitchingham (M45)	Bromley Veterans	29.8
5	K3	Andy Dunmall (M45)	Swanley	30.1

1	P4	Trevor Crysell (M45)	Paddock Wood	28.8
2	T4	Mark De'Ath (M50)	Tonbridge	29.2
3	J4	Simon Horler	Bromley Veterans	36.0
4	S4	Geoffrey Kitchener (M65)	Sevenoaks	38.9
5	K4	Robert Carter (M75)	Swanley	49.1

M35 1500m

1	T3	Simon Fraser (M40)	Tonbridge	4:45.4
2	H3	Stuart Waterman	Dartford B	4:47.0
3	J3	Gavin Kitchingham (M45)	Bromley Veterans	4:49.0
4	P3	Daniel Grimwood	Paddock Wood	5:03.9
5	K3	Andy Dunmall (M45)	Swanley	5:59.0

1	H4	Mark Champion (M45)	Dartford B	4:53.4
2	T4	Anthony Crush (M40)	Tonbridge	5:13.8
3	J4	Simon Horler	Bromley Veterans	5:52.9

M35 4x100m Relays

1	T3	Tonbridge	Jason Cannon, Mark De'Ath, Richard Christian, Simon Fraser	53.3
2	P3	Paddock Wood	Trevor Simms, Daniel Grimwood, Trevor Crysell, Mark Woods	57.8
3	J3	Bromley Veterans	Simon Horler, Gavin Kitchingham, Ray Chapman, Philip Greenfield	63.9
4	S3	Sevenoaks	Duncan Cochrane, Paul English, James Graham, David Lobley	65.4
5	K3	Swanley	Andy Dunmall, Malcolm Parsons, Robert Tidmarsh, Peter Godbee	67.1

M35 Long Jump

1	T3	Richard Christian (M50)	Tonbridge	4.38
2	J3	Simon Horler	Bromley Veterans	3.45
3	S3	David Lobley (M50)	Sevenoaks	3.32
4	P3	Trevor Crysell (M45)	Paddock Wood	1.86

M35 Discus

1	S3	Paul English (M45)	Sevenoaks	22.63
2	T3	Richard Christian (M50)	Tonbridge	17.88
3	J3	Philip Greenfield (M55)	Bromley Veterans	17.13
4	P3	David Welham (M55)	Paddock Wood	14.39

M50 200m

1	P5	Mark Woods (M55)	Paddock Wood	26.3
2	T5	Jason Cannon	Tonbridge	27.1
3	K5	Malcolm Parsons	Swanley	30.7
4	J5	Jonathan Pegg	Bromley Veterans	44.3
5	S5	Richard Pitcairn-Knowles (M80)	Sevenoaks	45.3

M50 1500m

1	T5	Graeme Saker	Tonbridge	4:46.1
2	H5	John Gurney (M55)	Dartford B	5:09.3
3	P5	Richard Bidois	Paddock Wood	5:17.5
4	J5	Ray Chapman (M55)	Bromley Veterans	5:19.2
5	K5	Malcolm Parsons	Swanley	5:43.2
6	S5	David Lobley	Sevenoaks	5:57.7

M50 Long Jump

1	T5	Peter Ebbage (M55)	Tonbridge	4.85
2	J5	Philip Greenfield (M55)	Bromley Veterans	4.13
3	P5	David Welham (M55)	Paddock Wood	3.87
4	S5	Duncan Cochrane (M55)	Sevenoaks	2.84
5	K5	Robert Carter (M75)	Swanley	1.50

M50 Discus

1	T5	Peter Ebbage (M55)	Tonbridge	31.94
2	P5	Mark Woods (M55)	Paddock Wood	23.79
3	J5	Ray Chapman (M55)	Bromley Veterans	17.95
4	S5	Duncan Cochrane (M55)	Sevenoaks	14.83
5	K5	Robert Tidmarsh (M55)	Swanley	10.94

M60 1500m

1	S6	James Graham	Sevenoaks	5:28.3
2	P6	Alan Newman	Paddock Wood	5:34.4
3	J6	Christopher Marshall (M65)	Bromley Veterans	6:09.4
4	K6	Peter Godbee (M65)	Swanley	6:44.0

M60 Discus

1	P6	Mick Duffin (M75)	Paddock Wood	19.82
2	J6	Tony Unseld (M70)	Bromley Veterans	15.14
3	T6	Pete Brenchley	Tonbridge	13.68
4	K6	Peter Godbee (M65)	Swanley	13.48
5	S6	David Simpson (M75)	Sevenoaks	12.79

Match Details

1	Tonbridge	6	65	1	Tonbridge	11	130
2	Paddock Wood	5	54	2	Paddock Wood	11	121
3	Bromley Veterans	4	52	3	Bromley Veterans	8	108
4	Sevenoaks	3	39	4	Sevenoaks	6	71
5	Swanley	2	24	5	Swanley	4	42
6	Dartford B	1	16	6	Dartford B	1	16

Mens Non Scoring Results

M35

200m

Peter Le Rossignol (M35)	Ashford AC	27.6
Adrian Donnelly (M45)	Medway & Maidstone AC	28.0

1500m

Matt Erwood (M40)	Dartford H AC	4:58.4
Daniel Crush (M40)	Tonbridge AC	5:15.8
Adrian Donnelly (M45)	Medway & Maidstone AC	5:35.9

4x100m Relays

Anthony Crush, Steve Brooks, Peter Ebbage, Nigel Brooks	Tonbridge AC	57.6
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DISCUS

David Glendower (M35)	Pembrokeshire Harriers	20.10
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M50

200m

Steve Brooks (M50)	Tonbridge AC	29.2
Nigel Brooks (M50)	Tonbridge AC	31.2
Bob Fursey (M50)	Medway & Maidstone AC	32.0
Mick Cox (M60)	Dartford H AC	41.3

1500m

Colin Bates (M50)	Dartford H AC	5:02.9
Ian Crawley (M50)	Tonbridge AC	5:22.7
Alun Rodgers (M50)	Medway & Maidstone AC	5:27.6
Terry Povey (M50)	Dartford H AC	5:11.8
Jonathan Pegg (M50)	Bromley Veterans	8:54.0

LONG JUMP

Mick Cox (M60)	Dartford H AC	2.31
Mark De'ath (M50)	Tonbridge AC	4.41
Steve Brooks (M50)	Tonbridge AC	4.11

DISCUS

Ian Crawley (M50)	Tonbridge AC	26.43
Paris Hunt (M50)	Cambridge H	26.27

M60

1500m

Peter Hammliton (M60)	Blackheath & Bromley	5:55.0
Stuart Nice (M60)	Medway & Maidstone AC	7:07.6

SCVAC LEAGUE - KENT DIVISIONS - Canterbury Academy, Canterbury 09/05/2016

Women - Division 1

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

1	D3	Kirstie Taylor (W40)	Dartford	29.7
2	J3	Tina Nairn	Bromley Veterans	29.9
3	B3	Wendy Masters (W45)	Bexley	30.2
4	F3	Jenny Neal (W45)	Blackheath and Bromley	32.4
5	C3	Cara Oliver (W40)	Cambridge	35.1

W35 1500m

1	D3	Hannah Roberts	Dartford	5:23.0
2	J3	Tina Nairn	Bromley Veterans	5:28.2
3	F3	Jane Bradshaw (W40)	Blackheath and Bromley	5:30.6
4	B3	Wendy Prowse (W40)	Bexley	5:46.5
5	C3	Christine Bond (W50)	Cambridge	6:03.5

W35 4x100m Relays

1	D3	Dartford	Kirstie Taylor, Allison Page, Fleur Hardie, Teresa Eades	58.7
2	B3	Bexley	Wendy Masters, Sarah Covill, Chris Pates, Wendy Prowse	63.2
3	F3	Blackheath and Bromley	Caroline Morten, Jackie Montgomery, Jane Bradshaw, Jenny Neal	65.0

W35 Long Jump

1	B3	Wendy Masters (W45)	Bexley	3.93
2	J3	Tina Nairn	Bromley Veterans	3.85
3	D3	Allison Page (W45)	Dartford	3.57
4	F3	Caroline Morten (W50)	Blackheath and Bromley	3.55
5	C3	Cara Oliver (W40)	Cambridge	3.14

W35 Discus

1	D3	Clare Abbot-Grundy	Dartford	28.46
2	B3	Sarah Steadman	Bexley	15.89
3	J3	Tina Nairn	Bromley Veterans	15.50
4	F3	Anne Cilia (W55)	Blackheath and Bromley	10.72

W50 200m

1	F5	Jackie Montgomery	Blackheath and Bromley	31.8
2	D5	Teresa Eades (W55)	Dartford	33.3
3	B5	Chris Pates	Bexley	35.3
4	C5	Ros Tabor (W65)	Cambridge	35.8
5	J5	Bridget Macedonski	Bromley Veterans	38.7

W50 1500m

1	C5	Ros Tabor (W65)	Cambridge	5:53.9
2	D5	Denise Rose	Dartford	5:58.4
3	J5	Bridget Macedonski	Bromley Veterans	6:31.0
4	F5	Anne Cilia (W55)	Blackheath and Bromley	6:59.6
5	B5	Geraldine Legon (W55)	Bexley	8:56.3

W50 Long Jump

1	D5	Teresa Eades (W55)	Dartford	4.00
2	F5	Jackie Montgomery	Blackheath and Bromley	3.82
3	C5	Maria Macdonald (W60)	Cambridge	3.32
4	B5	Chris Pates	Bexley	3.11
5	J5	Bridget Macedonski	Bromley Veterans	2.22

W50 Discus

1	D5	Anne Thacker (W55)	Dartford	20.82
2	B5	Geraldine Legon (W55)	Bexley	12.88
3	F5	Jackie Montgomery	Blackheath and Bromley	8.53

W60 1500m

1	D6	Marian Povey	Dartford	6:06.7
2	J6	Anne Unseld (W65)	Bromley Veterans	7:19.3
3	C6	Maria Macdonald	Cambridge	7:39.8

B String				
Pos	Club	Athlete	Club	Perf

1	D4	Fleur Hardie (W40)	Dartford	30.7
2	B4	Sarah Covill	Bexley	32.7
3	F4	Jane Bradshaw (W40)	Blackheath and Bromley	36.4
4	C4	Christine Bond (W50)	Cambridge	37.8
5	J4	Anne Unseld (W65)	Bromley Veterans	38.2

1	F4	Jenny Neal (W45)	Blackheath and Bromley	5:48.1
2	D4	Tanya Brightwell (W40)	Dartford	5:48.9
3	B4	Sarah Covill	Bexley	7:01.2

W60 Discus

1	D6	Christine Clements	Dartford	14.29
2	J6	Anne Unseld (W65)	Bromley Veterans	9.14

Match Details

	Mt	Pts
1 Dartford	6	73
2 Bexley	5	46
3 Blackheath and Bromley	4	45
4 Bromley Veterans	3	39
5 Cambridge	2	26

Overall Details

	Tot Mt	Pts
1 Dartford	12	137
2 Blackheath and Bromley	8	92
3 Bexley	8	81
4 Cambridge	7	83
5 Bromley Veterans	5	65

BC-SCVAC-2016

SCVAC LEAGUE - KENT DIVISIONS - Canterbury Academy, Canterbury 09/05/2016

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 200m

1	T3	Emma Wood (W40)	Tonbridge	27.8
2	K3	Victoria Ingamells (W40)	Swanley	38.3
3	P3	Sue James (W65)	Paddock Wood	41.4
4	A3	Jane Wheeler	Ashford	44.7

W35 1500m

1	T3	Emma Wood (W40)	Tonbridge	5:51.9
2	A3	Candy Hawkins (W45)	Ashford	5:59.8
3	K3	Anna Willard (W40)	Swanley	6:35.8

W35 4x100m Relays

1	T3	Tonbridge	Diane Wright, Emma Wood, Lucy Pitcairn-Knowles, Emma Avis	63.5
2	K3	Swanley	Anna Willard, Victoria Ingamells, Helena Orrom, Jane Blackmore	79.2

W35 Long Jump

1	P3	Julie Woods (W55)	Paddock Wood	2.94
2	K3	Victoria Ingamells (W40)	Swanley	2.84
3	T3	Emma Avis (W45)	Tonbridge	2.09

W35 Discus

1	K3	Anna Willard (W40)	Swanley	15.38
2	T3	Diane Wright (W45)	Tonbridge	7.49

W50 200m

1	T5	Lucy Pitcairn-Knowles	Tonbridge	36.1
2	P5	Julie Woods (W55)	Paddock Wood	40.0
3	K5	Helena Orrom (W55)	Swanley	50.8

W50 1500m

1	T5	Lucy Pitcairn-Knowles	Tonbridge	5:58.0
2	K5	Jane Blackmore	Swanley	6:43.5

W50 Long Jump

1	T5	Lucy Pitcairn-Knowles	Tonbridge	2.80
2	A5	Patricia Oakes (W70)	Ashford	2.78
3	K5	Jane Blackmore	Swanley	2.00
4	P5	Sue James (W65)	Paddock Wood	1.88

W50 Discus

1	T5	Lucy Pitcairn-Knowles	Tonbridge	11.57
2	P5	Julie Woods (W55)	Paddock Wood	9.76
3	K5	Helena Orrom (W55)	Swanley	7.88

W60 1500m

1	P6	Sue James (W65)	Paddock Wood	7:21.6
2	K6	Zena Harper	Swanley	8:15.3

W60 Discus

1	A6	Patricia Oakes (W70)	Ashford	10.94
2	T6	Anne Brenchley (W70)	Tonbridge	10.79
3	P6	Sue James (W65)	Paddock Wood	9.28
4	K6	Zena Harper	Swanley	7.34

B String				
Pos	Club	Athlete	Club	Perf

1	T4	Diane Wright	Tonbridge	31.8
2	K4	Anna Willard (W40)	Swanley	35.7

1	T4	Emma Avis (W45)	Tonbridge	6:36.7
2	A4	Jane Wheeler	Ashford	7:13.6
3	K4	Victoria Ingamells (W40)	Swanley	7:27.3

Match Details

	Mt Pts	Pts
1 Tonbridge	6	68
2 Swanley	5	59
3 Paddock Wood	4	33
4 Ashford	3	24

Overall Details

	Tot Mt Pts	Tot Pts
1 Swanley	11	111
2 Tonbridge	10	87
3 Paddock Wood	9	83
4 Ashford	6	39

Womens Non Scoring Results

W35

DISCUS

Kirstie Taylor (W40)	Dartford H AC	19.94
Sarah Covill (W35)	Bexley AC	14.22

W50

200m

Janet Pyne (W60)	Dartford H AC	46.6
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LONG JUMP

Christine Clements (W60)	Dartford H AC	3.58
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DISCUS

Christine Pates (W50)	Bexley AC	11.00
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