

**Southern Counties Veterans Athletics Club**  
**Indoor Track and Field Championships Sunday 22nd February 2015**  
**Lee Valley Indoor Athletics Centre**

**M35**

<b>60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	2	Jeff Bond	Vale of Aylesbury AC	7.50	G
2	7	Steve Squires	Havant AC	8.02	S

**Shot**

<b>Shot</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	6	Garry Newton	Southampton AC	13.86	G

**M40**

<b>60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	153	Ciaran Harvey	Lewes AC	7.38	G
2	8	Joe Appiah	Kent AC	7.45	S
3	14	Emmanuel Ogunniyi (G)	Worthing & Dist. H.	7.54	
4	13	Neil Lincoln	Holland Sports AC	7.79	B

**200m**

<b>200m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	153	Ciaran Harvey	Lewes AC	24.36	G
2	11	Peter Davey	Ashford AC	24.98	S
3	15	Stephen Pethen	Winchester & Dist. AC	27.91	B

**400m**

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	11	Peter Davey	Ashford AC	56.75	G
2	16	Jason Steel	Hillingdon AC	58.00	S

**800m**

<b>800m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	10	Richard Bruce	Harpenden Arrows RC	2:07.42	G
2	17	Christopher Symonds	Enfield & Haringey AC	2:07.78	S

**60m Hurdles**

<b>60m Hurdles</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	8	Joe Appiah	Kent AC	8.49	G
2	11	Peter Davey	Ashford AC	9.04	S

**Long Jump**

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	13	Neil Lincoln	Holland Sports AC	5.93	G
2	9	Stephen Bass (G)	Barnet & District AC	4.52	

**Triple Jump**

<b>Triple Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	13	Neil Lincoln	Holland Sports AC	11.31	G
2	9	Stephen Bass (G)	Barnet & District AC	9.46	

**M45**

<b>60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	32	Michael Smith	Dacorum & Tring AC	7.84	G
2	30	John Munroe		8.03	S
3	31	Ben Radcliffe	Haywards Heath H.	8.04	B
4	33	Daniel Tomlinson	Haslemere Border AC	8.10	
5	27	Barrington King	Harrow AC	8.18	

<b>200m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	32	Michael Smith	Dacorum & Tring AC	25.09	G
2	19	Peter Benedickter (G)	Barnet & District AC	25.23	
3	26	Nick Jones (G)	Chiltern Harriers AC	27.40	
4	23	Lance Croft (G)		28.53	

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	19	Peter Benedickter (G)	Barnet & District AC	55.08	
2	23	Lance Croft (G)		62.30	

<b>1500m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	35	Stuart Wright	St Albans Striders	4:38.48	G
2	28	David McKeown-Webster	Arena 80	5:04.83	S

<b>3000m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	25	Ian Johnston (G)	Shettleston Harriers	9:37.75	
2	21	Mark Champion	Istead & Ifield Harriers	10:02.76	G

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	31	Ben Radcliffe	Haywards Heath H.	5.44	G
2	20	Neil Carrington (G)	Biggleswade AC	5.27	

<b>Triple Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	31	Ben Radcliffe	Haywards Heath H.	11.40	G

<b>Shot</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	34	Mark Wiseman	Bracknell AC	13.81	G

<b>M50 60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	45	Peter Ilo	Barnet & District AC	7.93	G
2	53	Glen Reddington	WSE & Hounslow AC	8.09	S
3	36	Petros Anastasi	Enfield & Haringey AC	8.13	B
4	58	Mark Woods	Paddock Wood AC	8.33	
5	51	Michael May	Kingston AC & Poly.	9.51	

<b>200m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	45	Peter Ilo	Barnet & District AC	26.35	G
2	53	Glen Reddington	WSE & Hounslow AC	26.37	S
3	58	Mark Woods	Paddock Wood AC	26.67	B
4	36	Petros Anastasi	Enfield & Haringey AC	26.73	
5	43	Leroy Gould	Newham & Essex B.	27.74	
6	51	Michael May	Kingston AC & Poly.	31.33	

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	46	Gary Ironmonger (G)	Herne Hill Harriers	61.78	

<b>800m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	56	Jonathan Tilt	Southampton AC	2:12.42	G
2	50	Lawrence Mangelshot	Ware Joggers	2:14.01	S
3	55	Daniel Skeffington (G)	Harrow AC	2:14.90	
4	38	Mark Ashby	Cambridge Harriers	2:24.26	B

<b>1500m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	55	Daniel Skeffington (G)	Harrow AC	4:41.03	
2	46	Gary Ironmonger (G)	Herne Hill Harriers	4:48.80	

<b>60m Hurdles</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	53	Glen Reddington	WSE & Hounslow AC	9.24	G
2	48	Allan Leiper	Aldershot Farn. & Dist.	9.69	S
3	43	Leroy Gould	Newham & Essex B.	10.71	B

<b>3000m Walk</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
	54	Francisco Reis	Ilford AC	dnf	

<b>High Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	39	Gary Capon	Dartford Harriers AC	1.60	G
2	48	Allan Leiper	Aldershot Farn. & Dist.	1.45	S

<b>Pole Vault</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	41	Alan Easey (G)	Worthing & Dist. H.	2.80	
	48	Allan Leiper	Aldershot Farn. & Dist.	nhr	

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	48	Allan Leiper	Aldershot Farn. & Dist.	4.67	G
2	51	Michael May	Kingston AC & Poly.	3.07	

<b>Shot</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	48	Allan Leiper	Aldershot Farn. & Dist.	12.29	G
2	57	Anthony Tipping	Cambridge Harriers	11.95	S

<b>M55 60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	49	Clement Leon	Blackheath & Brom. H.	8.64	G
2	61	Adrian Day (G)	Trent Park RC	9.26	

<b>200m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	49	Clement Leon	Blackheath & Brom. H.	28.75	G
2	61	Adrian Day (G)	Trent Park RC	29.39	

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	49	Clement Leon	Blackheath & Brom. H.	62.63	G

<b>800m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	64	Richard Jenkin	Hillingdon AC	2:25.77	G

		<b>1500m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	65	Colin Oxlade	Croydon Harriers	5:34.89	G	
		<b>3000m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	65	Colin Oxlade	Croydon Harriers	10:58.52	G	
		<b>3000m Walk</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	59	Steve Allen	Barnet & District AC	15:47.38	G	
		<b>High Jump</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	49	Clement Leon	Blackheath & Brom. H.	1.50	G	
2	66	Trevor Wade	Thames Valley H.	1.35	S	
		<b>Long Jump</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	49	Clement Leon	Blackheath & Brom. H.	4.26	G	
2	66	Trevor Wade	Thames Valley H.	4.58	S	
		<b>Shot</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	62	John Fenton	Dartford Harriers AC	10.74	G	
		<b>M60 60m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	69	Walwyn Franklyn	Reading AC	8.18	G	
2	82	Ray Watkins	Basingstoke & Mid Hants	8.24	S	
3	75	Tom Phillips	Blackheath & Brom. H.	8.38	B	
4	74	Alan Perry (G)	Harrow AC	9.16		
5	77	Patrick Reynolds (G)	VAC	11.48		
		<b>200m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	78	Alasdair Ross (G)	WSE & Hounslow AC	25.98		CBP
2	82	Ray Watkins	Basingstoke & Mid Hants	26.55	G	
3	69	Walwyn Franklyn	Reading AC	27.19	S	
4	67	Simon Barrett	Newbury AC	27.42	B	
5	75	Tom Phillips	Blackheath & Brom. H.	27.93		
6	71	John Haines (G)		29.42		
7	74	Alan Perry (G)	Harrow AC	31.85		
8	77	Patrick Reynolds (G)	VAC	39.06		
		<b>400m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	82	Ray Watkins	Basingstoke & Mid Hants	61.22	G	
		<b>800m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
	83	Peter Watts	Swanley & Dist. AC	dnf		
		<b>3000m</b>		<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal	
1	73	Alan Newman	Paddock Wood AC	11:34.49	G	
2	71	John Haines (G)		11:44.46		

<b>60m Hurdles</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	80	Duncan Talbot	Abingdon Amblers AC	12.16	G	
<b>3000m Walk</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	72	Malcolm Martin	Paddock Wood AC	15:54.61	G	
2	83	Peter Watts	Swanley & Dist. AC	19:39.07	S	
<b>High Jump</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	80	Duncan Talbot	Abingdon Amblers AC	1.47	G	CBP
<b>Long Jump</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	80	Duncan Talbot	Abingdon Amblers AC	3.60	G	
2	77	Patrick Reynolds (G)	VAC	2.57		
<b>Triple Jump</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	80	Duncan Talbot	Abingdon Amblers AC	8.21	G	
<b>Shot</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	79	Tim Saunders-Mullins	St Albans AC	8.21		
<b>M65</b>						
<b>60m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	94	Glyn Sutton (G)		8.26		
2	90	Paul Madden	Hastings AC	10.44	G	
<b>200m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	94	Glyn Sutton (G)		27.60		
2	93	David Spencer	London Heathside	30.22	G	
3	90	Paul Madden	Hastings AC	34.64	S	
<b>400m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	93	David Spencer	London Heathside	70.55	G	
2	91	Michael Mann (G)	Dulwich Runners AC	76.75		
<b>800m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	89	Bruce Hendrie (G)	Banbury H.	2:39.19		
2	91	Michael Mann (G)	Dulwich Runners AC	2:48.50		
<b>1500m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	85	Alan Davidson	Liss RC	6:40.53	G	
<b>3000m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	91	Michael Mann (G)	Dulwich Runners AC	11:42.86		CBP
2	87	Peter Hamilton	Blackheath & Brom. H.	12:45.75	G	
3	92	Dan Maskell (G)	VAC	13:23.70		
4	85	Alan Davidson	Liss RC	13:46.81	S	

<b>3000m Walk</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	86	John Hall (G)	Belgrave H	15:55.68		
2	92	Dan Maskell (G)	VAC	18:40.24		
<b>Shot</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	88	Peter Hawney	Cambridge Harriers	9.98	G	
<b>M70 60m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	102	Victor Novell	Southampton AC	8.67	G	
2	101	Allan Long (G)	Herne Hill Harriers	8.91		
3	100	Charles Isetts (G)	Kingston AC & Poly.	9.36		
<b>200m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	102	Victor Novell	Southampton AC	29.46	G	CBP
<b>400m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	96	Terence Casey (G)	Loughton AC	102.58		
<b>800m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	95	John Batchelor	Ilford AC	2:51.74	G	CBP
<b>1500m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	95	John Batchelor	Ilford AC	5:50.16	G	CBP
<b>3000m</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	95	John Batchelor	Ilford AC	12:12.45	G	CBP
<b>60m Hurdles</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	97	Barry Ferguson	Cambridge Harriers	11.64	G	
<b>3000m Walk</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	98	Peter Hannell (G)	Surrey Walking Club	19:26.60		
<b>High Jump</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	99	John Howe (G)	Rhondda AC	1.21		
<b>Pole Vault</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	99	John Howe (G)	Rhondda AC	2.40		
<b>Long Jump</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	101	Allan Long (G)	Herne Hill Harriers	4.00		
<b>Shot</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	99	John Howe (G)	Rhondda AC	9.01		
2	96	Terence Casey (G)	Loughton AC	6.39		

**M75****1500m**

Pos	No	Athlete	Club	Perf	Medal	
1	106	Douglas Milsom	Hillingdon AC	7:14.02	G	NCBP

**M80****3000m Walk**

Pos	No	Athlete	Club	Perf	Medal
1	108	David Sutcliffe (G)	Bedford Harriers AC	24:02.63	

**W40****60m**

Pos	No	Athlete	Club	Perf	Medal
1	112	Kathryn Miles	Winchester & Dist. AC	8.69	G
2	110	Nina Ellis	Aldershot Farn. & Dist.	9.18	S
3	116	Kirsty Tanner	Witney Road Runners	9.49	B
4	115	Margaret Pope (G)	VAC	9.75	

**200m**

Pos	No	Athlete	Club	Perf	Medal
1	112	Kathryn Miles	Winchester & Dist. AC	30.28	G
2	109	Sharon Dooley	Ranelagh Harriers	30.29	S
3	110	Nina Ellis	Aldershot Farn. & Dist.	32.03	B

**400m**

Pos	No	Athlete	Club	Perf	Medal
1	109	Sharon Dooley	Ranelagh Harriers	72.32	G

**800m**

Pos	No	Athlete	Club	Perf	Medal	
1	113	Diana Norman	Epsom & Ewell H.	2:33.41	G	NCBP

**Long Jump**

Pos	No	Athlete	Club	Perf	Medal
1	116	Kirsty Tanner	Witney Road Runners	4.03	G
2	115	Margaret Pope (G)	VAC	3.86	

**Triple Jump**

Pos	No	Athlete	Club	Perf	Medal
1	116	Kirsty Tanner	Witney Road Runners	8.22	G
2	115	Margaret Pope (G)	VAC	8.15	

**Shot**

Pos	No	Athlete	Club	Perf	Medal
1	113	Diana Norman	Epsom & Ewell H.	10.90	G
2	111	Sue Lawrence	Thurrock Harriers AC	10.35	S

**W45****60m**

Pos	No	Athlete	Club	Perf	Medal
1	123	Rachel Waters (G)	Epsom & Ewell H.	9.37	
2	121	Lesley Richardson	Enfield & Haringey AC	9.67	G

**200m**

Pos	No	Athlete	Club	Perf	Medal
1	123	Rachel Waters (G)	Epsom & Ewell H.	30.99	
2	121	Lesley Richardson	Enfield & Haringey AC	33.24	G

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	119	Monique Krefting	Newbury AC	4.32	G
2	121	Lesley Richardson	Enfield & Haringey AC	3.33	

<b>Triple Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	121	Lesley Richardson	Enfield & Haringey AC	7.31	G

<b>Shot</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	121	Lesley Richardson	Enfield & Haringey AC	6.73	

<b>W50 60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	131	Euphemia Scott	Thames Valley H.	8.89	G
2	126	Helene Marie Kehoe	London Heathside	9.94	S
3	129	Clare Nelson	Kingston AC & Poly.	10.30	B

<b>200m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	131	Euphemia Scott	Thames Valley H.	29.85	G
2	124	Alison Collins	South London Harriers	30.12	S
3	126	Helene Marie Kehoe	London Heathside	33.80	B
4	129	Clare Nelson	Kingston AC & Poly.	34.46	

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	124	Alison Collins	South London Harriers	67.40	G
2	131	Euphemia Scott	Thames Valley H.	69.83	S
3	126	Helene Marie Kehoe	London Heathside	87.98	

<b>800m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	124	Alison Collins	South London Harriers	2:45.08	G

<b>3000m Walk</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	127	Angela Martin	Paddock Wood AC	21:03.39	G

<b>High Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	130	Amanda Rowley-Jones	Croydon Harriers	1.21	G

<b>Pole Vault</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	128	Jacqueline Montgomery	Blackheath & Brom. H.	2.51	G

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	130	Amanda Rowley-Jones	Croydon Harriers	4.01	G
2	134	Julie Wilson	Reading AC	3.06	

<b>Triple Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	130	Amanda Rowley-Jones	Croydon Harriers	8.36	G



<b>Shot</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	134	Julie Wilson	Reading AC	9.75	G
2	133	Janet Smith	WSE & Hounslow AC	9.00	S
3	125	Wendy Dunsford	Epsom & Ewell H.	7.96	B

<b>W55 60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	136	Christine Salvary	Barnet & District AC	9.90	G

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	137	Lynn Talbert	Thurrock Harriers AC	74.01	G

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	136	Christine Salvary	Barnet & District AC	3.32	G

<b>Triple Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	136	Christine Salvary	Barnet & District AC	7.36	G

<b>W60 60m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	139	Helen Godsell	Blackheath & Brom. H.	8.91	G
2	146	Joan Trimble	Kingston AC & Poly.	8.97	S
3	144	Joylyn Saunders-Mullins	Stevenage & N. Herts	9.30	B
4	143	Emily McMahon	Enfield & Haringey AC	9.91	
5	141	Anne Nelson	Epsom & Ewell H.	10.45	

<b>200m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	139	Helen Godsell	Blackheath & Brom. H.	30.30	G
2	146	Joan Trimble	Kingston AC & Poly.	32.16	S
3	141	Anne Nelson	Epsom & Ewell H.	34.96	B
4	138	Avis Cowley	Garden City Runners	35.33	

<b>400m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	140	Sue James	Paddock Wood AC	94.38	NCBP

<b>800m</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	140	Sue James	Paddock Wood AC	3:33.89	G NCBP

<b>60m Hurdles</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	143	Emily McMahon	Enfield & Haringey AC	11.66	G

<b>Long Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	138	Avis Cowley	Garden City Runners	2.96	G
2	142	Linda Oxlade	Croydon Harriers	2.27	

<b>Triple Jump</b>			<b>Final</b>		
Pos	No	Athlete	Club	Perf	Medal
1	142	Linda Oxlade	Croydon Harriers	4.75	

<b>Shot</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	145	Vilma Thompson	Belgrave Harriers	10.21	G	
<b>W65</b>			<b>Final</b>			
<b>60m</b>			Club	Perf	Medal	
Pos	No	Athlete	Winchester & Dist. AC	9.50	G	CBP
1	150	Moira West				
<b>200m</b>			Club	Perf	Medal	
Pos	No	Athlete	Winchester & Dist. AC	32.82	G	CBP
1	150	Moira West				
<b>400m</b>			Club	Perf	Medal	
Pos	No	Athlete	Winchester & Dist. AC	76.23	G	NCBP
1	150	Moira West	Dulwich Runners AC	77.05		
2	148	Rosalind Tabor (G)				
<b>3000m</b>			Club	Perf	Medal	
Pos	No	Athlete	Dulwich Runners AC	12:18.67		CBP
1	148	Rosalind Tabor (G)				
<b>High Jump</b>			Club	Perf	Medal	
Pos	No	Athlete	Unattached	1.03	G	
1	147	Patricia Oakes				
<b>Long Jump</b>			Club	Perf	Medal	
Pos	No	Athlete	Unattached	2.95	G	
1	147	Patricia Oakes				
<b>Triple Jump</b>			Club	Perf	Medal	
Pos	No	Athlete	Unattached	6.14	G	
1	147	Patricia Oakes				
<b>Shot</b>			<b>Final</b>			
Pos	No	Athlete	Club	Perf	Medal	
1	149	Barbara Terry	Blackheath & Brom. H.	8.09	G	
<b>W70</b>			<b>Final</b>			
<b>60m</b>			Club	Perf	Medal	
Pos	No	Athlete	Southampton AC	11.28	G	
1	151	Mary Axtell				
<b>200m</b>			Club	Perf	Medal	
Pos	No	Athlete	Southampton AC	40.85	G	CBP
1	151	Mary Axtell				
<b>Shot</b>			Club	Perf	Medal	
Pos	No	Athlete	Epsom & Ewell H.	8.63	G	
1	152	Elizabeth Sissons				